

Georgina Leisure Pool fall drop in

Schedule in effect from Sept. 5 to Dec. 22

Drop in or register online at georgina.ca/pool to secure your spot.

Monday

Lane swim

6:30 a.m. - 7:30 a.m.

Therapy pool swim

6:30 a.m. - 7:30 a.m.

Lane swim

7:30 a.m. - 8:30 a.m.

Therapy pool swim

7:30 a.m. - 8:30 a.m.

Parent and child swim

10 a.m. - noon

Older adult swim

11 a.m. - noon

Lane swim

Noon - 1 p.m.

Therapy pool swim

Noon - 1 p.m.

Lane swim

2:30 p.m. - 3:30 p.m.

Lane swim

8:15 p.m. - 9:15 p.m.

Therapy pool swim

8:15 p.m. - 9:15 p.m.

Tuesday

Lane swim

7:30 a.m. - 8:30 a.m.

Therapy pool swim

7:30 a.m. - 8:30 a.m.

Older adult swim

11 a.m. - noon

Lane swim

Noon - 1 p.m.

Therapy pool swim

Noon - 1 p.m.

Public swim

6:45 p.m. - 8:15 p.m.

Lane swim

8:15 p.m. - 9:15 p.m.

Therapy pool swim

8:15 p.m. - 9:15 p.m.

Wednesday

Lane swim

6:30 a.m. - 7:30 a.m.

Therapy pool swim

6:30 a.m. - 7:30 a.m.

Lane swim

7:30 a.m. - 8:30 a.m.

Therapy pool swim

7:30 a.m. - 8:30 a.m.

Parent and child swim

10 a.m. - noon

Older adult swim

11 a.m. - noon

Lane swim

Noon - 1 p.m.

Therapy pool swim

Noon - 1 p.m.

Lane swim

2:30 p.m. - 3:30 p.m.

Lane swim

8:15 p.m. - 9:15 p.m.

Therapy pool swim

8:15 p.m. - 9:15 p.m.

Thursday

Lane swim

7:30 a.m. - 8:30 a.m.

Therapy pool swim

7:30 a.m. - 8:30 a.m.

Older adult swim

11 a.m. - noon

Lane swim

Noon - 1 p.m.

Therapy pool swim

Noon - 1 p.m.

Public swim

6:45 p.m. - 8:15 p.m.

Lane swim

8:15 p.m. - 9:15 p.m.

Therapy pool swim

8:15 p.m. - 9:15 p.m.

Friday

Lane swim

6:30 a.m. - 7:30 a.m.

Therapy pool swim

6:30 a.m. - 7:30 a.m.

Lane swim

7:30 a.m. - 8:30 a.m.

Therapy pool swim

7:30 a.m. - 8:30 a.m.

Parent and child swim

10 a.m. - noon

Older adult swim

11 a.m. - noon

Lane swim

Noon - 1 p.m.

Therapy pool swim

Noon - 1 p.m.

Lane swim

1 p.m. - 2 p.m.

Saturday

Lane swim

1 p.m. - 2 p.m.

Therapy pool swim

1 p.m. - 2 p.m.

Public swim

2 p.m. - 3:30 p.m.

Adapted swim

4 p.m. - 5:30 p.m.

Sunday

Lane swim

1 p.m. - 2 p.m.

Therapy pool swim

1 p.m. - 2 p.m.

Public swim

2 p.m. - 3:30 p.m.

Legend

Lane swim: Access to lap pool.

Older adult swim: For adults over 55 years. Access to lap pool.

Parent and child swim: Access to beach pool. Children under 8 years.

Public swim: All age access to all pools and water slide. Wrist band policy will be in effect.

Therapy pool swim: Access to therapy pool.

Adapted swim: All pools. No water slide. For individuals with exceptionalities. Pre-registration is recommended.

All dates, times and prices are subject to change without notice.



GEORGINA

Scan for full program descriptions and to register, visit georgina.ca/pool.

Georgina Leisure Pool Aqua fitness

Schedule in effect from Sept. 5 to Dec. 22

Drop in or register online at georgina.ca/pool



Monday

Aqua boot camp

9 a.m. - 9:45 a.m.

Gentle Aquafit

10 a.m. - 10:45 a.m.

Aqua stretch

2:30 p.m. - 3:15 p.m.

Aqua combo

8:15 p.m. - 9 p.m.

Tuesday

Aqua deep

9 a.m. - 9:45 a.m.

Diaper Fit

10 a.m. - 10:45 a.m.

Aqua stretch

11 a.m. - 11:45 a.m.

Wednesday

Aqua combo

9 a.m. - 9:45 a.m.

Gentle Aquafit

10 a.m. - 10:45 a.m.

Aqua stretch

2:30 p.m. - 3:15 p.m.

Thursday

Aqua boot camp

9 a.m. - 9:45 a.m.

Aqua combo

10 a.m. - 10:45 a.m.

Aqua stretch

11 a.m. - 11:45 a.m.

Friday

Aqua boot camp

9 a.m. - 9:45 a.m.

Gentle Aquafit

10 a.m. - 10:45 a.m.

Aqua stretch

1 p.m. - 1:45 p.m.

Sunday

Aqua boot camp

8:30 a.m. - 9:15 a.m.

Legend

Aqua boot camp: Shallow and deep water. High intensity.

Aqua combo: Shallow and deep water. Medium intensity.

Gentle Aquafit: Shallow and deep water. Low intensity.

Aqua stretch: Therapy Pool. Low intensity.

Diaper Fit: Registered program. With baby seats provided, parents will follow an instructor's lead to water aerobic exercises that incorporate baby in their seat.

All dates, times and prices are subject to change without notice.



GEORGINA

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