

# YOUTH WEEK

Tuesday, May 5 - Cinco de Mayo – Taco Tuesday

## Taco Tuesday Recipe

**Celebrate Cinco de Mayo with your family and make it a Taco Tuesday!**

Here's our recipe for making Tacos at home tonight!

**Ingredients** for the beef:

- 1 tablespoon olive oil
- 1/2 yellow onion, diced
- 2 pounds ground beef
- 1 package of Taco Mix

**Toppings:**

Add what you like best, but we like to use lettuce, grated cheese, salsa, sour cream and diced tomatoes.

**Directions:**

For the beef:

1. In a frying pan over medium-high heat, add the olive oil and onions.
2. Cook until starting to soften, then add the ground beef.
3. Cook the meat until it is totally browned, then drain the fat. Prepare the powdered Taco Mix as it says on the package.
4. Add the Taco powder mix to the beef and stir it in.
5. Reduce the heat to low and simmer for 15 minutes.
6. Meanwhile, wrap the flour tortillas in foil and warm in the oven for 20 to 25 minutes.
7. Right before serving, crisp the taco shells in the oven according to package instructions.

