



RECREATION AT HOME

Build your own Loose Parts Adventure Play

Description: Did you know that The ROC offers Loose Parts Adventure Play opportunities for schools and camps? Evergreen put together an amazing list of how you can create your own loose play environment at home.

Time to complete: 1-2hrs to gather items with endless hours of play

Age group: 4yrs+

Directions:

- Read Evergreen's Information on what you need to build
- Watch Earth Play's Video on the best loose parts
- Gather items on the list
- Set out the items in a safe and open space
- Invite the children to play without boundaries

Resources

Evergreen's List of What you need to build:

https://www.evergreen.ca/downloads/pdfs/EvergreenLearningFromHome_LoosePartsKit.pdf

Earth Play – Loose Part Ideas Video: <https://www.youtube.com/watch?v=PFEg6Mlc490>

References:

Evergreen Website: <https://www.evergreen.ca/>

Earth Play Website: <https://ecokids.ca/>

