

Aquatic Leadership

Looking for an exciting and rewarding job? Join our team by taking the leadership courses listed below:

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Swim Patrol: Rookie, Ranger Star
8-12 years of age*

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Bronze Star
Swim Patrol experience recommended*

Steps to Becoming a Lifeguard

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Bronze Medallion & Emergency First Aid (EFA)
Prerequisite: 13 years of age or Bronze Star



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Bronze Cross & Standard First Aid (SFA)
Prerequisite: Bronze Medallion & EFA



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Red Cross Lifeguard (LG)
Prerequisite: 15 years of age, Bronze Cross & SFA

or

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National Lifeguard (NL)
Prerequisite: 16 years of age, Bronze Cross & SFA

Steps to Becoming a Swimming Instructor

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Red Cross Water Safety Instructor (WSI)
Prerequisite: 15 years of age, Bronze Cross and Emergency First Aid

and/or

Summer 2019

Lifesaving Society Lifesaving Instructor (LSI)
Prerequisite: 16 years of age and Bronze Cross



For more information contact:

pool@georgina.ca

To learn more about leadership programs, visit:

lifesavingsociety.com | redcross.ca

Aquatic Leadership

Descriptions & Schedules

LSS Rookie

This program is an introduction to lifesaving and emphasizes lifesaving skill development and physical fitness through goal setting and personal bests. The Swim Patrol program is organized in three progressive levels - Rookie, Ranger and Star. Swim Patrol's modular format allows participants to work on content appropriate to their ability.

Ages: 12 and up
Day: Mon, Wed, Sun

LSS Swim Patrol: Ranger/Star

Ranger Patrol: Swimmers develop better strokes over 75m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

Star Patrol: Swimmers are challenged with 600m workouts, 300m timed swims and 25m object carry. Strokes are refined over 100m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies, including asthma and allergic reactions. Lifesaving skills include defense methods, victim removals, rollovers and supporting a victim face up in shallow water.

Ages: 8 to 11
Day: Mon, Sat

LSS Bronze Star

Bronze Star is excellent preparation for success in Bronze Medallion. Participants develop problem-solving and decision-making skills individually and in partners. Candidates learn CPR and develop the lifesaving skills needed to be their own lifeguard. Includes a timed 400m swim.

Ages: 8 to 12
Day: Sat, Sun

LSS Bronze Medallion & Emergency First Aid

Get an understanding of the lifesaving principles embodied in the four components of water rescue education: judgment, knowledge, skill and fitness. Rescuers learn tows and carries, defense methods and releases in preparation for challenging rescues of increased risk involving conscious and unconscious victims of various types. Lifesavers develop stroke efficiency and endurance in a 500m timed swim.

Ages: 13 and up
Day: Tues, Fri, Sat, Sun

LSS Bronze Cross & Standard First Aid with CPR C

Designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross is a prerequisite for all advanced training programs including National Lifeguard and Instructor certifications. Includes a 600m timed swim.

Prerequisite: Bronze Medallion & EFA

Day: Fri, Sat, Sun

Red Cross Water Safety Instructor

The Water Safety Instructor (WSI) Course prepares candidates to instruct the Red Cross Swim programs. Candidates focus on strategies to introduce and develop swimming and water safety skills in the Red Cross Swim Preschool, Swim Kids, Swim at School, Swim at Camp, Swim for Adults and Teens, and Adapted Programs.

Prerequisite: 15 years of age & Ability to perform Red Cross Swim Kids Strokes, Emergency First Aid and Bronze Cross (certifications do not need to be current)

Ages: 15 and up
Day: Fri, Sat, Sun



LSS National Lifeguard - Pool

Participants will learn to prevent accidents, identify hazards, determine safe practices, educate the public about risks associated with aquatic activities and how to be safe around water. They are also trained to spot potential trouble and intervene before it becomes life threatening. Lifeguarding is a fun, exciting and rewarding job, it is also a job that requires an enormous amount of responsibility.

Prerequisite: 16 years of age, Bronze Cross & SFA

Ages: 16 and up
Day: Sun, Fri, Sat

LSS Standard First Aid with CPR-C

This course is for those who want an in-depth understanding of first aid such as; medical/legal issues, spinal, heat or cold injuries, bone and joint injuries, abdominal and chest issues, burns and medical emergencies. Includes CPR-C certification and is recognized by WSIB.

Ages: 12 and up
Day: Sat, Sun

LSS Standard First Aid with CPR-C Recertification

The Standard First Aid with CPR - C recertification course is for those who want to recertify their standard first aid certification. Please note that registrants must present proof they have previously taken the full course and must recertify with their current organization. Recertification's are to be taken on time and then are to be followed by a full course.

Prerequisite: Lifesaving Society Standard First Aid with CPR-C

Ages: 12 and up
Day: Sun

LSS National Lifeguard Recertification

Reviews all lifeguarding skills to ensure that all NL candidates are still capable to perform to the Lifesaving Society Standards. A recertification must be completed every 2 years and proof of original certifications is required.

Prerequisite: National Lifeguard and Standard First Aid

Ages: 16 and up
Day: Sat

Additional fees for non-residents apply

100% attendance and participation is mandatory for all aquatic leadership programs.

Aquatic Volunteer Information Sessions

Join our team at the Georgina Leisure Pool! This class prepares volunteers to assist with aquatic programs at the Georgina Leisure Pool. Participants will be led through the process of applying for a Police Vulnerable Sector Screening (PVSC), expectations when volunteering, facility orientation and more! Parents are welcome to join the last 15 minutes of the program to ask questions. *Note: This course is mandatory for individuals wishing to volunteer at the Georgina Leisure Pool.*

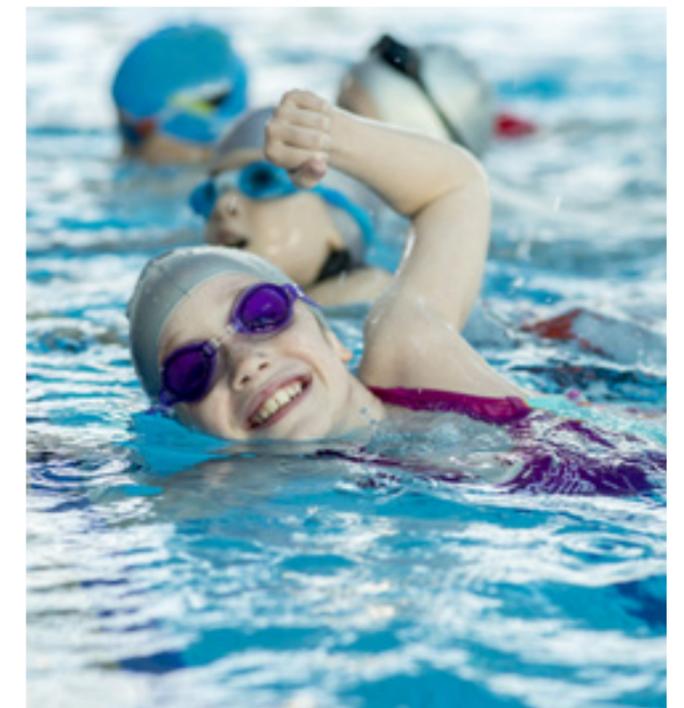
Ages: 12 and up
Day: Sat, Wed

Red Cross Pool Lifeguard

This course offers professional lifeguard certification for pools and builds confident lifeguards to create safe, supervised aquatic areas. The course prepares lifeguards to prevent and respond to lifeguard emergencies, create a safe environment, work in teams, and handle public relations in a professional manner. The candidates are continuously evaluated throughout the course based on standard evaluation criteria and complete final skills and knowledge assessment.

Prerequisite: 15 years of age by the last day of course; Red Cross Assistant Lifeguard certification or Lifesaving Society Bronze Cross (current or expired); current Standard First Aid with CPR Level C or equivalent.

Ages: 15 and up
Day: Sat, Sun



Program	Age	#	Day	Start Date	Time	Place	Price	Code
Volunteer Information Session	12yrs+	1	S	Sep-16	9 AM-12 PM	GLP Gallery	FREE	14417
	12yrs+	1	W	Jan-09	5 PM-8 PM	GLP Gallery	FREE	14418
Rookie Patrol	8-12yrs	10	S	Sep-16	9 AM-9:45 AM	GLP	\$91.90	14031
	8-12yrs	9	Sa	Jan-12	11 AM-11:45 AM	GLP	\$82.71	14226
Ranger/Star Patrol	8-12yrs	10	S	Sep-16	9:45 AM-10:30 AM	GLP	\$91.90	14032
	8-12yrs	9	Sa	Jan-12	9 AM-9:45 AM	GLP	\$91.90	14227
Bronze Star	8-12yrs	10	S	Sep-16	10:30 AM-12 PM	GLP	\$93.79	14033
	8-12yrs	9	Sa	Jan-12	9:45 AM-11 AM	GLP	\$93.79	14228
Bronze Medallion & Emerg. First Aid	13yrs+	9	F	Sep-14	5:30 PM-8 PM	GLP Gallery	\$148.27	14034
	13yrs+	10	T	Jan-08	4:30 PM-7:15 PM	GLP Gallery	\$148.27	14019
Bronze Cross & Standard First Aid with CPR C	13yrs+	8	M,W	Nov-26	5 PM-8:30 PM	GLP Gallery	\$156.89	14065
Red Cross Water Safety Instructor	15yrs+	3	S	Feb-03	Time Varies	GLP Gallery	\$313.50	14405
National Lifeguard	16yrs+	3	S,F,Sa	Jan-18	5 PM-9 PM 9 AM-5 PM	GLP Gallery	\$288.01	14404
LSS National Lifeguard Recert.	16yrs+	1	S	Jan-27	12 PM-5 PM	GLP Gallery	\$75.36	14406
Standard First Aid with CPR-C	12yrs+	2	S,Sa	Sep-08	9 AM-5 PM	GLP Gallery	\$102.05	14413
Standard First Aid with CPR-C Recert	12yrs+	1	S	Sep-09	9 AM-5 PM	GLP Gallery	\$58.80	14414
Water Safety Instructor Recert.	15yrs+	1	W	Mar-20	4 PM-9 PM	GLP Gallery	\$68.05	14411
Red Cross Pool Lifeguard	15yrs+	4	Sa,S	Oct-13	8:30 AM-6:30 PM	GLP Gallery	\$239.33	14415

Waitlists: we monitor all waitlists on a regular basis to create availability for programs in demand.

Medical Conditions: Those with seizure disorders or other serious medical conditions should be accompanied by an individual knowledgeable of their condition and responsible for their direct supervision.

Instructor Requests: We accept requests for instructors, however, we are unable to guarantee the request will be granted. To make your request email pool@georigna.ca

Interested in aquatics? Why not volunteer?

The Georgina Leisure Pool accepts volunteers year round to assist with swimming lessons and attending the slide. To volunteer, register for an upcoming volunteer information session. *Police Vulnerable Sector Check required.*