

## Lift Spirits with Love!

## River Glen Haven needs our support

Okay Georgina!

Let's send our friends at River Glen Haven Nursing Home some much needed love and support during these difficult times.

We are collecting uplifting messages for residents and staff and we want to include yours. Send us a picture or a 10 to 15 second video showing your love and support to the seniors and/or shout out to the frontline workers.

Once we have collected the messages, we will share them on the televisions located on each floor in River Glen Haven for all to enjoy!

## Together we will get through this!

## **How to Participate**

- Submit your photo or 10 to 15 second video by June 3, 2020 to <a href="mailto:eleisure@georgina.ca">eleisure@georgina.ca</a>.
- Video submission should be 10 to 15 seconds and under 10mb in size.
- Picture submission can be a jpg or pdf file format, landscape, 300 dpi and less than 5mb in size.





**#StayStrongGeorgina**