

# Spring + Summer Activity Guide

Register March 3 and June 2



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## Spring & Summer Activity Guide

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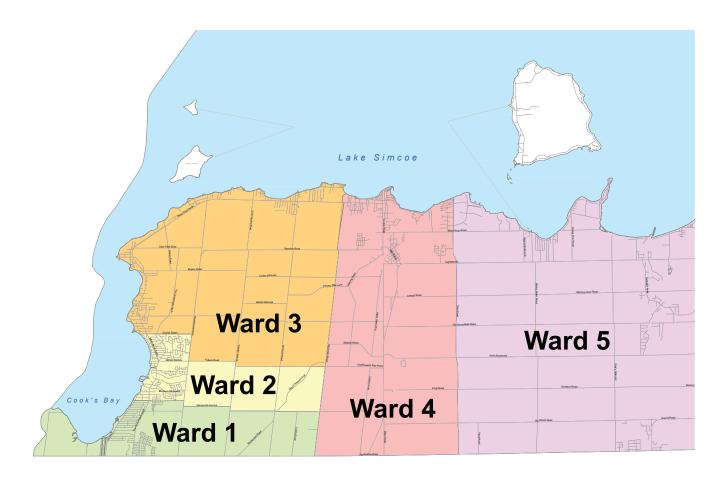
## Mayor's Message

On behalf of Town Council, I would like to welcome everyone to the 2020 edition of the Spring and Summer Activity Guide.

This is a great publication with lots of information on the various activities, programs and municipal services that are available in our community. You will find contact information for all the departments in the municipality for answers to any questions or concerns you have. There are listings for local business associations, community organizations, service clubs, sports and recreational associations, places of worship and more. There are pages of different classes and activities for people of all ages. Perhaps you would like to learn a new skill, take a culinary class or increase your activity level while having some fun! No matter what your interest is, I am certain you will find something within these pages that will appeal to you!

I encourage you to take your time looking through the guide and discover everything that Georgina has to offer!





## Georgina Council 2018 - 2022



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## Recreation & Culture Message

Spring 2020 is just around the corner!

Town staff have been hard at work planning another exciting season of programs and activities for you to enjoy this coming spring and summer, from pre-post natal to our senior adults. You will find many of your traditional favourites and maybe be surprised with some new activities!

Please take some time to browse through the 2020 Spring and Summer Activity Guide. In addition to programs and activities, you will also find general information on many other municipal services.

We encourage all Georgina residents to participate in the community and get involved in programs and activities, embrace cultural initiatives, enjoy healthy social interaction and partake in community special event celebrations.

Join us for Youth Week from May 1-7 to celebrate our young residents. Then come out and celebrate Canada Day at the ROC on July 1, and don't forget about our ever popular movie Starlight Cinema series at the ROC (Recreational Outdoor Campus) in August. For more information on Town initiatives and celebrations, visit georgina.ca/events.

The Town continues to manage and offer a variety of recreation facilities to meet your special occasion needs, including arenas, banquet halls, a swimming pool, neighbourhood and destination parks, beaches and sports fields. The ROC remains a year-round draw for all-season activities, while the Stephen Leacock Theatre and Georgina Pioneer Village are sure to entice ones' cultural appetite.

Whether you take part in a program, event or visit one of Georgina's wonderful beaches or parks, you are certain to have a fabulous time.

Throughout 2020, Town staff will continue to work on a number of key capital projects, including the new Multi-use Recreation Complex (MURC) and replacement Civic Centre.

Georgina is, indeed, a great place to live and play! Cheers,

Your Recreation & Culture Team





## **MURC**

## **Multi-use Recreation Complex**

The Town of Georgina is planning an exciting new Multi-use Recreation Complex (MURC). The design was revealed in late 2019. Called the "HUB", it will reflect the Town's history, promote social and physical well-being, and include outdoor areas for learning and activities. The concept of grouping core programs around a HUB or centre was inspired by the history and geography of Georgina. The planned location for the MURC is on the west side of Woodbine Avenue between Glenwoods Avenue and Ravenshoe Road. It will be a community space for the whole family. The MURC is anticipated to feature a lap and leisure pool, full gymnasium, meeting and multi-purpose rooms, and a Discovery Library branch.

## **Civic Centre**

In 2019, Council endorsed the Community Courtyard concept for the replacement Civic Centre. The project team is now moving forward with the schematic design. The concept follows extensive external and internal engagement opportunities with the public and Town staff. Recurring themes from the feedback received included multi-purpose spaces that are flexible and functional, a welcoming atmosphere for the public, reflects the Town's history, quality workspace for Town staff, efficient layouts to minimize the building size, and focus on multi-phase staff growth options, including long-term future growth. Work continues to develop the most cost-effective and flexible interior layout as well as a well-integrated site to accommodate current and future needs.





# How to register

## Spring and Summer Camp Registration Resident: March 3 • Non-resident: March 10 at 8:30 a.m.

## **Summer Registration**

Resident: June 2 • Non-resident: June 9 at 8:30 a.m.

	What You Need	What to Do	Confirmation
Online	Log-in ID & password Method of payment: all credit cards with a valid expiry date and CVV code.	<ol> <li>Visit georgina.ca/recreation</li> <li>Sign In</li> <li>Choose an activity</li> <li>Participate and enjoy</li> <li>Don't have an account?</li> <li>Select "Create an Account"</li> </ol>	Once registered you will receive a confirmation email.
Walk-ins	Method of payment: cash, cheque, debit and credit cards are accepted.	Civic Centre - 26557 Civic Centre Rd., Keswick Georgina Gym - 90 Wexford Dr., Keswick Leisure Pool - 5279 Black River Rd., Sutton Stephen Leacock Theatre - 130 Gwendolyn Blvd., Keswick	Once registered you will receive a confirmation email.
Phone	Method of payment: all credit cards are accepted.	Call 905-476-4301	Once registered you will receive a confirmation email.

## **Program Refund Policy:**

- All requests for refunds, transfers or withdrawals must be submitted in writing to the Recreation and Culture Department (eleisure@georgina.ca). Note: All requests received less than five business days prior to the start of the program will be up to the discretion of the Town of Georgina.
- All refunds are subject to a \$25 administration fee (\$35 administration fee for camp) per family per transaction or a credit will remain on the family account at no charge.
- Written requests for refunds and/or credits will not be issued after the class has started unless the request is for medical reasons and will be prorated. Medical documentation is required.
- Where possible, transfers received prior to start of the first class will be permitted only within the same session/season at no charge.
- All program dates and times are subject to change without notice. No refund/credits will be granted for rescheduled classes.
- Non-attendance by a participant does not constitute a notice of withdrawal from a class or program.

## **Membership Policy:**

All memberships (including ROC Season Pass) are non-refundable and non-transferable.
 Replacement cards are \$5.

## **Cancellation/Termination Policy:**

Programs cancelled by the Recreation and Culture Department will result in a full credit applied to account
or transfer to another available class. Full refunds will be issued upon request by credit card or cheque and
mailed to the address on the account within four to six weeks from the time of cancellation.

### **Returned Cheque:**

• A \$40 charge will apply for returned NSF cheques. We reserve the right to cancel the registration or to revoke privileges until full payment is received.

## Things you need to know

## Legends & Inclusion Information

## Watch for these symbols throughout the guide...



Inclusion



Rain or Shine



Drop-In Program



Parent/Guardian & Child Participation



**Number of Classes** 



New Program

## Special Needs & Inclusion

Georgina's Recreation and Culture Department is working towards developing program opportunities to better serve children, youth and adults with special needs. Please note: All programs listed throughout the brochure welcome participants with special needs.



## **Inclusion Support**

To facilitate opportunities for persons with/without disabilities to engage in recreation activities together, inclusion support may be required. If a participant requires support to participate, a caregiver or volunteer is admitted to the program at no charge. Arrangements for one-on-one support staff is based on individual application and availability of our inclusion facilitator staff/volunteers (individually screened and trained).

Please call 905-476-4301 ext. 2238 to inquire about inclusion support or visit georgina.ca for more details.

## **Inclusion Recreation Resource Support**

The Town of Georgina works in partnership with: **Cheryl Westcott** 

Children's Treatment Network cwestcott@ctnsy.ca | 905-505-0179

## **Facilities Legend**

	30 - 30 - 11
C55K	Club 55 Keswick
C55P	Club 55 Pefferlaw
<b>C55S</b>	Club 55 Sutton
<b>BEACH</b>	De La Salle Beach
DLS	De La Salle Park
GIP	Georgina Ice Palace
GLP	Georgina Leisure Pool
GPV	Georgina Pioneer Village
GSA	Georgina Sutton Arena
GYM	Georgina Gym
KL	Keswick Library
LINK	The Link
OB	Orchard Beach Golf Course
PLH	Pefferlaw Lions Hall
PL	Pefferlaw Library
RL	RL Graham Public School
ROC	The ROC
SLT	Stephen Leacock Theatre
SMU	Sutton Multi-Use Facility

Watson Park



## Diaper Fit Ir

With baby seats provided, parents will follow the instructor's lead in water aerobic exercises that incorporate baby in their seat.

Ages: 4m to 24m

## Little Moverz

This program is for babies that are already on the move focusing on mobility, strength, coordination and stability. This class will create fun obstacles to encourage your baby to explore their environment in a safe and engaging way.

Ages: 10m-18m

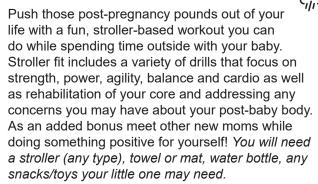
## Little Non-Moverz

We will focus on strength-building exercises to achieve motor development milestones such as crawling and rolling. Parents will learn ways to incorporate tummy time, weight bearing exercises and fine motor play into their daily life. Using tapping sticks, hula-hoops and other small equipment, babies will use their muscles to build strength! We finish the class with parachute play, bubbles and songs! As an added bonus, parents will have the opportunity to learn some baby sign language.

Ages: 4m to 9m

Note: All programs and prices are subject to change without notice.

## Stroller Fit



Ages: 16yrs+

## Yoga: Baby & Me 🛉

Allow your body to regain its strength and stamina while you incorporate and bond with your baby in a safe and supportive environment. This program will focus on post-natal stretching and strengthening, along with posture and stress relief movements that incorporate baby. *Note: Babies must be pre-crawling to attend. This is a floor-based program.* 

Ages: 16yrs+

## Yoga: Pre-Natal

For the mom-to-be, whether you are trying to conceive, in the late stages of pregnancy or anywhere in between. Using traditional yoga poses and techniques, prepare your mind and body for the changes you will experience over the upcoming months. Focus on breathing, alignment, relaxation and strengthening will all help when planning for the labour and delivery of your little one.

Ages: 16yrs+





Program	Age	#	Day	Start Date	Time	Place	Price	Code
Diaper Fit	4m-24m	13	Т	31-Mar	10 AM-10:45 AM	GLP	\$87.10	18301
Diapei Fit	4m-24m	13	Th	2-Apr	10 AM-10:45 AM	GLP	\$87.10	18302
	10m-18m	6	Т	7-Apr	10:15 AM-10:45 AM	ROC	\$72	18543
	10m-18m	6	Th	9-Apr	10:15 AM-10:45 AM	GSA	\$72	18545
	10m-18m	6	Т	19-May	10:15 AM-10:45 AM	ROC	\$72	18553
Little Moverz	10m-18m	6	Th	21-May	10:15 AM-10:45 AM	GSA	\$72	18555
Little Mover2	10m-18m	4	Т	7-Jul	10:15 AM-10:45 AM	WP	\$48	18688
	10m-18m	4	Т	7-Jul	11:45 AM-12:15 PM	WP	\$48	18689
	10m-18m	4	Т	4-Aug	10:15 AM-10:45 AM	WP	\$48	18690
	10m-18m	4	Т	4-Aug	11:45 AM-12:15 PM	WP	\$48	18691
	4m-9m	6	Т	7-Apr	11 AM-11:30 AM	ROC	\$72	18550
	4m-9m	6	Th	9-Apr	9:30 AM-10 AM	GSA	\$72	18548
	4m-9m	6	Т	19-May	11 AM-11:30 AM	ROC	\$72	18560
Little Non - Moverz	4m-9m	6	Th	21-May	9:30 AM-10 AM	GSA	\$72	18558
Little NOII - MOVEIZ	4m-9m	4	Т	7-Jul	9:30 AM-10 AM	WP	\$48	18692
	4m-9m	4	Т	7-Jul	11 AM-11:30 AM	WP	\$48	18693
	4m-9m	4	Т	4-Aug	9:30 AM-10 AM	WP	\$48	18694
	4m-9m	4	Т	4-Aug	11 AM-11:30 AM	WP	\$48	18695
	16yrs+	10	Т	21-Apr	10:30 AM-11:30 AM	WP	\$90	18352
Stroller Fit	16yrs+	10	Т	21-Apr	10:30 AM-11:30 AM	LINK	\$90	18354
Stroller i it	16yrs+	7	Т	7-Jul	10:30 AM-11:30 AM	WP	\$63	18353
	16yrs+	7	Т	7-Jul	10:30 AM-11:30 AM	LINK	\$63	18984
	16yrs+	7	Th	9-Apr	11:30 AM-12:30 PM	GIP	\$63	18360
Yoga: Baby & Me	16yrs+	6	Th	28-May	11:30 AM-12:30 PM	GIP	\$54	18361
	16yrs+	7	Th	16-Jul	11:30 AM-12:30 PM	GIP	\$63	18449
Yoga: Pre-Natal	16yrs+	10	Т	28-Apr	5:30 PM-6:30 PM	GIP	\$90	18367
ioya. Fie-ivalai	16yrs+	8	Т	7-Jul	5:30 PM-6:30 PM	GIP	\$72	18454

Note: All programs and prices are subject to change without notice.



## **Ballet Babies - Level 1**

Working in a creative manner to introduce basic coordination of the body through space, exploring different levels and qualities of movement. Marches, skips and gallops are introduced, using the imagination to help promote movement in a fun and creative way. *Participation is without parent.* 

Ages: 3 to 5yrs

## **Ballet Babies - Level 2**

Working from the moves learned in Ballet Babies Level 1, participants will practice and enhance their already developed skills. Continuing to use the imagination to help promote movement in a fun and creative way. *Participation is without parent.* 

Ages: 3 to 5yrs

## **Hip Hop**

An introduction to the creative and up-beat movement of Hip Hop dancing. In this class, participants will be taught how to develop their own style through learning a combination of sound, rhythm and movement. This will include a breakdown of fun and unique steps that are similar to those danced by their favourite stars. *Participation is without parent*.

Ages: 3 to 5yrs

## Kindergym **|**

This is an instructor-led program for the active tot, focusing on cooperative play, social interaction and organized activities with other tots. Basic sport skills, games, parachute play, balls, hoops, tunnels, etc. are all part of the fun.

Ages: 2 to 3yrs

## Mini Chef



Familiarization/safety/cooking in the kitchen. This is a creative way for children to learn a little bit about cooking. Together you will follow recipes, measure ingredients and of course taste test.

Ages: 3 to 5yrs

## Sporty Fun

For active children looking to learn various sports skills. Your child will be introduced to a variety of skills used in basketball, soccer, racquet sports, hockey and baseball. The program focuses on the basics of throwing, catching, shooting, jumping, running and team cooperation using various pieces of equipment.

Ages: 3 to 4yrs

Note: All programs and prices are subject to change without notice.

## **Recreation Programmer**

Kate Ottaway Child/Youth 905-476-4301 ext. 2238 kottaway@georgina.ca





是一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个一个	District		CHANGE OF STREET					
Program	Age	#	Day	Start Date	Time	Place	Price	Code
	3-5yrs	8	Th	16-Apr	5 PM-5:30 PM	GIP	\$40	18400
	3-5yrs	8	Th	16-Apr	5:30 PM-6 PM	GIP	\$40	18401
	3-5yrs	8	F	17-Apr	5 PM-5:30 PM	GIP	\$40	18402
	3-5yrs	8	F	17-Apr	6 PM-6:30 PM	GIP	\$40	18403
Ballet Babies - Level 1	3-5yrs	8	W	15-Apr	5 PM-5:30 PM	GSA	\$40	18392
	3-5yrs	8	W	15-Apr	5:30 PM-6 PM	GSA	\$40	18393
	3-5yrs	6	W	8-Jul	5 PM-5:30 PM	GSA	\$30	18679
	3-5yrs	6	W	8-Jul	6 PM-6:30 PM	GSA	\$30	18680
	3-5yrs	6	Th	9-Jul	5 PM-5:30 PM	GIP	\$30	18685
	3-5yrs	8	F	17-Apr	6:30 PM-7 PM	GIP	\$40	18404
Ballet Babies - Level 2	3-5yrs	8	F	17-Apr	7 PM-7:30 PM	GIP	\$40	18405
	3-5yrs	6	Th	9-Jul	5:30 PM-6 PM	GIP	\$30	18686
	3-5yrs	8	W	15-Apr	6 PM-6:30 PM	GSA	\$40	18396
	3-5yrs	8	F	17-Apr	4:30 PM-5 PM	GIP	\$40	18666
	3-5yrs	8	F	17-Apr	5:30 PM-6 PM	GIP	\$40	18667
Нір Нор	3-5yrs	6	W	8-Jul	5:30 PM-6 PM	GSA	\$30	18681
	3-5yrs	6	W	8-Jul	6:30 PM-7 PM	GSA	\$30	18682
	3-5yrs	6	Th	9-Jul	4:30 PM-5 PM	GIP	\$30	18684
	3-5yrs	6	Th	9-Jul	6 PM-6:30 PM	GIP	\$30	18687
	2-3yrs	8	М	23-Mar	11:45 AM-12:15 PM	GYM	\$40	18925
Kindergym	2-3yrs	10	Т	24-Mar	12 PM-12:30 PM	GYM	\$50	18926
	2-3yrs	10	W	25-Mar	12 PM-12:30 PM	GYM	\$50	18927
Mini Chefs	3-5yrs	6	Th	9-Apr	5 PM-6 PM	GIP	\$72	18911
Willi Offers	3-5yrs	6	T	14-Apr	5 PM-6 PM	GIP	\$72	18910
	3-4yrs	10	Т	24-Mar	12:30 PM-1 PM	GYM	\$50	18928
Sporty Fun	3-4yrs	10	Th	26-Mar	1 PM-1:30 PM	GYM	\$50	18929
	3-4yrs	9	F	27-Mar	12 PM-12:30 PM	GYM	\$45	18930

Note: All programs and prices are subject to change without notice.



## Tired of the same old birthday?

## **COME PARTY WITH US, IT'S A PIECE OF CAKE!**



**ROC Your Party** 

\$20 pp +tax

(Spring/summer only)
The ROC Challenge Course

Rock Climbing Wall, Low & High Ropes (10 person min. - 20 max) 2 hours

You Tube? (Winter Only)

\$25 pp +tax

**Snow Tubing at the ROC** 

(10 person min. - 20 max) 3 hours

Make a Splash

starting at \$87.59+tax

Georgina Leisure Pool

1 hr Party Room \$36.60 + tax & insurance 1 hr Pool Rental - starting from \$87.59 + tax & insurance

Let's Play

*starting at* **\$131.80 +tax** 

Georgina Gym

2 hours - \$131.80+tax

3 hours - \$184.22+tax (additional hours available) Includes party facilitator and play equipment (max. 20 children & 10 adults)

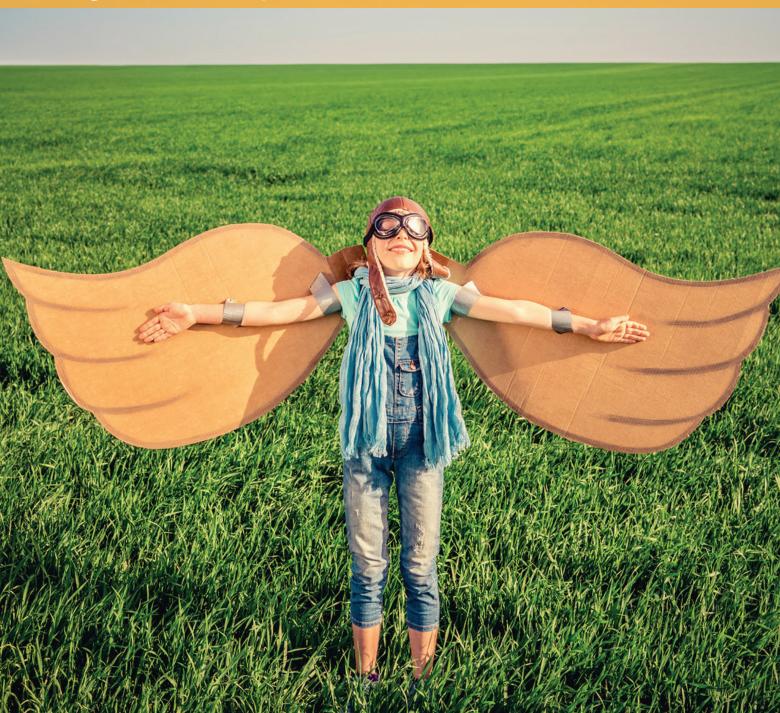
Plus tax & insurance

For more information, or to book your next party, contact eleisure@georgina.ca or call 905-476-4301.



# We encourage creativity and adventure

## Child & Youth Program Description & Schedules







**Georgina Gym drop-in schedule:** see **(page 19)** for programs such as badminton, basketball, dodgeball, floor hockey, playgroup, pickleball, soccer and sport of all sorts.

### Acro

Acro is a combination of dance and gymnastics. This class allows the dancers to train their bodies in a different way. Dancers will learn to bend, twist and flip their bodies in an injury-free fashion. The dancers will become more flexible and execute the tricks they have learned.

Ages: 5 to 7yrs | 8 to 11yrs

## **Archery FUNdamentals**

This program will teach participants all they need to know about archery through playing interactive games and engaging activities. The program will focus on safety, proper stance, technique and how to hit the target using a camp bow! This program is suited for persons of all abilities and all equipment is provided.

Ages: 8 to 13yrs

## **Ballet Bunnies**

Skills introduced include working in first and second positions of the feet, plies, tendus, bounces, marches and skips. More emphasis is put on stretching the feet and legs. Introduction to basic arm positions and coordinating the arms and legs together.

Ages: 5 to 6yrs

## **Basketball**

This is an instructor-led program for basketball players looking to learn the basic skills of the game. The instructor will provide fun pick-up games as well as individual skill training in dribbling, passing and shooting.

Ages: 5 to 8 | 9 to 12yrs

## **Recreation Programmers**

## **Kate Ottaway**

Child/Youth 905-476-4301 ext. 2238 kottaway@georgina.ca

## Miranda Link

Challenge Course/Outdoor Education 905-476-8834 ext. 3296 mlink@georgina.ca





## **Bike Maintenance Clinic**

Join us at the ROC for a one-day workshop and learn all you need to know about how to maintain and conduct small repairs on your bike. Demo bikes and tools will be provided for duration of the clinic. Bring water and a snack. Participants ages 10-14yrs require a parent to register and participate.

Ages: 10yrs+

## **Mountain Bike Fundamentals**

Join us at the ROC for a one-day workshop and learn all you need to know about riding your bike in the bike park and Northshore Trails. Provide your own bike, helmet, water and snack. *Must be able to ride independently.* 

Ages: 10 to 14yrs

## **Pumps & Jumps Bike Fundamentals**

Come ride with us! This program is all about exploring the ROC's bike park and mountain bike trails! Riders will develop technical skills, learn trail/park etiquette and increase their overall confidence. Helmets must be worn. Participants must provide own bike and helmet.

Ages: 8 to 13yrs

*Interested but don't own a bike?* Maybe we can help, contact Recreation and Culture for more details.

## **Cake Decorating**

Learn how to decorate like the pros in this step-bystep tutorial workshop. You don't have to be a chef or even experienced in the kitchen to participate in this interactive decorating program. Participants will learn techniques for making treats that will amaze your friends and family.

Ages: 7 to 12yrs

## **Family Paddle**

Join us on the shores of Lake Simcoe at De La Salle Beach for an evening of paddling with your family. There will be an instruction session followed by a guided paddle. Families can choose either canoeing or kayaking. See our Adult Paddle Program for participants 15yrs+. *All equipment is provided.* 

Ages: 8yrs+

## **Get Outside!**

Get outside this spring and enjoy a variety of different outdoor activities. This program provides an opportunity to get outside to learn new skills and explore our natural environment. Activities will include active games to learn about the environment, nature arts & crafts and much more! Activities vary on the season. Includes Low Ropes, Archery and Rain Activities.

Ages: 6 to 9yrs

## **Girls Night Out**

We give girls across Georgina an opportunity to get together each week to meet new friends and participate in activities including fitness classes, cooking, baking, crafting, games, dancing and more. This class will focus on learning life skills and connecting with other girls. It may include trips and/or pick up and drop off at different locations weekly.

Ages: 7 to 11yrs

## Hip Hop

Hip Hop your way to the latest dance craze. These energetic up-beat, funky dance steps will have you moving to the music a whole new way. Grab your running shoes and get ready to bust a move.

Ages: 6 to 8yrs

## **Home Alone Safety**

This program prepares children to be on their own at home or elsewhere for short periods of time. Course content includes online safety and internet luring, fire safety, street smarts, stranger and not-so-stranger danger, first aid, and step-by-step home alone readiness plans. This course is in a classroom-setting environment and includes sitting and learning, along with games and interactive activities.

Ages: 10 to 12yrs



## **Inclusion Sports of all Sorts**

This is a free drop-in program for children, youth and adults with special needs. Come and enjoy a different sport each day.

Participants will receive a brief introduction and then have the rest of the time to play. Working partnership with Community Living.

Ages: 6 to 25yrs

## Into the Wild (Outdoor Survival Skills)

Participants will learn the essentials of how to survive in the great outdoors by experiencing hands-on activities such as making shelter, food and how to stay warm. Activities vary on the season. Includes archery.

Ages: 10 to 14yrs

## Kid Chef

This is a really popular program for kids to learn how to chop, stir, blend and mix. Kids will be taught kitchen safety, different utensils, measuring ingredients, reading a recipe and healthy eating. Program will be kept basic yet loads of fun.

Ages: 6 to 9yrs

Photography

**Tween:** Learn how to take better photos using a phone or tablet and how to edit your photos. We will also learn how to post on social media such as Instagram and Facebook, and back them up.

Ages: 10 to 13yrs

**Youth:** Learn the basics of taking photos with a DSLR camera, and the fundamentals of photography. We will embrace the creative aspect of photography, and also learn how to share the photos with friends and family. Must have own DSLR camera.

Ages: 14 to 16yrs

## **Ropes & Rocks**

Take on a new challenge and test your limits every week or for one day at our climbing wall, vertical playground and high ropes. Participants will be kept physically and emotionally engaged as they test their agility, balance and decision-making skills on our multi-route rock wall and two-tier high ropes course! These programs will create personal growth through the opportunity to build character, team work, and self-esteem. For more information on the one-day drop-in programs please refer to page 65.

Ages: 6 to 9yrs | 10 to 15yrs

Note: all programs and prices are subject to change without notice

## **Sew What?** Beginner

Participants will be taught the basic skills of sewing (including use of a sewing machine) to complete projects such as cell phone case, pillow case, bags and more! *Note: All machinery and materials included in course fee. No experience necessary.* 

Ages: 8 to 14yrs

### Soccer

This indoor program is designed for the soccer player who is interested in improving their skills in the off season. The instructor will review the game and help children enhance their basic skills such as dribbling, passing and ball handling.

Ages: 5 to 8yrs | 9 to 11yrs

## **Theatre Fun!**

This is an introduction to the world of theatre for the inexperienced young actor. They will learn voice projection, stage presence and gain confidence through the use of theatre games. There will be a final production for friends and family on the last Tuesday of the session.

Ages: 7 to 14yrs

## **Yoga: Tween | Youth**

Join our instructor-led yoga class for kids to learn about meditation, stretching, relaxing the mind and using the imagination through poses.

Ages: 9 to 11yrs | 12 to 15yrs

### Youth Chefs

This is a great creative way for kids to learn how to chop, stir, blend and mix. Kids will be taught kitchen safety, different utensils, measuring ingredients, reading a recipe and healthy eating.

Ages: 10 to 12yrs

## Zumba Kids Jr. | Zumba Kids

Sure, chillin' out is cool. But rockin' out is a blast! That's why you're going to love the Zumba Kids® fitness program. It's a fast-forward fusion of the Zumba program's moves (salsa, cumbia, reggaeton, hip-hop and more) and high-octane workouts designed to let kids max out on fun and fitness all at the same time. Safe and effective, kids can't wait to get into the Zumba Kids® groove. Watch their energy and fitness levels soar as they get the groove.

Ages: 4 to 7yrs | 8 to 10yrs

Program	Age	#	Day	Start Date	Time	Place	Price	Code
Acro	5-7yrs	8	М	20-Apr	5 PM-5:30 PM	GIP	\$56	18398
ACIO	8-11yrs	8	М	20-Apr	5:30 PM-6:15 PM	GIP	\$84	18399
	8-13yrs	4	Т	5-May	4:30 PM-5:30 PM	ROC	\$45	18067
	8-13yrs	4	Т	5-May	5:45 PM-6:45 PM	ROC	\$45	18043
	8-13yrs	4	Т	2-Jun	4:30 PM-5:30 PM	ROC	\$45	18068
Archery	8-13yrs	4	Т	2-Jun	5:45 PM-6:45 PM	ROC	\$45	18044
<b>FUNdamentals</b>	8-13yrs	4	Т	7-Jul	4:30 PM-5:30 PM	ROC	\$45	18069
	8-13yrs	4	Т	7-Jul	5:45 PM-6:45 PM	ROC	\$45	18063
	8-13yrs	4	Т	4-Aug	4:30 PM-5:30 PM	ROC	\$45	18070
	8-13yrs	4	Т	4-Aug	5:45 PM-6:45 PM	ROC	\$45	18064
Ballet Bunnies	5-6yrs	8	Th	16-Apr	6 PM-6:45 PM	GIP	\$60	18406
Danet bunnies	5-6yrs	8	W	15-Apr	6:30 PM-7:15 PM	GSA	\$60	18394
Packathall	5-8yrs	8	F	17-Apr	5:00 PM-5:45 PM	GIP	\$60	18390
Basketball	9-12yrs	8	F	17-Apr	5:45 PM-6:30 PM	GIP	\$60	18391
Bike Maintenance Clinic	10yrs+	1	Sa	23-May	9 AM-12 PM	ROC	\$35	18828
Mountain Bike Fundamentals	10-14yrs	1	Sa	20-Jun	9 AM-12 PM	ROC	\$35	18829
Pumps & Jumps Bike Fundamentals	8-13yrs	6	Th	14-May	6 PM-7 PM	ROC	\$45	18046
Cake Decorating	7-12yrs	5	Т	5-May	6 PM-7:30 PM	LINK	\$72	18419
	8yrs+	1	М	15-Jun	5:30 PM-7:30 PM	BEACH	\$30	18071
Family Paddle	8yrs+	1	М	20-Jul	5:30 PM-7:30 PM	BEACH	\$30	18072
	8yrs+	1	М	24-Aug	5:30 PM-7:30 PM	BEACH	\$30	18073
Get Outside!	6-9yrs	6	Th	7-May	5 PM-6 PM	ROC	\$45	18416
Girls Night Out	7-11yrs	6	М	27-Apr	6 PM-7:30 PM	SLT	\$87	18906
III.a III.a.a	6-8yrs	8	W	15-Apr	7:15 PM-8 PM	GSA	\$60	18397
Нір Нор	6-8yrs	6	W	8-Jul	7 PM-7:45 PM	GSA	\$45	18683
	10-12yrs	1	Sa	18-Apr	8:30 AM-1 PM	GIP	\$50	18407
Home Alone Safety	10-12yrs	1	Sa	23-May	8:30 AM-1 PM	GIP	\$50	18408
Salety	10-12yrs	1	Sa	20-Jun	8:30 AM-1 PM	GIP	\$50	18409
Inclusion Sports of all Sorts	6-25yrs	10	Т	7-Apr	7 PM-8:30 PM	SMU	FREE	17913
Into the Wild (Outdoor Survival)	10-14yrs	6	W	6-May	6 PM-7 PM	ROC	\$45	18417
Kid Chaf	6-9yrs	6	Т	24-Mar	6:15 PM-7:30 PM	GIP	\$56	18912
Kid Chef	6-9yrs	6	Т	12-May	6:15 PM-7:30 PM	GIP	\$56	18913
Photography	10-13yrs	4	Т	24-Mar	6 PM-7 PM	LINK	\$47	18944
(Tween)	10-13yrs	4	Т	28-Apr	6 PM-7 PM	LINK	\$47	18949

Photography	14-16yrs	6	Т	24-Mar	7 PM-8:30 PM	LINK	\$70	18945
(Youth)	14-16yrs	6	Т	12-May	7 PM-8:30 PM	LINK	\$70	18950
	6-9yrs	1	Sa	30-May	1 PM-3 PM	ROC	\$20	18047
	10yrs+	1	Sa	30-May	1 PM-3 PM	ROC	\$20	18049
	6-9yrs	1	Sa	20-Jun	1 PM-3 PM	ROC	\$20	18048
	10yrs+	1	Sa	20-Jun	1 PM-3 PM	ROC	\$20	18050
	6-9yrs	1	Sa	11-Jul	1 PM-3 PM	ROC	\$20	18052
Ropes & Rocks	10yrs+	1	Sa	11-Jul	1 PM-3 PM	ROC	\$20	18051
Drop-in Days	6-9yrs	1	Sa	15-Aug	1 PM-3 PM	ROC	\$20	18057
	10yrs+	1	Sa	15-Aug	1 PM-3 PM	ROC	\$20	18058
	6-9yrs	1	Sa	12-Sep	1 PM-3 PM	ROC	\$20	18054
	10yrs+	1	Sa	12-Sep	1 PM-3 PM	ROC	\$20	18053
	6-9yrs	1	Sa	3-Oct	1 PM-3 PM	ROC	\$20	18055
	10yrs+	1	Sa	3-Oct	1 PM-3 PM	ROC	\$20	18056
	6-9yrs	6	Sa	9-May	10 AM-11 AM	ROC	\$55	18059
Ropes & Rocks	10-15yrs	6	Sa	9-May	11 AM-12 PM	ROC	\$55	18060
Program	6-9yrs	6	Sa	4-Jul	10 AM-11 AM	ROC	\$55	18065
	10-15yrs	6	Sa	4-Jul	11 AM-12 PM	ROC	\$55	18066
Sew What?	8-14yrs	6	Т	14-Apr	5 PM-7 PM	GIP	\$80	18907
Soccer	5-8yrs	10	Th	9-Apr	5 PM-6 PM	GIP	\$75	18388
Soccer	9-11yrs	10	Th	9-Apr	6 PM-7 PM	GIP	\$75	18389
Theatre Fun!	7-14yrs	8	Т	28-Apr	5:30 PM-7:30 PM	SLT	\$110	18420
Yoga: Tween	9-11yrs	7	Т	21-Apr	6 PM-7 PM	LINK	\$63	18359
Yoga: Youth	12-15yrs	6	Th	9-Apr	6 PM-7 PM	LINK	\$54	18378
Youth Chefs	10-12yrs	6	Th	26-Mar	6:15 PM-7:45 PM	GIP	\$84	18908
	10-12yrs	6	Th	14-May	6:15 PM-7:45 PM	GIP	\$84	18909
Zumba Kids Jr.	4-7yrs	10	Th	23-Apr	6:15 PM-6:45 PM	GSA	\$50	18386
Zumba Kids	8-10yrs	10	Th	23-Apr	6:45 PM-7:15 PM	GSA	\$50	18385

## **Georgina Gym Spring Drop-in Schedule**

905-476-4423 ext. 2 • 90 Wexford Dr., Keswick

## Schedule in effect from March 30 - June 30

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Badminton</b> (20yrs+)	<b>Pickleball</b> (20yrs+)	<b>Badminton</b> (20yrs+)	<b>Pickleball</b> (20yrs+)	<b>Badminton</b> (20yrs+)
8:30 - 10:30 a.m.				
\$2 adult				
50¢ seniors				
<b>Playgroup</b> (0 mos-5yrs) 10:45 - 11:45 a.m. \$1/child	<b>Playgroup</b> (0 mos-5yrs) 10:45 - 11:45 a.m. \$1/child	<b>Playgroup</b> (0 mos-5yrs) 10:45 - 11:45 a.m. \$1/child	<b>Playgroup</b> (0 mos-5yrs) 10:45 - 11:45 a.m. \$1/child	<b>Playgroup</b> (0 mos-5yrs) 10:45 - 11:45 a.m. \$1/child
Closed	<b>Closed</b>	<b>Pickleball</b> (20yrs+)	Closed	<b>Pickleball</b> (20yrs+)
1 p.m 3:30 p.m.	1 p.m 3:30 p.m.	1 p.m 3 p.m.	1 p.m 3:30 p.m.	1 p.m 3 p.m.
Sports of All Sorts	Sports of All Sorts	\$2 adult	Sports of All Sorts	\$2 adult
(6-13yrs)	(6-13yrs)	50¢ seniors	(6-13yrs)	50¢ seniors
3:30 p.m 5 p.m.	3:30 p.m 5 p.m.	<b>Sports of All Sorts</b>	3:30 p.m 5 p.m.	<b>Sports of All Sorts</b>
FREE	FREE	(6-13yrs)	FREE	(6-13yrs)
Basketball	Ball Hockey	3:30 p.m 5 p.m.	Basketball (16yrs+)	3:30 .p.m 5 p.m.
(10-15yrs)	(7yrs+)	FREE	8 p.m 10 p.m.	FREE
6 p.m 7 p.m.	5 p.m 6 p.m.	<b>Dodgeball</b>	\$2	Family Pickleball
FREE	\$1	( <i>9-15yrs</i> )		6:30 p.m 7:30 p.m.
<b>Pickleball</b> (16yrs+)	Basketball	6 p.m 7 p.m.		\$1
8 p.m 10 p.m. \$2	(10-15yrs) 6 p.m 7 p.m. FREE	FREE		<b>Badminton</b> (16yrs+) 7:30 p.m 10 p.m. \$2
	Basketball (16yrs+) 8 p.m 10 p.m. \$2			

## **Georgina Gym Summer Drop-in Schedule**

905-476-4423 ext. 2 • 90 Wexford Dr., Keswick

## Schedule in effect from July 2 - Sept. 4

	ochedule in check from odly 2 - ocpt. 4								
Monday	Tuesday	Wednesday	Thursday	Friday					
Sports of All Sorts (6-13yrs) 4:30 p.m 6 p.m. FREE	<b>Sports of All Sorts</b> (6-13yrs) 4:30 p.m 6 p.m. FREE	<b>Badminton</b> (20yrs+) 8:30 - 10:30 a.m. \$2 adult 50¢ seniors	<b>Pickleball</b> (20yrs+) 8:30 a.m 10:30 a.m. \$2 adult 50¢ seniors	Sports of All Sorts (6-13yrs) 4:30 p.m 6 p.m. FREE					
Basketball (10-15yrs) 6 p.m 7 p.m. FREE Pickleball (16yrs+) 8 p.m 10 p.m. \$2	Basketball (16yrs+) 6 p.m 7 p.m. \$2  Ball Hockey (7yrs+) 7 p.m 8 p.m. \$1	Playgroup (0 mos-5yrs) 10:45 a.m 11:45 a.m. \$1/child Sports of All Sorts (6-13yrs) 4:30 p.m 6 p.m. FREE	Playgroup (0 mos-5yrs) 10:45 a.m 11:45 a.m. \$1/child Sports of All Sorts (6-13yrs) 4:30 p.m 6 p.m. FREE	Family Pickleball 6:30 p.m 7:30 p.m. \$1  Badminton (16yrs+) 7:30 p.m 10 p.m. \$2  Saturday					
For the latest version of this schedule, visit georgina.ca/ <b>gym</b>		Dodgeball (9-15yrs) 6 p.m 7 p.m. FREE Basketball (16yrs+) 7 p.m 8 p.m. \$2	<b>Basketball</b> (16yrs+) 8 p.m 10 p.m. \$2	Pickleball (16yrs+) 8:30 a.m 10 a.m. \$2					

<sup>\*</sup>All dates, times and prices are subject to change without notice.



## **Fitness Pass**

**How it Works:** Purchase a membership pass of 10, 20 or 30 visits. Use your membership card to swipe for admission to class(es) at the facility reception desk. If you are a current membership cardholder, replenish passes as required.

## Bring a friend and try a class!

Fitness Passes are non-refundable and non-transferable. Must be 15yrs+ to participate

## **Get your Pass Today!**

Daily \$9 +HST

**10x Pass** \$80 +HST

**20x Pass** \$150 +HST

**30x Pass** \$210 +HST

Includes Aquafitness

## Fitness classes! For aquatfit schedules, refer to page 57

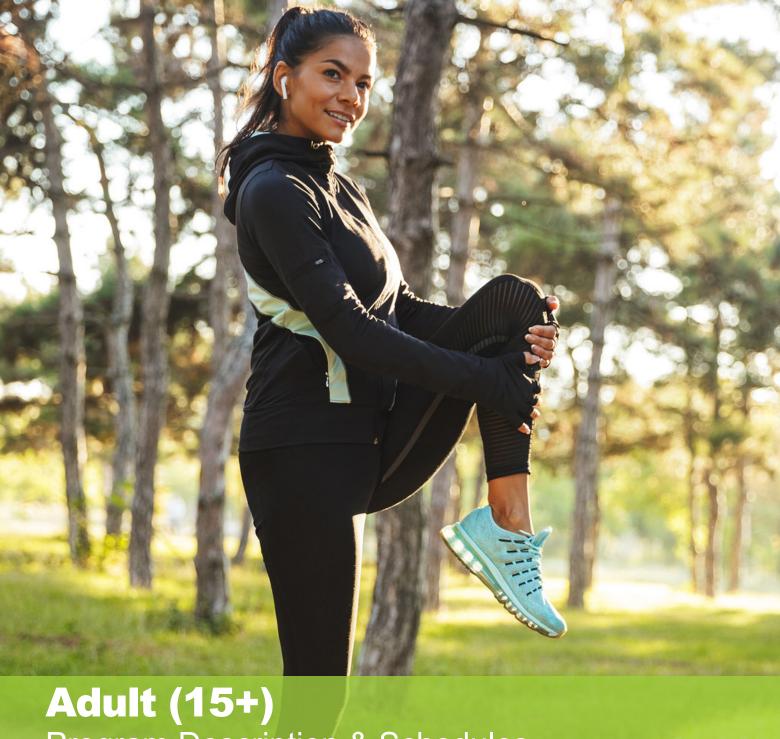
Spring Schedule - in effect April 2 - June 30

Monday	Tuesday	Wednesday	Thursday	Friday
Yoga Flow (Level 1) GYM 5 p.m 6 p.m. Cardio Boot Camp GYM 7 p.m 8 p.m. Zumba <sup>®</sup> GSA 7 p.m 8 p.m.	Stroller Fit GYM/WP 10:30 a.m 11:30 a.m. Fit Flow GYM 6 p.m 7 p.m. Yoga Flow (Level 1) LINK 7 p.m 8 p.m. HIIT GYM 7 p.m 8 p.m. PiYo GIP-MPR 7 p.m 8 p.m. Zumba® GIP 7 p.m 8 p.m.	Adventure & Obstacle Race Boot Camp ROC 7 p.m 8 p.m. Body Blast GIP (Hall) 5:30 p.m 6:30 p.m. Cardio Sizzle & Chisel GYM 7 p.m 8 p.m. Yoga Flow GIP (MPR) 7:30 p.m 8:30 p.m. TRX GYM 8 p.m 9 p.m.	Yoga Flow (Level 1) GIP 9 a.m 10 a.m. Yoga Baby & Me GIP 11:30 a.m 12:30 p.m. PiYo GSA 7:15 p.m 8:15 p.m. Zumba® Toning GYM 7 p.m 8 p.m.	Cardio Boot Camp GYM 6:30 p.m 7:30 p.m.  Saturday  Balance Ball GYM 9 a.m 10 a.m.  Zumba® GYM 9 a.m 10 a.m.  Sunday  Yoga Flow (Level 1) GYM 9 a.m 10 a.m.

## Summer Schedule - in effect July 6 - Aug. 31

Monday	Tuesday	Wednesday	Thursday	Friday
Cardio Boot Camp GYM 7 p.m 8 p.m. Zumba <sup>®</sup> GSA 7 p.m 8 p.m. Yoga Flow (Level 1) GIP (MPR) 5 p.m 6 p.m.	Stroller Fit GYM/WP 10:30 a.m 11:30 a.m. Yoga Flow (Level 1) LINK 7 p.m 8 p.m. Zumba® GIP 7 p.m 8 p.m.	Adventure & Obstacle Race Boot Camp ROC 7 p.m 8 p.m. Yoga Flow GIP (MPR) 7:30 p.m 8:30 p.m. TRX GYM 8 p.m 9 p.m.	Yoga Baby & Me GIP (MPR) 11:30 a.m 12:30 p.m.  PiYo GSA 7:15 p.m 8:15 p.m.  Yoga: Beach Flow De La Salle 7 p.m 8 p.m.	*All dates, times and prices are subject to change without notice.

For the latest version of this schedule, visit georgina.ca/FitnessPass



Program Description & Schedules

Step outside your comfort zone and try something new Running Club - Couch to 5k



## Adventure & Obstacle Race Boot Camp

This bootcamp will prepare participants to compete in the various challenges and obstacles that one may find in adventure race or mud run. Participants will immerse themselves in an all-around intensified training that will help build muscle strength and endurance to successfully complete races or runs taking place throughout the season.

Ages: 15yrs+

## **Archery**

This program will teach participants all they need to know about archery through playing interactive games and engaging activities. The program will focus on safety, proper stance, technique and how to hit the target using a camp bow! This program is suited for persons of all abilities and all equipment is provided.

Ages: 15yrs+

## **Balance Ball Fitness**

Join us for a great balance ball and weight workout with the bonus of some aerobics. For all ages and different fitness levels. Bring your own balance ball as equipment is limited.

Ages: 15yrs+

## **Ballroom Dancing for Couples** (Beginner)

This course will introduce participants to four popular social dances (Waltz, Foxtrot, Jive and Meringue), and will be taught with patience and enthusiasm. You and your partner will learn to move on the dance floor as one, with rhythm and style. *Price is based on two registrants. Give name of second person at time of registration.* 

Ages: 15yrs+

## **Recreation Programmers / Coordinator**

## Sara Forget

Adult /Special Events 905-476-4423 ext. 4411 sforget@georgina.ca

## Miranda Link

Challenge Course & Outdoor Education 905-476-8834 ext. 3296 mlink@georgina.ca

## Michele Vandentillaart

The Link Program Coordinator 905-722-8507 mvandentillaart@georgina.ca



**Georgina Gym drop-in schedule:** see (page 19) for programs such as badminton, basketball, dodgeball, floor hockey, playgroup, pickleball, soccer and sport of all sorts.

## **Beach Volleyball** (Co-ed House League)

This league is for players with a mixed skill level. Bumping, setting, blocking and spiking are fairly consistent, you might also see some organized attacks. Must also be looking to have fun!

Tournament runs rain or shine and is scheduled for Sept. 5, 2020.

Ages: 18yrs+

## **Bike Maintenance Clinic**

Join us at the ROC for a one-day bike maintenance clinic and learn all you need to know about how to maintain and conduct small repairs on your bike. Demo bikes and tools will be provided for the duration of the clinic. Bring water and a snack. Participants ages 10-14yrs require parent participation and registration.

Ages: 10yrs+

## **Mountain Bike Fundamentals**

Join us at the ROC bike trails for a one-day mountain bike fundamentals and learn all you need to know about riding your bike in the Bike Park and Northshore Trails. Provide your own bike, helmet, water and a snack. Must be able to ride independently. Helmets are mandatory.

Ages: 15yrs+

Body Blast

Body Blast is a full-body, high-intensity cardio-based workout with tons of option that cater to all fitness levels. Using interval training through plyometric movements to build strength and endurance while simultaneously sculpting muscle and blasting away body fat. If you want results, this is the class for you!

Ages: 15yrs+

## **Cardio Boot Camp**

A fun, high-energy cardio and strength training class involving circuit/interval training, running drills, muscle conditioning, and exercises using your body weight and different equipment will give your body an allover workout. Anyone can do this class from beginner to advanced as all exercises can be modified. Every class is different so you never get bored. No special equipment required.

Ages: 15yrs+

Note: all programs and prices are subject to change without notice

## **Cardio Chisel & Sizzle**

Feel the heat as you chisel your way to a stronger you. The class includes a combination of cardio activities and muscle-conditioning exercises that will be sure to put a sizzle in your workout and help improve your strength and definition. Great for all fitness levels. Instructor provides modified variations of each exercise as you build your way to success!

Ages: 15yrs+

## **Computers for Adults**

**Level 1:** Computer class for those who are looking to learn more about computers and basic tasks and day-to-day functions. *Note: must have own device.* 

Ages: 16yrs+

**Level 2:** Computer class for the more advanced skill level. Designed for those who want to learn more indepth functions of their computers/laptops.

Note: must have own device.

Ages: 16yrs+

## **Dog Walk & Obedience Fitness**

This course will consist of learning everyday obedience and how to interact with your dog in a social environment. Every session will include an hour walk while learning new tricks and tips along the way! All dogs must be a minimum of six-months old, be fully vaccinated and registered with the Town of Georgina. Dog owners must bring a fanny pack with a six-foot lead, poo bags, water, travel bowl, treats, favourite small toy, a collar with a buckle, and proof of vaccinations and dog licence. Owners must wear proper walking shoes.

Ages: 18yrs+

## **Felting Workshop**

This workshop will introduce participants to the craft of felting. In a fun and focused atmosphere through hands-on demonstration, participants will be led through two hands-on projects. The first introductory project will be hand-felted soap and the second will be a felted bowl. All participants will take home their projects and information that allows them to continue their learning at home.

Ages: 15yrs+

## **Fit Flow**

This class is designed to deliver the best of both worlds. High-intensity Interval Training (HIIT) for the first 30 minutes followed by 30 minutes of guided yoga to bring you to a blissful relaxed state. Note: all levels are welcome and modified movements will be offered for all levels and abilities. Please bring your own exercise mat.

Ages: 15yrs+

## **High-Intensity Interval Training** (HIIT)

This high-intensity interval training (HIIT) is fun, blasts calories and moves so quickly that it's hard to get bored! Geared towards all skill levels, participants perform exercises at maximum intensity for 20 seconds, followed by 10 seconds of rest. You repeat this on-off pattern a total of eight times, making one complete Tabata round four minutes.

Ages: 15yrs+

## **Hip Hop**

Hip Hop is a funky street style of dance with loads of energy, attitude and groove. It's a mix of trendy, edgy and fun moves for all levels, from absolute beginner to advanced.

Ages: 15yrs+

## **Inclusion Sports of All Sorts**

This is a free drop-in program for children, youth and adults with special needs. Come and enjoy a different sport each day. Participants will receive a brief introduction and then have the rest of the time to play. Working partnership with Community Living.

Ages: 6 to 25 years

## Italian 101

Learn the basics of the Italian language in this fiveweek program.

Ages: 15yrs+

## **Kangoo Jumps Fitness Class**

Kangoo Jumps is the fitness workout where you wear rebound shoes to cross-train. The Kangoo Jumps rebound shoes are designed to provide a high-intensity or low-intensity workout. It's said to burn twice as many calories as running, while putting less strain on your body. Balance helps to tighten the core and tone overall. *Equipment provided*.

Ages: 15yrs+

Note: all programs and prices are subject to

change without notice

## **Kickboxing (Co-Ed)**

Real kickboxing taught by real kickboxers. These programs are beginner friendly and are a great introduction into the most stress relieving workout you'll ever have in your life! Have a great time punching and kicking your way into amazing shape. Open to male and female participants. Beginner friendly

Ages: 15yrs+

## **Kickboxing (Women's)**

**Level 1:** Real kickboxing taught by real kickboxers. These programs are beginner friendly and a great introduction into the most stress-relieving workout you'll ever have in your life! Have a great time punching and kicking your way into amazing shape.

Ages: 15yrs+

**Level 2:** This class builds off the skills taught in level 1 and involves more contact and different elements in order to perfect everyone's skills and fitness. *Students should take Level 1 first.* 

Ages: 15yrs+

## Nordic and Urban Pole Walking

Take your fitness walks to another level with this new program. Pole walking is a great way to get fit and meet new people in a social and safe exercise environment. Lead by an outdoor enthusiast instructor, you will walk new routes each week and explore your community all while getting fit at the same time. Please dress for the elements. Poles will be provided but if you have your own, please bring them.

Ages: 15yrs+

## Paddle (Canoe & Kayak)

Join us on the shores of De La Salle for an evening of paddling. There will be an instruction session followed by a guided paddle. Individuals can choose either canoeing or kayaking. See our Family Paddle Program for participants 8yrs+. \*All equipment is provided.

Ages: 18yrs+

## Paddle: Family (Canoe & Kayak)

Join us on the shores of Lake Simcoe at De La Salle Beach for an evening of paddling with your family. There will be an instruction session followed by a guided paddle.

Ages: 8yrs+

## **Photography**

**Beginner:** Learn the basics of taking photos with a DSLR camera and the fundamentals of photography. Participants will learn how to get off the auto modes and into the manual modes, while learning creative tools to help boost photography skills. *DSLR cameral required*.

Ages: 18yrs+

**Advanced:** For photographers who have already taken the beginner class or know how to shoot on manual mode. Learn more about specific types of photography such as portrait, landscape, product and more. Participants will also learn photo editing and dive deeper into lighting. *DSLR cameras required*.

Ages: 18vrs+

## **PiYo**

Who says you have to jump, grunt, strain and punish your body to get amazing results from your workout? PiYo combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of yoga. And, we crank up the speed to deliver a true fat-burning, low-impact workout that leaves your body looking long, lean and incredibly defined.

Ages: 15yrs+

## **Running Club - Couch to 5k**

Whether you are just starting, want to improve, or haven't run in a while, this program is for you. Meet with an experienced running coach for step-by-step instruction, motivation and inspiration. Be ready to run progressively longer to achieve your goal! *Note: This program runs rain/shine/snow.* 

Ages: 15yrs+

## Spanish 101

Learn the basics of Spanish in this five-week program.

Ages: 15yrs+

## Stroller Fit

Push those post-pregnancy pounds out of your life with a fun, stroller-based workout you can do while spending time outside with your baby. Stroller fit includes a variety of drills that focus on strength, power, agility, balance and cardio as well as rehabilitation of your core and addressing any concerns you may have about your post-baby body.

Ages: 16yrs+

## **TRX Strength and Suspension Training**

Maximize your training with this unique class using TRX, which targets every muscle in your body to increase strength, mobility and your overall fitness level. *All levels welcome and equipment provided. Please bring a mat for stretching.* 

Ages: 15yrs+

## **Vision Board Workshop**

This workshop will introduce participants to the process of making a vision board. The project will be a Goals Vision Board. All participants will take home their 20" x 30" vision board and information that allows them to continue learning at home.

Ages: 15yrs+

## **Wellness Workout - Low Impact**

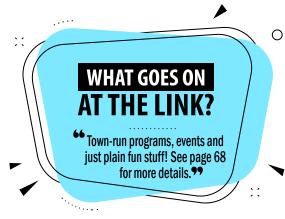
This program offers all the benefits of exercise that go well beyond fitness. Regular activity can do wonders for your body, mind and well-being. The Wellness Workout is low impact with an emphasis on cardio, weights and balance. We will use handheld weights to boost bone health and improve the quality of life; as well, you will increase your heart rate to exercise your heart muscle. Note: Floor work will be part of this class. Mats and weights are provided. Wear running shoes and bring water.

Ages: 18yrs+

## Yoga: Baby & Me

Allow your body to regain its strength and stamina while you incorporate and bond with your baby in a safe and supportive environment. This course will focus on post-natal stretching and strengthening, along with posture and stress relief movements that incorporate baby. *Note: Babies must be pre-crawling to attend. This is a floor-based program.* 

Ages: 16yrs+





**Georgina Gym drop-in schedule:** see **(page 19)** for programs such as badminton, basketball, dodgeball, floor hockey, playgroup, pickleball, soccer and sport of all sorts.

## Yoga: Beach Flow

Join us outside for some fresh air and yoga this summer! Designed for those who have a strong understanding of yoga movement and technique. The focus of this class is to maintain awareness and focus on breath while moving through a sequence of poses that will flow together to unite the body, breath and mind. This is a faster-paced program where poses may be held for longer periods of time. *Note: for the more advanced participant.* 

Ages: 15yrs+

## Yoga: Flow (Level 1)

Designed for those who have a strong understanding of yoga movement and technique. The focus of this class is to maintain awareness and focus on breathing while moving through a sequence of poses that will flow together to unite the body, breath and mind. This is a faster-paced program where poses may be held for longer periods of time. *Note: for the more advanced participant.* 

Ages: 15yrs+

## Yoga: Gentle

This program is perfect for people who want to try yoga for the first time or for those who are looking for a softer approach to their practice. In this class, gentle yoga poses with breathing exercises and restorative poses are combined to help stretch and strengthen the body, reduce stress and calm the mind. Note: Great for beginners or those who may require small modifications due to injuries.

Ages: 15yrs+

## Yoga: Park Flow

Join us outside for some fresh air and yoga this spring! Designed for those who have a strong understanding of yoga movement and technique. The focus of this class is to maintain awareness and focus on breath while moving through a sequence of poses that will flow together to unite the body, breath and mind. This is a faster-paced program where poses may be held for longer periods of time. *Note: for the more advanced participant.* 

Ages: 15yrs+

Note: all programs and prices are subject to change without notice

## Yoga: Pre-Natal

Mom-to-be's, whether you are trying to conceive, in the late stages of pregnancy or anywhere in between! Using traditional yoga poses and techniques, prepare your mind and body for the changes you will experience over the upcoming months. Focus on breathing, alignment, relaxation and strengthening will all help when planning for the labour and delivery of your little one.

Ages: 16yrs+

## Yoga: QiGong

Health maintenance QiGong exercises are based on combining both healing and training. You will be introduced to 24 movements, divided into three sections including upper body, low back/waist and hips, knees and ankles. Each class will begin with basic relaxation techniques followed by QiGong poses, movements, self-performed acupuncture techniques and cool-down movements.

Ages: 18yrs+

## **Yoga: Restore Yourself**

Restorative yoga is a practice that focuses on slowing down and opening your body through passive stretching. Poses are held for longer periods of time while supported by blankets, pillows, blocks and straps. *All levels are welcome*.

Ages: 15yrs+

## **Yoga: Slow Flow** (Level 1-2)

For those new to yoga or those wanting a basic or slower-flow yoga class. It will introduce foundational yoga poses, teach traditional breathing techniques and help you feel more comfortable when practicing yoga. This is a slow-paced, mentally and physically challenging class. *Note: Little to no yoga experience is required.* 

Ages: 15yrs+

## Yoga: Vinyasa (Level 2-3)

Designed for those who have a strong understanding of yoga movement and technique. Maintain awareness and focus on breathing while moving through a sequence of poses that will flow together to unite the body, breath and mind. This is a faster paced program where poses may be held for longer periods of time. *Note: for the more advanced participant.* 

Ages: 15yrs+

## **Z**umba<sup>®</sup>

Zumba® has become one of the fastest-growing Latin dance-inspired fitness crazes in North America and has reached far and wide across the world. People of all ages are falling in love with its infectious music, energetic dance moves and body-sculpting benefits. Come dance to the rhythms of Salsa, Merengue, Reggaeton and other Latin beats.

Ages: 15yrs+

## **Zumba® Toning**

Zumba Toning is for those who want to move, but put extra emphasis on toning and sculpting to define those muscles! The challenge of adding resistance helps you focus on specific muscle groups, so you (and your muscles) stay engaged!

Ages: 15yrs+

	Age	#	Day	Start Date	Time	Place	Price	Code
Adventure & Obstacle	15yrs+	6	W	20-May	7 PM-8:PM	ROC	\$42	18825
Race Boot Camp	15yrs+	8	W	8-Jul	7 PM-8 PM	ROC	\$56	18855
	15yrs+	4	Т	5-May	6:45 PM-7:45 PM	ROC	\$45	18041
Archemi	15yrs+	4	Т	2-Jun	6:45 PM-7:45 PM	ROC	\$45	18042
Archery	15yrs+	4	Т	7-Jul	6:45 PM-7:45 PM	ROC	\$45	18061
	15yrs+	4	Т	4-Aug	6:45 PM-7:45 PM	ROC	\$45	18062
Balance Ball Fitness	15yrs+	12	Sa	4-Apr	9 AM-10 AM	GYM	\$84	18307
Ballroom Dancing	15yrs+	8	Т	14-Apr	8:15 PM-9:45 PM	GIP	\$175	18038
Beach Volleyball (Co-Ed House League)	18yrs+	15	Т	19-May	6:30 PM-9 PM	ROC	\$60	18826
Bike Maintenance Clinic	10yrs+	1	Sa	23-May	9 AM-12 PM	ROC	\$35	18828
Mountain Bike Fundamentals	15yrs+	1	Sa	20-Jun	12:30 PM-3:30 PM	ROC	\$35	18830
Body Blast	15yrs+	10	W	15-Apr	5:30 PM-6:30 PM	GIP	\$70	18312
	15yrs+	10	F	3-Apr	6:30 PM-7:30 PM	GIP	\$70	18853
Cardio Boot Camp	15yrs+	10	М	20-Apr	7 PM-8 PM	GYM	\$70	18314
	15yrs+	7	М	6-Jul	7 PM-8 PM	GYM	\$49	18437
Cardio Chisel and Sizzle	15yrs+	12	W	8-Apr	7 PM-8 PM	GYM	\$84	18319
Computers for Adults - Level 1	16yrs+	6	F	15-May	9 AM-10:30 AM	GYM	\$48	18321
Computers for Adults - Level 2	16yrs+	6	F	15-May	11 AM-12:30 PM	GYM	\$48	18322
Dog Walk & Obedience Fitness	18yrs+	6	W	6-May	6:30 PM-7:30 PM	ROC	\$90	18045
Felting Workshop	15yrs+	1	S	12-Apr	1 PM-4 PM	GYM	\$31.25	18328
reiting workshop	15yrs+	1	М	29-Jun	6 PM-9 PM	GYM	\$31.25	18329
Fit Flow	15yrs+	10	T	21-Apr	6 PM-7 PM	GIP	\$90	18330
High Intensity Interval Training (HIIT)	15yrs+	10	Т	14-Apr	7 PM-8 PM	GYM	\$70	18333
Нір Нор	15yrs+	8	W	15-Apr	8 PM-9 PM	GSA	\$56	18395
Inclusion Sports of all Sorts	6-25yrs	10	Т	7-Apr	7 PM-8:30 PM	SMU	FREE	17913

Italian 101	15yrs+	5	W	8-Apr	7 PM-9 PM	LINK	\$80	17841
Kangoo lumne Fitnese	15yrs+	6	Sa	9-May	10:15 AM-11:15 AM	GIP	\$66	18335
Kickboxing (Co-Ed)	15yrs+	9	М	20-Apr	7 PM-8 PM	GIP	\$63	18822
	15yrs+	12	Т	7-Apr	7 PM-8 PM	GSA	\$84	18337
Kickboxing (Women's)	15yrs+	12	Th	9-Apr	7 PM-8 PM	GYM	\$84	18338
• • • • • • • • •	15yrs+	6	Т	7-Jul	7 PM-8 PM	GSA	\$42	18824
	15yrs+	8	Th	9-Jul	7 PM-8 PM	GYM	\$56	18443
Kickboxing (Women's) Level 1- 2	15yrs+	11	F	17-Apr	7:30 PM-8:30 PM	PLH	\$77	18339
Nordic and Urban	15yrs+	6	Th	26-Mar	6:15 PM-7:15 PM	GIP	\$42	18832
Pole Walking	15yrs+	6	Th	14-May	6:15 PM-7:15 PM	GIP	\$42	19070
Paddle	18yrs+	1	М	6-Jul	5:30 PM-7:30 PM	BEACH	\$30	18074
Paddle	18yrs+	1	М	10-Aug	5:30 PM-7:30 PM	BEACH	\$30	18075
	8yrs+	1	М	15-Jun	5:30 PM-7:30 PM	BEACH	\$30	18071
Paddle - Family	8yrs+	1	М	20-Jul	5:30 PM-7:30 PM	BEACH	\$30	18072
	8yrs+	1	М	24-Aug	5:30 PM-7:30 PM	BEACH	\$30	18073
Photography -	18yrs+	6	Th	26-Mar	6 PM-7:30 PM	LINK	\$80	18947
Beginner	18yrs+	6	Th	14-May	6 PM-7:30 PM	LINK	\$80	18952
Photography -	18yrs+	6	Th	26-Mar	7:30 PM-9 PM	LINK	\$80	18946
Advanced	18yrs+	6	Th	14-May	7:30 PM-9 PM	LINK	\$80	18951
PiYo —	15yrs+	12	Т	7-Apr	7 PM-8 PM	GIP	\$84	18345
P110	15yrs+	11	Th	16-Apr	7:15 PM-8:15 PM	GSA	\$77	18343
Running Club - Couch	15yrs+	12	W	8-Apr	6:45 PM-7:45 PM	GIP	\$72	18348
to 5K	15yrs+	8	W	8-Jul	6:45 PM-7:45 PM	GIP	\$48	18447
Spanish 101	15yrs+	5	W	13-May	7 PM-9 PM	LINK	\$80	18838
_	16yrs+	10	Т	21-Apr	10:30 AM-11:30 AM	WP	\$90	18352
Stroller Fit -	16yrs+	10	Т	21-Apr	10:30 AM-11:30 AM	LINK	\$90	18354
Stroller i it	16yrs+	7	Т	7-Jul	10:30 AM-11:30 AM	WP	\$63	18353
	16yrs+	7	Т	7-Jul	10:30 AM-11:30 AM	LINK	\$63	18984
	15yrs+	12	W	8-Apr	8 PM-9 PM	GYM	\$84	18860
Suspension Training	15yrs+	8	W	8-Jul	8 PM-9 PM	GYM	\$56	18862
Vision Board Workshop	15yrs+	1	S	14-Jun	1 PM-4 PM	GYM	\$31.25	18355
Wellness Workout	18yrs+	10	М	20-Apr	2 PM-3 PM	GYM	\$70	18356
	16yrs+	7	Th	9-Apr	11:30 AM-12:30 PM	GIP	\$63	18360
Yoga: Baby & Me	16yrs+	6	Th	28-May	11:30 AM-12:30 PM	GIP	\$54	18361
	16yrs+	7	Th	16-Jul	11:30 AM-12:30 PM	GIP	\$63	18449
Yoga: Beach Flow	15yrs+	8	Th	2-Jul	7 PM-8 PM	BEACH	\$72	18833
Yoga: Flow (Level 1)	15yrs+	7	Th	16-Apr	9 AM-10 AM	GIP	\$63	18357

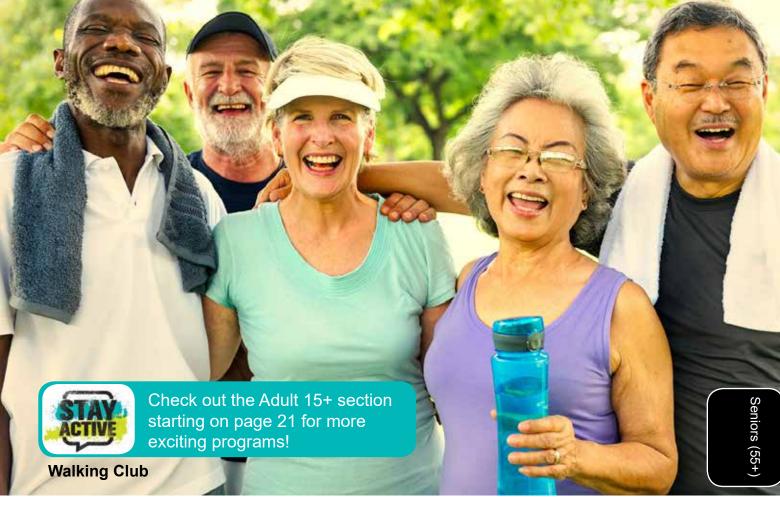
Note: all programs and prices are subject to change without notice





Voga: Gantla	15yrs+	10	М	20-Apr	6:15 PM-7:15 PM	GIP	\$90	18365
Yoga: Gentle	15yrs+	7	М	6-Jul	6:15 PM-7:15 PM	GIP	\$63	18453
Yoga: Park Flow	15yrs+	6	Т	5-May	6 PM-7 PM	DLS	\$54	18841
Yoga: Pre-Natal	16yrs+	10	Т	28-Apr	5:30 PM-6:30 PM	GIP	\$90	18367
Toga. Pre-Natai	16yrs+	8	Т	7-Jul	5:30 PM-6:30 PM	GIP	\$72	18454
	18yrs+	6	W	8-Apr	6 PM-7 PM	C55K	\$51	18744
Yoga: QiGong	18yrs+	6	W	20-May	6 PM-7 PM	C55K	\$51	18745
	18yrs+	6	W	8-Jul	6 PM-7 PM	C55K	\$51	18806
Yoga: Restore Yourself	15yrs+	8	Th	23-Apr	6 PM-7 PM	GIP	\$72	18368
	15yrs+	10	Th	16-Apr	7:45 PM-8:45 PM	PLH	\$90	18369
Variation Flam	15yrs+	10	М	20-Apr	7:30 PM-8:30 PM	GIP	\$90	18371
Yoga: Slow Flow (Level 1-2)	15yrs+	8	W	22-Apr	6:30 PM-7:30 PM	GIP	\$72	18370
(Level 1-2)	15yrs+	8	М	6-Jul	7:30 PM-8:30 PM	GIP	\$72	18455
	15yrs+	8	W	8-Jul	6:15 PM-7:15 PM	GIP	\$72	18456
	1 E v ro 1	12	S	5 Apr	9 AM-10 AM	GYM	\$108	18854
	_15yrs+	12	3	5-Apr	9 AIVI- TU AIVI	GTIVI	φιυο	10054
	15yrs+	12	T	14-Apr	7 PM-8 PM	LINK	\$108	18372
Na was Minusaa				-				
Yoga: Vinyasa	15yrs+	12	T	14-Apr	7 PM-8 PM	LINK	\$108	18372
Yoga: Vinyasa (Level 2-3)	15yrs+	12 10	T Th	14-Apr 16-Apr	7 PM-8 PM 6:30 PM-7:30 PM	LINK PLH	\$108 \$90	18372 18376
•	15yrs+ 15yrs+ 15yrs+	12 10 10	T Th M	14-Apr 16-Apr 20-Apr	7 PM-8 PM 6:30 PM-7:30 PM 5 PM-6 PM	LINK PLH GIP	\$108 \$90 \$90	18372 18376 18377
•	15yrs+ 15yrs+ 15yrs+ 15yrs+	12 10 10 8	T Th M W	14-Apr 16-Apr 20-Apr 22-Apr	7 PM-8 PM 6:30 PM-7:30 PM 5 PM-6 PM 7:30 PM-8:30 PM	LINK PLH GIP GIP	\$108 \$90 \$90 \$72	18372 18376 18377 18374
•	15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+	12 10 10 8 8	T Th M W	14-Apr 16-Apr 20-Apr 22-Apr 6-Jul	7 PM-8 PM 6:30 PM-7:30 PM 5 PM-6 PM 7:30 PM-8:30 PM 5 PM-6 PM	LINK PLH GIP GIP	\$108 \$90 \$90 \$72 \$72	18372 18376 18377 18374 18451
•	15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+	12 10 10 8 8 8	T Th M W W	14-Apr 16-Apr 20-Apr 22-Apr 6-Jul 8-Jul	7 PM-8 PM 6:30 PM-7:30 PM 5 PM-6 PM 7:30 PM-8:30 PM 5 PM-6 PM 7:30 PM-8:30 PM	LINK PLH GIP GIP GIP GIP	\$108 \$90 \$90 \$72 \$72 \$72	18372 18376 18377 18374 18451 18450
(Level 2-3)	15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+	12 10 10 8 8 8	T Th M W W Sa	14-Apr 16-Apr 20-Apr 22-Apr 6-Jul 8-Jul 4-Apr	7 PM-8 PM 6:30 PM-7:30 PM 5 PM-6 PM 7:30 PM-8:30 PM 5 PM-6 PM 7:30 PM-8:30 PM 9 AM-10 AM	LINK PLH GIP GIP GIP GIP GIP	\$108 \$90 \$90 \$72 \$72 \$77	18372 18376 18377 18374 18451 18450 18380
•	15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+	12 10 10 8 8 8 11	T Th M W M W Sa M	14-Apr 16-Apr 20-Apr 22-Apr 6-Jul 8-Jul 4-Apr 6-Apr	7 PM-8 PM 6:30 PM-7:30 PM 5 PM-6 PM 7:30 PM-8:30 PM 5 PM-6 PM 7:30 PM-8:30 PM 9 AM-10 AM 7 PM-8 PM	LINK PLH GIP GIP GIP GIP GIP GIP GIP	\$108 \$90 \$90 \$72 \$72 \$72 \$77	18372 18376 18377 18374 18451 18450 18380
(Level 2-3)	15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+ 15yrs+	12 10 10 8 8 8 11 11	T Th M W M Sa M T	14-Apr 16-Apr 20-Apr 22-Apr 6-Jul 8-Jul 4-Apr 6-Apr 7-Apr	7 PM-8 PM 6:30 PM-7:30 PM 5 PM-6 PM 7:30 PM-8:30 PM 5 PM-6 PM 7:30 PM-8:30 PM 9 AM-10 AM 7 PM-8 PM 7:15 PM-8:15 PM	LINK PLH GIP GIP GIP GIP GIP GIP GIP	\$108 \$90 \$90 \$72 \$72 \$77 \$77 \$84	18372 18376 18377 18374 18451 18450 18380 18381 18382
(Level 2-3)	15yrs+	12 10 10 8 8 8 11 11 12 6	T Th M W M Sa M T M	14-Apr 16-Apr 20-Apr 22-Apr 6-Jul 8-Jul 4-Apr 6-Apr 7-Apr 6-Jul	7 PM-8 PM 6:30 PM-7:30 PM 5 PM-6 PM 7:30 PM-8:30 PM 5 PM-6 PM 7:30 PM-8:30 PM 9 AM-10 AM 7 PM-8 PM 7:15 PM-8:15 PM 7 PM-8 PM	LINK PLH GIP GIP GIP GIP GIP GIP GSA GIP GSA	\$108 \$90 \$90 \$72 \$72 \$77 \$77 \$84 \$42	18372 18376 18377 18374 18451 18450 18380 18381 18382 18858
(Level 2-3)	15yrs+	12 10 10 8 8 8 11 11 12 6 8	T Th M W Sa M T M T	14-Apr 16-Apr 20-Apr 22-Apr 6-Jul 8-Jul 4-Apr 6-Apr 7-Apr 6-Jul 7-Jul	7 PM-8 PM 6:30 PM-7:30 PM 5 PM-6 PM 7:30 PM-8:30 PM 5 PM-6 PM 7:30 PM-8:30 PM 9 AM-10 AM 7 PM-8 PM 7:15 PM-8:15 PM 7 PM-8 PM 7:15 PM-8:15 PM	LINK PLH GIP GIP GIP GIP GIP GSA GIP GSA GIP	\$108 \$90 \$90 \$72 \$72 \$77 \$77 \$84 \$42 \$56	18372 18376 18377 18374 18451 18450 18380 18381 18382 18858 18383





## **Archery**

This program will teach participants through playing interactive games and engaging activities. It will focus on safety, proper stance, technique and how to hit the target using a camp bow. This program is suited for persons of all abilities and all equipment is provided.

## **Carpet Bowling**

Indoor Carpet Bowling is one of the fastest-growing games across Canada. It is a game that provides great social interactions, exercise and friendly competition. Must have a Club 55 membership.

## **Computers**

Basic: This class is for those who are new to computers or who want to review basic skills using the Windows 7 operating system. The two main goals for this course are to learn how to operate a computer and to learn how to use the gmail email program. Must have a Club 55 membership.

Advanced: This class is for those who have a laptop with the Windows 10 operating system. Bring your laptops to class. The goal is to learn how to become familiar with Windows 10. Must have a Club 55 membership.

## **Android Tablets, Phones**

This class is for seniors who have an Android tablet or Android phone device. Seniors will bring their devices to class. It is for new users who want to learn more about their devices. It is also for users who want to review their skills and develop new ones. Must have a Club 55 membership.

## iPad, iPhone, iPod Touch

This class is for seniors who have an iPad, iPod Touch or an iPhone. Seniors will bring their devices to class. This course is for new users who want to learn more about their devices. It is also for users who want to review their skills and develop new ones. Must have a Club 55 membership.



## Floor Shuffleboard

Drop-in for a game of shuffleboard. Pay-as-you-go allows you to participate whenever you are available. Enjoy a fun, friendly, active environment and meet new people.

## **Functional Fitness**

This class will increase muscular strength as well as balance and coordination. We will incorporate gentle exercises and stretching. *Must have a Club 55 membership.* 

## Japanese Embroidery Bunka

This program is for the embroidery lover with a bit of twist. You will use Rayon thread with long needles to create a beautiful punch pattern design. *Must have a Club 55 membership.* 

## Pickleball - Outdoor

Play outdoor pickleball with your friends or meet new people at Canada's fastest growing sport!

## **Photography**

Learn to take photos with your phone or tablet and how to edit your photos. You will also learn how to send and share with friends and family.

## Meditation

**Chakra:** We start with the fundamentals of breath and grounding. Then we move onto the Chakras, working on opening the chakras allows for all kinds of possibilities. Participants are given copies of each week's meditation to add to their practice and review the following week.

**Mindful:** This is a fun reflective class that starts with the fundamentals breath and grounding. This program increases your mindfulness promoting balance, clarity and calm. Participants are given copies of each week's meditation to add to their practice and review.

## **Seniors Golf Tournament**

Join us for a day on the greens with this nine-hole golf tournament at Orchard Beach Golf and Country Club. Help us celebrate June as Recreation and Seniors Month by taking part in this great activity! *Prizes, giveaways and lunch are included with your registration fee.* 

## **Recreation Programmer**

## **Katherine Squires**

Seniors/Special Events 905-476-4423 ext. 4412 ksquires@georgina.ca

## Tai Chi

Tai Chi is designed to foster a calm and tranquil mind. Learning to do this exercise correctly helps to build such things as balance, alignment, fine-scale motor control, rhythm of movement and the creation of movement from the body's vital centre.

## **Walking Club**

For those physically active adults and older adults that are looking for some exercise inside out of the weather elements. Come and walk with friends.

## Yoga

**Chair:** Chair yoga offers a gentle yoga workout that increases circulation, reduces stress and improves overall flexibility. Chair yoga is a low impact, easy workout that is done with a series of poses and poses that are performed seated or while holding a chair. Participants must wear comfortable clothing and bring a yoga mat.

**Level 1:** Specifically designed for the 55+ body in mind. This yoga program incorporates gentle stretches that help your joints, increase mobility and balance, all while providing relaxation. Participants should be able to move from floor to standing position with ease. *Please bring a yoga mat, towel and comfortable clothing to each class.* 

**Level 2:** Designed for those who have already graduated from Level 1 and are looking for a greater understanding of the modifications and movements that help increase mobility. You will build on the basic poses, increase balance, learn relaxation techniques and add additional sequences. *Bring a yoga mat, towel and comfortable clothing to each class.* 

**QiGong:** Health maintenance QiGong exercises are based on a system combining both healing and training. You will be introduced to 24 movements which are divided into three sections - the first set focuses on the upper body, the second set on the low back and the waist, and third set on the joints of the hips, knees and ankles. Each class will begin with basic relaxation techniques followed by QiGong postures, movements, self-performed acupuncture techniques and cool-down.

\*Some programs are subject to a Club 55 membership

Note: all programs and prices are subject to change without notice

Program	#	Day	Start Date	Time	Place	Price	Code
Archony	4	Т	5-May	3:30 PM-4:30 PM	ROC	\$45	18424
	_4	Т	2-Jun	3:30 PM-4:30 PM	ROC	\$45	18425
Archery		Т	7-Jul	3:30 PM-4:30 PM	ROC	\$45	18426
		Т	4-Aug	3:30 PM-4:30 PM	ROC	\$45	18427
	13	Th	2-Apr	1:30 PM-3:30 PM	C55K	\$16.25	18713
	9	F	3-Apr	1:30 PM-3:30 PM	C55K	\$11.25	18715
Carpet Bowling	_13	Т	7-Apr	10 AM-12 PM	C55K	\$16.25	18714
Carpet Bowning	8	F	3-Jul	1:30 PM-3:30 PM	C55K	\$10	18786
	8	Th	2-Jul	1:30 PM-3:30 PM	C55K	\$10	18787
	7	Т	7-Jul	10 AM-12 PM	C55K	\$8.75	18785
Computers: Basic	6	Т	5-May	9:15 AM-10:30 AM	C55K	FREE	18721
Computers: Advanced	6	Т	5-May	10:45 AM-12 PM	C55K	FREE	18719
Android Tablets and Android Phones	6	Т	5-May	1:30 PM-2:45 PM	C55K	FREE	18720
Computers: iPod Touch, iPad, iPhone	6	Т	5-May	3:15 PM-4:30 PM	C55K	FREE	18722
Floor Chriffish and Draw in	13	Th	2-Apr	1:30 PM-3:30 PM	GSA	\$1	18731
Floor Shuffleboard - Drop-in	13	Th	2-Jul	1:30 PM-3:30 PM	GSA	\$1	18796
Functional Fitness	6	Th	9-Apr	1 PM-2 PM	C55K	\$46	18732
	6	Th	21-May	1 PM-2 PM	C55K	\$46	18733
Jananasa Embraidary Bunka	9	М	6-Apr	10 AM-12 PM	C55K	\$40.50	18734
Japanese Embroidery Bunka	8	М	29-Jun	10 AM-12 PM	C55K	\$36	18797
Pickleball: Outdoor (Drop-in)	11	Tu, Th	26-May	8:30 AM-11:30 AM	ROC	FREE	18742
Pickiebali. Outdoor (Diop-III)	22	Tu, Th	7-Jul	8:30 AM-11:30 AM	ROC	FREE	18961
	4	М	30-Mar	10 AM-11 AM	C55K	\$46.50	18948
Dhotography	4	М	25-May	10 AM-11 AM	C55K	\$46.50	18953
Photography	4	М	27-Apr	10 AM-11 AM	C55K	\$46.50	18976
	4	М	29-Jun	10 AM-11 AM	C55K	\$46.50	18977
Moditation: Chalca	5	Th	9-Apr	1 PM-2 PM	C55K	\$37.50	18970
Meditation: Chakra	6	Th	2-Jul	1 PM-2 PM	C55K	\$45	18973
Meditation: Mindful	5	Th	9-Apr	2:30 PM-3:30 PM	C55K	\$37.50	18971
weditation. William	6	Th	2-Jul	2:30 PM-3:30 PM	C55K	\$45	18974
Seniors Golf Tournament	1	Th	18-Jun	9 AM-1 PM	OB	\$50	18747

<sup>\*</sup>Some programs are subject to a Club 55 membership





**Georgina Gym drop-in schedule:** see **page 19** for programs such as badminton, basketball, dodgeball, floor hockey, playgroup, pickleball, soccer and sport of all sorts.

Tai Chi (Drop-in)	ongoing	W	1-Apr	6:30 PM-7:30 PM	C55K	\$1	18753
		M-F	1-Apr	10 AM-11 AM	GIP	FREE	18754
		Th	2-Apr	6:30 PM-7:30 PM	DLS	FREE	16319
		М	6-Apr	1 PM-2 PM	C55S	\$1	18752
		M-F	2-Jul	10 AM-11 AM	GIP	FREE	18813
		Th	2-Jul	6 PM-7 PM	DLS	FREE	18812
		M	6-Jul	1 PM-2 PM	C55S	\$1	18810
		W	8-Jul	6:30 PM-7:30 PM	C55K	\$1	18811
		T,Th	2-Apr	10 AM-12 PM	C55P	FREE	18756
Walking Club (Drop-in)	ongoing	T,Th	7-Jul	10 AM-12 PM	C55P	FREE	18815
Walking Club (Drop-in)	oug	M-F	2-Jul	9 AM-10 AM	GIP	FREE	18816
		M,W,F	3-Jul	9 AM-11 AM	GSA	FREE	18814
Yoga: Chair Yoga	6	W	1-Apr	1:30 PM-2:30 PM	C55S	\$45	18759
	6	W	20-May	1:30 PM-2:30 PM	C55S	\$45	18760
	6	W	8-Jul	1:30 PM-2:30 PM	C55S	\$45	18817
	6	Т	7-Apr	10:45 AM-11:45 AM	C55K	\$45	18964
	6	M	27-Apr	10:45 AM-11:45 AM	C55K	\$45	18761
	6	W	29-Apr	10:45 AM-11:45 AM	C55K	\$45	18762
Yoga: Level 1	6	Т	2-Jun	10:45 AM-11:45 AM	C55K	\$45	18965
	6	M	6-Jul	10:45 AM-11:45 AM	C55K	\$45	18818
	6	W	8-Jul	10:45 AM-11:45 AM	C55K	\$45	18819
	6	Т	14-Jul	10:45 AM-11:45 AM	C55K	\$45	18966
	6	Т	7-Apr	9:30 AM-10:30 AM	C55K	\$45	18962
	6	M	27-Apr	9:30 AM-10:30 AM	C55K	\$45	18766
	6	W	29-Apr	9:30 AM-10:30 AM	C55K	\$45	18768
Yoga: Level 2	6	Т	2-Jun	9:30 AM-10:30 AM	C55K	\$45	18963
	6	M	6-Jul	9:30 AM-10:30 AM	C55K	\$45	18821
	6	W	8-Jul	9:30 AM-10:30 AM	C55K	\$45	18820
	6	Т	14-Jul	9:30 AM-10:30 AM	C55K	\$45	18967
	6	W	8-Apr	6 PM-7 PM	C55K	\$45	18744
Yoga: QiGong	6	W	20-May	6 PM-7 PM	C55K	\$45	18745
	6	W	8-Jul	6 PM-7 PM	C55K	\$45	18806

Note: all programs and prices are subject to change without notice



Club 55 is the Town of Georgina's senior focussed active programming centre. It currently has three locations in Georgina to serve those who are 55+ with activities and social events including dances, outings, get-togethers, cards, games and more! For a full listing of services, check out the monthly newsletter available in hard copy at Club 55 Keswick and by email to members.

#### **Locations:**

Club 55 Keswick	130 Gwendolyn Blvd., Keswick 905-476-9972
Club 55 Sutton	1 Market St., Sutton 905-722-9508
Club 55 Pefferlaw	Pefferlaw Lion's Community Centre, 38 Pete's Lane, Pefferlaw, 905-476-9972

#### **Membership Prices**

\$20+HST | Annual \$30+HST | Annual Non-resident \$10 | Sutton location only

#### Interested in Club 55? Check us out!

Call Club 55 Keswick at 905-476-9972 and arrange for a current member to give you a tour of our facilities, meet others, learn more about our programs and familiarize you with all the great things we have to offer!

#### **Casino Rama Trips**

Last Friday of each month \$2 member | \$3 non-member

Sign up in advance for your seat on the bus! Pick-up locations in Sutton and Keswick.

#### Lunches (Sept. to June)

#### Club 55 - Pefferlaw

1st & 3rd Tuesday (each month) 12 noon \$5 member | \$6 non-member

#### Club 55 - Keswick

Club 55/Stephen Leacock Theatre Every Wednesday 12 noon \$5 member | \$6 non-member \$8 special lunches (members only)

For the Club 55 brochure which include all programs and special events, please visit georgina.ca/seniors

Georgina Gym drop-in schedule: see page 19 for programs such as badminton, basketball, dodgeball, floor hockey, playgroup, pickleball, soccer and sports of all sorts.

<sup>\*</sup>Some programs are subject to a Club 55 membership

# Club 55 Drop-In Programs

Mon.	Tues.	Wed.	Thurs.	Fri.
Keswick	Keswick	Wed. Keswick	Keswick	Keswick
Nickel & Dimes 1 p.m. to 4 p.m. Prices Vary	Bid Euchre 6:30 p.m. to 9 p.m. \$3 mem   \$4 non-mem	Craft & Quilt Group 9 a.m. to 12 noon FREE   mem only	Bid Euchre 1 p.m. to 4 p.m. \$3 mem   \$4 non-mem	Line Dancing 10 a.m. to 11:30 a.m. \$3 mem \$4 non-mem
Contract Bridge 1 p.m. to 4 p.m. \$1 mem \$2 non-mem	Sutton  Exercise Club	<b>Mahjong</b> 10 a.m. to 12 noon 50¢ members	Table Tennis 2 p.m. to 4 p.m. FREE	Music Share Advanced 10 a.m. to 12 noon FREE
<b>Billiards</b> 4 p.m. to 7 p.m. FREE	10 a.m. to 11 a.m. \$1 mem	<b>Music Share</b> 1 p.m. to 3 p.m. FREE Beginner	Progressive Euchre 6:30 p.m. to 9 p.m. \$3 mem   \$4 non-mem	<b>Darts</b> 5 p.m. – 7 p.m. Members FREE!
Table Shuffleboard 5 p.m. to 7 p.m. 50¢ mem	Bridge 1 p.m to 3 p.m.	Lunch 12 noon \$5 mem   \$6 non-mem	Billiards 4 p.m. to 7 p.m. FREE	
Sutton	\$1 members	(Sept. to June)	Sutton	Sutton
Craft Group 11 a.m. to 1 p.m. FREE	Free Lessons: 11:30 a.m. to 12:30 p.m.	Cribbage 1:30 p.m. to 4 p.m. \$2 mem   \$3 non-mem	Member Afternoons *advertised monthly 12 noon to 3 p.m.	Exercise Group 11 a.m. to 12 noon \$1 mem
<b>Tai Chi</b> 1 p.m. to 2 p.m. \$1 mem	Duplicate Bridge 7 p.m. to 10 p.m. \$1 mem   \$2 non-mem	Table Tennis 1:30 p.m. to 3:30 p.m. FREE		Bid Euchre 1 p.m. to 4 p.m. \$3 mem \$4 non-mem
Pefferlaw	Pefferlaw		Pefferlaw	Pefferlaw
Billiards/Snooker 9 a.m. to 12 noon FREE	Lunches  1st & 3rd Tuesday  \$5 mem.   \$6 non  (Sept. to June)  12 noon	<b>Tai Chi</b> 6:30 p.m. to 7:30 p.m. \$1 mem	Walking club 10 a.m. to 12 noon FREE	Billiard/Snooker 9 a.m. to 12 noon FREE Sat. Keswick
Bid/Euchre (high/low) 1 p.m. to 4 p.m.	Walking Club	Cards & Chips 7 p.m. to 9 p.m.	Billiards & Snooker	Bid Euchre
\$3 mem   \$4 non-mem	10 a.m. to 12 noon FREE	\$2.50 mem \$3.50 non-mem	9 a.m. to 12 noon FREE	12:30 p.m. to 4 p.m. Open for learners FREE
Note: all programs and prices are subject to change	FREE Footcare Clinics Club 55	T	9 a.m. to 12 noon	Open for learners FREE  Carpet Bowling 10 a.m. to 12 noon \$1  Carpet Bowling
\$3 mem   \$4 non-mem  Note: all programs and prices are	FREE Footcare Clinics	\$3.50 non-mem  Bocce Ball 10 a.m. to 12 noon Free (weather permitting)	9 a.m. to 12 noon FREE	Open for learners FREE  Carpet Bowling 10 a.m. to 12 noon \$1





#### **Diaper Fit**



With baby seats provided, parents will follow an instructors lead to water aerobic exercises that incorporate baby in their seat.

Ages: 4m to 24m

#### **Family Lesson**

Available for Red Cross Swim Preschool Sea Otter through Swim Kids 6 only. Parents are required to know what level to register kids into at time of registration. This program enables parents to register two or more of their children into the same time. This 45-minute swimming class is split into multi-level groups based on age and level selected at time of registration.

Ages: 3 to 13yrs

#### **Swim Preschool (1) Starfish**

Orientation to water for babies and their parent/ caregiver. To enter this level, babies must be able to hold their head up. The goals are to help babies experience buoyancy and movement through songs and play in the water and to teach the parent/ caregiver age-specific water safety. This level is participation-based only, without formal evaluation.

Ages: 4m to 12m

#### Swim Preschool (2) Duck

Orientation to water for toddlers and their parent/caregiver. Age is the only condition for entering this level. Swimmers learn how to use floating objects for support and explore different water movements through games, songs and active water play. The parent/caregiver also learns age-specific water safety. This level is participation-based only, without formal evaluation.

Ages: 12m to 24m

**Aquatic Supervisor** 

**Ashley Murdoch** 905-722-1429 Ext. 5045 amurdoch@georgina.ca **Acting Aquatic Programmer** 

**Alex Wright** 905-722-1429 awright@georgina.ca



#### **Swim Preschool (3) Sea Turtle**

Orientation to water for toddlers and their parent/caregiver. Age is the only condition for entering this level. Swimmers learn through fun games and songs, how to combine skills, how to kick with a buoyant object and how to perform basic floats, glides and kicks. This level is participation-based only, without formal evaluation. This level is participation-based only, without formal evaluation.

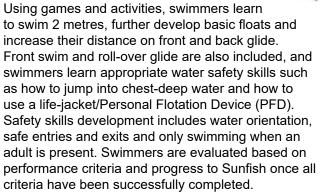
Ages: 24m to 36m

#### **Swim Preschool (4) Sea Otter**

This is a transitional level where all skills are assisted by the instructor. Using games and activities, swimmers learn to open their eyes under water, further develop basic floats and glides, and swim one metre. They also learn age-appropriate water safety skills. Swimmers are evaluated based on performance criteria and progress to Salamander once all criteria have been successfully completed.

Ages: 3 to 5yrs

#### Swim Preschool (5) Salamander



Pre-requisite: Sea Otter

Ages: 3 to 5yrs

#### **Swim Preschool (6) Sunfish**

Using games and activities, swimmers learn to swim five metres, increase their distance using buoyant objects, increase their front and back glide with kick, and develop their roll-over glide, side glide and front swim. Safety skills include deep-water skills and use of a life-jacket/Personal Flotation Device (PFD). Safety skills development such as water orientation, safe entries and exits and always asking for permission before going near the water. Swimmers are evaluated based on performance criteria and progress to Crocodile once all criteria have been successfully completed.

Pre-requisite: Salamander

Ages: 3 to 5yrs

# Age Conversion Chart Preschool to Swim Kids

When Your Child Turns Six Years Old Register Into:

Incomplete Sea Otter	Swim Kids 1
Complete Sea Otter	Swim Kids 1
Incomplete Salamander	Swim Kids 1
Complete Salamander	Swim Kids 1
Incomplete Sunfish	Swim Kids 1
Complete Sunfish	Swim Kids 2
Incomplete Crocodile	Swim Kids 2
Complete Crocodile	Swim Kids 3
Incomplete Whale	Swim Kids 3
Complete Whale	Swim Kids 3



#### Swim Preschool (7/8) Crocodile/Whale





Through games and other fun activities, swimmers learn to swim 5-10 metres on their front and back, perform a dolphin kick and begin using rhythmic breathing. They also progress with kicking drills and increase their swimming distance to 10-15 metres. Safety skills include jumping into deep-water, swim 5m and perform surface support for 10-20 seconds then return to safety, recognizing when a swimmer needs help and using a Personal Flotation Device (PFD) in deep water, safe swimming areas, throwing assists and sitting dives. Swimmers are evaluated based on performance criteria and progress to Whale/Swim Kids 3 once all criteria have been achieved.

Pre-requisite: Sunfish

Ages: 3 to 5yrs

#### Swim Preschool Beach

Sea Otter through Whale only. Our preschool lessons at De La Salle Beach allow swimmers to learn in a unique swimming lesson environment. This 30-minute swimming class is split into multi-level groups based on ability and level selected at the time of registration.

Ages: 3 to 5yrs

#### **Swim Kids Beach**

Available for Red Cross Swim Kids: 1 through 4 only. Our swim lessons at De La Salle Beach allow swimmers to learn in a unique swimming lesson environment. This 30-minute swimming class is split into multi-level groups based on ability and level selected at the time of registration.

Ages: 6 to 13yrs

#### **Swim Kids 1**

Swimmers receive an orientation to water and the pool area and work on floats, glides and kicking. Swimmers build their endurance by working on the 5m front swim.

Ages: 6 to 13yrs

#### Swim Kids 2

Swimmers work on propulsion skills to move through the water and to remain at the surface. Swimmers work on the front swim (5m) and learn about deep-water activities and proper use of a life-jacket/Personal Flotation Device (PFD). Fitness activities include the 10m flutter kick and a 10m distance swim.

Ages: 6 to 13yrs

#### **Swim Kids 3**

This level provides an introduction to diving, and teaches swimmers how to make wise choices about where and when to swim. Endurance is achieved by building strength in the flutter kick and a 15m swim.

Ages: 6 to 13yrs

#### **Swim Kids 4**

This level introduces the front crawl (10m) and back swim with shoulder roll (15m). Swimmers work on kneeling dives, surface support (45 seconds, deep water) and developing a greater sense of self-safety by understanding their own limits. Endurance is built through a 25m swim.

Ages: 6 to 13yrs

#### **Swim Kids 5**

This level introduces the back crawl (15m), sculling skills, whip kick on the back, stride dives and treading water. Front crawl increases to 15m. An introduction to safe boating skills is also included. Endurance is developed through a 50m swim.

Ages: 6 to 13yrs

#### Swim Kids 6



This level refines front crawl with a focus on hand entry and breathing (25m), back crawl with a focus on arm positions and body roll (25m), and introduces elementary back stroke (15m), safety on ice, and rescue of others with throwing assists. Swimmers demonstrate the front dive and their ability to tread water in deep water for one minute. Endurance is built through dolphin kick and a 75m swim.

Ages: 6 to 13yrs

#### **Swim Kids 7**



This level builds skills and endurance for the front crawl (50m), back crawl (50m) and elementary back stroke (25m) and introduces whip kick on the front. Swimmers learn about airway and breathing obstructions, reach assists and stride entry. Swimming endurance is increased to a 150m swim. This level is an introduction to breast stroke (15m) and feet-first surface dives. Swimmers learn about the dangers of open water, hypothermia, the performance of rescue breathing on children and adults, and standing shallow dives. Swimmers participate in timed treading water activities using the eggbeater skill for three minutes to improve their ability to remain at the surface in the event of an unexpected fall into water. Endurance is built on a 300m swim. Front crawl and back crawl distances are increased to 75m each.

Ages: 6 to 13yrs

#### **Swim Kids 8**

This level is an introduction to breast stroke (15m) and feet-first surface dives. Swimmers learn about the dangers of open water, hypothermia, the performance of rescue breathing on children and adults, and standing shallow dives. Swimmers participate in timed treading water activities using the eggbeater skill for three minutes to improve their ability to remain at the surface in the event of an unexpected fall into water. Endurance is built on a 300m swim. Front crawl and back crawl distances are increased to 75m each.

Ages: 6 to 13yrs

#### Swim Kids 9/10

Swim Kids 9: This level refines the front crawl (100m), back crawl (100m), elementary back stroke (50m) and breast stroke (25m), and encourages swimmers to combine different kicks for fitness (3 mins). They also work on head-first surface dives and learn about wise choices, peer influences and self-rescue from ice. Endurance is built through a 400m swim.

Ages: 6 to 13yrs

**Swim Kids 10:** This level is a final assessment of the strokes for technique and distance (front crawl 100m, back crawl 100m, elementary backstroke 50m, breast stroke 50m, sidestroke 25m). Swimmers learn about sun safety, rescue of others from ice, and head-first and feet-first surface dives. Endurance is built using dolphin kick (vertical) and a 500m swim.

Ages: 6 to 13yrs

#### **Private Lap Pool**

Located in the lap pool, this is a 1:1 ratio swimming lesson that focuses on individual personal/physical needs and allows instructors to correct students individually by breaking down skills and techniques outside of a group environment.

Ages: 6yrs+

#### **Private Leisure Pool**

Located in the leisure pool, this is a 1:1 ratio swimming lesson that focuses on individual personal/physical needs and allows instructors to correct students individually by breaking down skills and techniques outside of a group environment.

Ages: 3 to 5yrs

\*All dates, times and prices are subject to change without notice.

#### **Adapted Swim**

Learn-to-swim for swimmers with disabilities continues the progressions used in the Red Cross Swim Preschool and Swim Kids programs. Each skill is broken down into small manageable steps to create a positive learning environment and make the success of each swimmer more achievable. These steps have been created to help swimmers learn at their own pace using repetition and integration of new skills, which help swimmers move along the skill progression more effectively.

Ages: 3 to 13yrs

#### **Red Cross Sensory Adapted**

#### 1:1 support

This program facilitates our original swim adapted program while providing the participant with a quiet and distraction-free swimming environment.

#### **Red Cross Integrated Adapted**

#### 1:1 support

This program facilitates our original swim adapted program and runs alongside group lessons. For more information, contact the Georgina Leisure Pool at 905-722-1429.

#### **Red Cross Swim Basics Teen/Adult**

Work with your instructor to set goals to develop your swimming skills. We help you increase your comfort and confidence in the water through floats, glides, kicking and swimming. An introduction to swimming with a focus on front swim, developing front and back crawl, establishing comfort in deep water and increasing swimming distance.

Ages: 13yrs+

#### **Red Cross Swim Strokes Teen/Adult**

We help you develop one or more swimming strokes, working towards proficiency and increased endurance. Work with your water safety instructor to choose the strokes and set your goals and priorities. If you are interested in developing your strokes so that you can train for a triathlon, this is the ideal course for you.

Ages: 13yrs+

Program	Age	#	Day	Start Date	Time	Price	Code
Dianor Eit	4m-24m	13	Т	31-Mar	10 AM-10:45 AM	\$87.10	18301
Diaper Fit	4m-24m	13	Th	2-Apr	10 AM-10:45 AM	\$87.10	18302
	3-13yrs	10	F	27-Mar	7:15 PM-7:45 PM	\$91.70	18292
	3-13yrs	10	F	27-Mar	7:45 PM-8:15 PM	\$91.70	18293
	3-13yrs	10	Sa	28-Mar	11:30 AM-12 PM	\$91.70	18294
	3-13yrs	10	Sa	28-Mar	12 PM-12:30 PM	\$91.70	18295
	3-13yrs	10	S	29-Mar	11:30 AM-12 PM	\$91.70	18296
	3-13yrs	10	S	29-Mar	12 PM-12:30 PM	\$91.70	18297
	3-13yrs	10	S	29-Mar	12:30 PM-1 PM	\$91.70	18298
	3-13yrs	10	М	30-Mar	7 PM-7:30 PM	\$91.70	18288
Family Swim Lesson	3-13yrs	10	М	30-Mar	7:30 PM-8 PM	\$91.70	18289
	3-13yrs	10	Т	31-Mar	5:30 PM-6 PM	\$91.70	18290
	3-13yrs	10	W	1-Apr	7 PM-7:30 PM	\$91.70	18291
	3-13yrs	9	M,W	29-Jun	7:30 PM-8 PM	\$82.53	18561
	3-13yrs	10	T,Th	30-Jun	5:30 PM-6 PM	\$91.70	18563
	3-13yrs	8	Sa	4-Jul	11:30 AM-12 PM	\$73.36	18565
	3-13yrs	8	Sa	4-Jul	12 PM-12:30 PM	\$73.36	18566
	3-13yrs	10	T,Th	4-Aug	5:30 PM-6 PM	\$91.70	18564
	3-13yrs	9	M,W	5-Aug	7:30 PM-8 PM	\$82.53	18562
	4m-12m	10	Sa	28-Mar	10:30 AM-11 AM	\$91.70	18286
	4m-12m	10	S	29-Mar	9:30 AM-10 AM	\$91.70	18287
	4m-12m	10	Т	31-Mar	10:30 AM-11 AM	\$91.70	18285
	4m-12m	10	W	1-Apr	4:30 PM-5 PM	\$91.70	18284
Swim Preschool (1) Starfish	4m-12m	9	M,W	29-Jun	6 PM-6:30 PM	\$82.53	18492
Stariisii	4m-12m	7	T-F	30-Jun	11 AM-11:30 AM	\$64.19	18586
	4m-12m	8	T-F	28-Jul	9 AM-9:30 AM	\$73.36	18617
	4m-12m	8	T-F	11-Aug	11 AM-11:30 AM	\$73.36	18641
	4m-12m	8	T-F	25-Aug	9 AM-9:30 AM	\$73.36	18653
Swim Preschool (1/2) Starfish/Duck	4m-24m	10	T,Th	4-Aug	4:30 PM-5 PM	\$91.70	18479
	12m-24m	10	Sa	28-Mar	9 AM-9:30 AM	\$91.70	18192
	12m-24m	10	Sa	28-Mar	11 AM-11:30 AM	\$91.70	18193
	12m-24m	10	S	29-Mar	10 AM-10:30 AM	\$91.70	18194
	12m-24m	10	М	30-Mar	5 PM-5:30 PM	\$91.70	18188
0 : 5	12m-24m	10	Т	31-Mar	10 AM-10:30 AM	\$91.70	18189
Swim Preschool (2) Duck	12m-24m	10	W	1-Apr	5 PM-5:30 PM	\$91.70	18190
continued on next page	12m-24m	10	Th	2-Apr	10:30 AM-11 AM	\$91.70	18191
	12m-24m	9	M,W	29-Jun	5:30 PM-6 PM	\$82.53	18477
	12m-24m	7	T-F	30-Jun	9 AM-9:30 AM	\$64.19	18587
	12m-24m	8	Sa	4-Jul	10 AM-10:30 AM	\$73.36	18567
	12m-24m	8	T-F	14-Jul	11 AM-11:30 AM	\$73.36	18608
	12m-24m	8	T-F	28-Jul	11 AM-11:30 AM	\$73.36	18629

	12m-24m	9	M,W	5-Aug	6:30 PM-7 PM	\$82.53	18478
Swim Preschool (2) Duck	12m-24m	8	T-F	11-Aug	9 AM-9:30 AM	\$73.36	18636
	12m-24m	8	T-F	25-Aug	9:30 AM-10 AM	\$73.36	18654
	24m-36m	10	F	27-Mar	5 PM-5:30 PM	\$91.70	18199
	24m-36m	10	Sa	28-Mar	10 AM-10:30 AM	\$91.70	18200
	24m-36m	10	S	29-Mar	9 AM-9:30 AM	\$91.70	18201
	24m-36m	10	М	30-Mar	6:30 PM-7 PM	\$91.70	18195
	24m-36m	10	Т	31-Mar	9:30 AM-10 AM	\$91.70	18196
	24m-36m	10	Th	2-Apr	9:30 AM-10 AM	\$91.70	18198
Curim Dragghant (2) Con	24m-36m	10	W	1-Apr	5:30 PM-6 PM	\$91.70	18197
Swim Preschool (3) Sea Turtle	24m-36m	7	T-F	30-Jun	9:30 AM-10 AM	\$64.19	18589
10110	24m-36m	10	T,Th	30-Jun	5 PM-5:30 PM	\$91.70	18500
	24m-36m	8	Sa	4-Jul	10:30 AM-11 AM	\$73.36	18570
	24m-36m	8	T-F	14-Jul	9:15 AM-9:45 AM	\$73.36	18607
	24m-36m	8	T-F	28-Jul	9:30 AM-10 AM	\$73.36	18620
	24m-36m	9	M,W	5-Aug	5 PM-5:30 PM	\$82.53	18499
	24m-36m	8	T-F	11-Aug	9:30 AM-10 AM	\$73.36	18638
	24m-36m	8	T-F	25-Aug	11 AM-11:30 AM	\$73.36	18661
	3-5yrs	10	F	27-Mar	4:30 PM-5 PM	\$91.70	18087
	3-5yrs	10	F	27-Mar	5:15 PM-5:45 PM	\$91.70	18101
	3-5yrs	10	F	27-Mar	6:15 PM-6:45 PM	\$91.70	18088
	3-5yrs	10	F	27-Mar	6:45 PM-7:15 PM	\$91.70	18089
	3-5yrs	10	Sa	28-Mar	9 AM-9:30 AM	\$91.70	18090
	3-5yrs	10	Sa	28-Mar	9:30 AM-10 AM	\$91.70	18102
	3-5yrs	10	Sa	28-Mar	10 AM-10:30 AM	\$91.70	18091
	3-5yrs	10	Sa	28-Mar	10:30 AM-11 AM	\$91.70	18092
	3-5yrs	10	Sa	28-Mar	11 AM-11:30 AM	\$91.70	18093
	3-5yrs	10	S	29-Mar	9 AM-9:30 AM	\$91.70	18094
	3-5yrs	10	S	29-Mar	9:30 AM-10 AM	\$91.70	18095
Swim Preschool (4) Sea	3-5yrs	10	S	29-Mar	10 AM-10:30 AM	\$91.70	18096
Otter continued on next page	3-5yrs	10	S	29-Mar	10:30 AM-11 AM	\$91.70	18097
commuou on noxe pago	3-5yrs	10	S	29-Mar	11 AM-11:30 AM	\$91.70	18099
	3-5yrs	10	М	30-Mar	4:30 PM-5 PM	\$91.70	18077
	3-5yrs	10	М	30-Mar	5 PM-5:30 PM	\$91.70	18078
	3-5yrs	10	М	30-Mar	5:30 PM-6 PM	\$91.70	18079
	3-5yrs	10	М	30-Mar	6 PM-6:30 PM	\$91.70	18080
	3-5yrs	10	T	31-Mar	9 AM-9:30 AM	\$91.70	18081
	3-5yrs	10	T	31-Mar	4:30 PM-5 PM	\$91.70	18082
	3-5yrs	10	T	31-Mar	5 PM-5:30 PM	\$91.70	18083
	3-5yrs	10	W	1-Apr	4:30 PM-5 PM	\$91.70	18084
	3-5yrs	10	W	1-Apr	6 PM-6:30 PM	\$91.70	18085
	3-5yrs	10	Th	2-Apr	10 AM-10:30 AM	\$91.70	18086
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	3-5yrs	9	M,W	29-Jun	5 PM-5:30 PM	\$82.53	18460
	3-5yrs	9	M,W	29-Jun	6 PM-6:30 PM	\$82.53	18461
	3-5yrs	7	T-F	30-Jun	9 AM-9:30 AM	\$64.19	18582
	3-5yrs	7	T-F	30-Jun	11 AM-11:30 AM	\$64.19	18583
	3-5yrs	10	T,Th	30-Jun	4:30 PM-5 PM	\$91.70	18462
	3-5yrs	8	Sa	4-Jul	10:30 AM-11 AM	\$73.36	18568
	3-5yrs	8	T-F	14-Jul	9:30 AM-10 AM	\$73.36	18604
0 : 5   1/00	3-5yrs	8	T-F	14-Jul	11 AM-11:30 AM	\$73.36	18605
Swim Preschool (4) Sea Otter	3-5yrs	8	T-F	28-Jul	9 AM-9:30 AM	\$73.36	18615
Ottei	3-5yrs	8	T-F	28-Jul	11 AM-11:30 AM	\$73.36	18616
	3-5yrs	10	T,Th	4-Aug	4:30 PM-5 PM	\$91.70	18463
	3-5yrs	9	M,W	5-Aug	5:30 PM-6 PM	\$82.53	18464
	3-5yrs	9	M,W	5-Aug	6:30 PM-7 PM	\$82.53	18465
	3-5yrs	8	T-F	11-Aug	9:30 AM-10 AM	\$73.36	18634
	3-5yrs	8	T-F	11-Aug	11 AM-11:30 AM	\$73.36	18635
	3-5yrs	8	T-F	25-Aug	9 AM-9:30 AM	\$73.36	18651
	3-5yrs	8	T-F	25-Aug	11 AM-11:30 AM	\$73.36	18652
	3-5yrs	10	F	27-Mar	4:30 PM-5 PM	\$91.70	18115
	3-5yrs	10	F	27-Mar	5:30 PM-6 PM	\$91.70	18116
	3-5yrs	10	F	27-Mar	6:15 PM-6:45 PM	\$91.70	18117
	3-5yrs	10	Sa	28-Mar	9 AM-9:30 AM	\$91.70	18118
	3-5yrs	10	Sa	28-Mar	10 AM-10:30 AM	\$91.70	18119
	3-5yrs	10	Sa	28-Mar	10:30 AM-11 AM	\$91.70	18120
	3-5yrs	10	S	29-Mar	9 AM-9:30 AM	\$91.70	18121
	3-5yrs	10	S	29-Mar	9:30 AM-10 AM	\$91.70	18122
	3-5yrs	10	S	29-Mar	10 AM-10:30 AM	\$91.70	18123
	3-5yrs	10	S	29-Mar	10:30 AM-11 AM	\$91.70	18124
	3-5yrs	10	S	29-Mar	11 AM-11:30 AM	\$91.70	18125
Swim Preschool (5)	3-5yrs	10	М	30-Mar	4:30 PM-5 PM	\$91.70	18103
Salamander	3-5yrs	10	M	30-Mar	5 PM-5:30 PM	\$91.70	18104
continued on next page	3-5yrs	10	M	30-Mar	5:30 PM-6 PM	\$91.70	18105
	3-5yrs	10	M	30-Mar	6 PM-6:30 PM	\$91.70	18106
	3-5yrs	10	M	30-Mar	6:30 PM-7 PM	\$91.70	18107
	3-5yrs	10	Т	31-Mar	4:30 PM-5 PM	\$91.70	18109
	3-5yrs	10	Т	31-Mar	5 PM-5:30 PM	\$91.70	18110
	3-5yrs	10	W	1-Apr	5 PM-5:30 PM	\$91.70	18111
	3-5yrs	10	W	1-Apr	6 PM-6:30 PM	\$91.70	18112
	3-5yrs	10	W	1-Apr	6:30 PM-7 PM	\$91.70	18113
	3-5yrs	10	Th	2-Apr	9 AM - 9:30 AM	\$91.70	18114
	3-5yrs	9	M,W	29-Jun	5 PM-5:30 PM	\$82.53	18466
	3-5yrs	9	M,W	29-Jun	6:30 PM-7 PM	\$82.53	18467
	3-5yrs	7	T-F	30-Jun	9:30 AM-10 AM	\$64.19	18584
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	3-5yrs	7	T-F	30-Jun	11 AM-11:30 AM	\$64.19	18585
	3-5yrs	10	T,Th	30-Jun	5 PM-5:30 PM	\$91.70	18470
	3-5yrs	8	Sa	4-Jul	10 AM-10:30 AM	\$73.36	18569
	3-5yrs	8	T-F	14-Jul	9 AM-9:30 AM	\$73.36	18602
	3-5yrs	8	T-F	14-Jul	10 AM-10:30 AM	\$73.36	18603
	3-5yrs	8	T-F	28-Jul	9:30 AM-10 AM	\$73.36	18618
Swim Preschool (5)	3-5yrs	8	T-F	28-Jul	11 AM-11:30 AM	\$73.36	18619
Salamander	3-5yrs	10	T,Th	4-Aug	5 PM-5:30 PM	\$91.70	18471
	3-5yrs	9	M,W	5-Aug	5 PM-5:30 PM	\$82.53	18468
	3-5yrs	9	M,W	5-Aug	6 PM-6:30 PM	\$82.53	18469
	3-5yrs	8	T-F	11-Aug	9 AM-9:30 AM	\$73.36	18632
	3-5yrs	8	T-F	11-Aug	10:30 AM-11 AM	\$73.36	18633
	3-5yrs	8	T-F	25-Aug	9:30 AM-10 AM	\$73.36	18649
	3-5yrs	8	T-F	25-Aug	11 AM-11:30 AM	\$73.36	18650
	3-5yrs	10	F	27-Mar	5:30 PM-6 PM	\$91.70	18130
	3-5yrs	10	Sa	28-Mar	9:30 AM-10 AM	\$91.70	18131
	3-5yrs	10	Sa	28-Mar	11 AM-11:30 AM	\$91.70	18132
	3-5yrs	10	S	29-Mar	10:30 AM-11 AM	\$91.70	18133
	3-5yrs	10	М	30-Mar	6:30 PM-7 PM	\$91.70	18126
	3-5yrs	10	Т	31-Mar	5 PM-5:30 PM	\$91.70	18127
	3-5yrs	10	W	1-Apr	5:30 PM-6 PM	\$91.70	18128
	3-5yrs	10	W	1-Apr	6:30 PM-7 PM	\$91.70	18129
0   5   1   1   10	3-5yrs	9	M,W	29-Jun	5:30 PM-6 PM	\$82.53	18472
Swim Preschool (6) Sunfish	3-5yrs	9	M,W	29-Jun	6:30 PM-7 PM	\$82.53	18473
Guillion	3-5yrs	7	T-F	30-Jun	9:15 AM-9:45 AM	\$64.19	18588
	3-5yrs	10	T,Th	30-Jun	5 PM-5:30 PM	\$91.70	18475
	3-5yrs	8	Sa	4-Jul	11 AM-11:30 AM	\$73.36	18571
	3-5yrs	8	T-F	14-Jul	9:45 AM-10:15 AM	\$73.36	18606
	3-5yrs	8	T-F	28-Jul	9:15 AM-9:45 AM	\$73.36	18621
	3-5yrs	10	T,Th	4-Aug	4:30 PM-5 PM	\$91.70	18476
	3-5yrs	9	M,W	5-Aug	5:30 PM-6 PM	\$82.53	18474
	3-5yrs	8	T-F	11-Aug	9:15 AM-9:45 AM	\$73.36	18637
	3-5yrs	8	T-F	25-Aug	9:15 AM-9:45 AM	\$73.36	18655
	3-5yrs	10	F	27-Mar	6:45 PM-7:15 PM	\$91.70	18281
	3-5yrs	10	Sa	28-Mar	9:30 AM-10 AM	\$91.70	18282
	3-5yrs	10	S	29-Mar	11 AM-11:30 AM	\$91.70	18283
Swim Preschool (7/8)	3-5yrs	10	М	30-Mar	6 PM-6:30 PM	\$91.70	18278
Crocodile/Whale `	3-5yrs	10	T	31-Mar	4:30 PM-5 PM	\$91.70	18279
continued on next page	3-5yrs	10	W	1-Apr	5 PM-5:30 PM	\$91.70	18280
	3-5yrs	9	M,W	29-Jun	5 PM-5:30 PM	\$82.53	18480
	3-5yrs	7	T-F	30-Jun	10:30 AM-11 AM	\$64.19	18594
	3-5yrs	8	Sa	4-Jul	10 AM-10:30 AM	\$73.36	18572

Curing Dragobact (7/0)	3-5yrs	10	T,Th	4-Aug	5 PM-5:30 PM	\$91.70	18482
Swim Preschool (7/8) Crocodile/Whale	3-5yrs	9	M,W	5-Aug	7 PM-7:30 PM	\$82.53	18481
	3-5yrs	8	T-F	11-Aug	10:30 AM-11 AM	\$73.36	18640
	3-5yrs	8	M,W	6-Jul	9:30 AM-10 AM	\$73.36	18671
Swim Preschool - Beach	3-5yrs	8	M,W	6-Jul	10:30 AM-11 AM	\$73.36	18674
Swilli Preschool - Deach	3-5yrs	8	M,W	5-Aug	9:30 AM-10 AM	\$73.36	18676
	3-5yrs	8	M,W	5-Aug	10:30 AM-11 AM	\$73.36	18675
	6-13yrs	8	M,W	5-Aug	10 AM-10:30 AM	\$73.36	18677
Curim Kida Basah	6-13yrs	8	M,W	5-Aug	11 AM-11:30 AM	\$73.36	18678
Swim Kids - Beach	6-13yrs	8	M,W	6-Jul	10 AM-10:30 AM	\$73.36	18672
	6-13yrs	8	M,W	6-Jul	11 AM-11:30 AM	\$73.36	18673
	6-13yrs	10	F	27-Mar	5 PM-5:30 PM	\$91.70	18138
	6-13yrs	10	F	27-Mar	6 PM-6:30 PM	\$91.70	18158
	6-13yrs	10	Sa	28-Mar	10 AM-10:30 AM	\$91.70	18139
	6-13yrs	10	S	29-Mar	9 AM-9:30 AM	\$91.70	18140
	6-13yrs	10	S	29-Mar	11 AM-11:30 AM	\$91.70	18141
Occion Idiala d	6-13yrs	10	М	30-Mar	5:30 PM-6 PM	\$91.70	18134
Swim Kids 1	6-13yrs	10	Т	31-Mar	4:30 PM-5 PM	\$91.70	18135
	6-13yrs	10	W	1-Apr	4:30 PM-5 PM	\$91.70	18136
	6-13yrs	10	W	1-Apr	5:30 PM-6:PM	\$91.70	18137
	6-13yrs	9	M,W	29-Jun	6 PM-6:30 PM	\$82.53	18483
	6-13yrs	8	Sa	4-Jul	10:30 AM-11 AM	\$73.36	18573
	6-13yrs	9	M,W	5-Aug	5 PM-5:30 PM	\$82.53	18484
	6-13yrs	7	T-F	30-Jun	10 AM-10:30 AM	\$64.19	18590
	6-13yrs	10	T,Th	30-Jun	4:30 PM-5 PM	\$91.70	18485
Ouries Kida 4/0	6-13yrs	8	T-F	28-Jul	10:30 AM-11 AM	\$73.36	18623
Swim Kids 1/2	6-13yrs	10	T,Th	4-Aug	5 PM-5:30 PM	\$91.70	18486
	6-13yrs	8	T-F	11-Aug	10 AM-10:30 AM	\$73.36	18639
	6-13yrs	8	T-F	25-Aug	10 AM-10:30 AM	\$73.36	18656
	6-13yrs	10	F	27-Mar	6:45 PM-7:15 PM	\$91.70	18146
	6-13yrs	10	Sa	28-Mar	9 AM-9:30 AM	\$91.70	18147
	6-13yrs	10	Sa	28-Mar	11 AM-11:30 AM	\$91.70	18148
	6-13yrs	10	S	29-Mar	10:15 AM-10:45 AM	\$91.70	18149
	6-13yrs	10	М	30-Mar	5 PM-5:30 PM	\$91.70	18143
Swim Kids 2	6-13yrs	10	Т	31-Mar	5 PM-5:30 PM	\$91.70	18144
	6-13yrs	10	W	1-Apr	4:30 PM-5 PM	\$91.70	18145
	6-13yrs	9	M,W	29-Jun	5:30 PM-6 PM	\$82.53	18487
	6-13yrs	8	Sa	4-Jul	11 AM-11:30 AM	\$73.36	18574
	6-13yrs	9	M,W	5-Aug	5:30 PM-6 PM	\$82.53	18488

	6-13yrs	10	F	27-Mar	5 PM-5:30 PM	\$91.70	18154
	6-13yrs	10	F	27-Mar	6:15 PM-6:45 PM	\$91.70	18155
	6-13yrs	10	Sa	28-Mar	11 AM-11:30 AM	\$91.70	18156
	6-13yrs	10	S	29-Mar	10:15 AM-10:45 AM	\$91.70	18157
Swim Kids 3	6-13yrs	10	М	30-Mar	5 PM-5:30 PM	\$91.70	18150
	6-13yrs	10	Т	31-Mar	5 PM-5:30 PM	\$91.70	18152
	6-13yrs	10	W	1-Apr	5:30 PM-6 PM	\$91.70	18153
	6-13yrs	9	M,W	29-Jun	5:30 PM-6 PM	\$82.53	18489
	6-13yrs	9	M,W	5-Aug	5 PM-5:30 PM	\$82.53	18490
	6-13yrs	10	М	30-Mar	4:30 PM-5 PM	\$91.70	18151
	6-13yrs	7	T-F	30-Jun	10:30 AM-11 AM	\$64.19	18593
Swim Kids 3/4	6-13yrs	10	T,Th	30-Jun	4:30 PM-5 PM	\$91.70	18491
Swiiii Kius 3/4	6-13yrs	8	Sa	4-Jul	11 AM-11:30 AM	\$73.36	18577
	6-13yrs	8	T-F	28-Jul	10 AM-10:30 AM	\$73.36	18622
	6-13yrs	8	T-F	25-Aug	10:30 AM-11 AM	\$73.36	18660
	6-13yrs	10	F	27-Mar	5:45 PM-6:15 PM	\$91.70	18162
	6-13yrs	10	Sa	28-Mar	9 AM-9:30 AM	\$91.70	18163
	6-13yrs	10	Sa	28-Mar	11 AM-11:30 AM	\$91.70	18164
	6-13yrs	10	S	29-Mar	10 AM-10:30 AM	\$91.70	18165
Swim Kids 4	6-13yrs	10	М	30-Mar	5:30 PM-6 PM	\$91.70	18159
	6-13yrs	10	Т	31-Mar	4:30 PM-5 PM	\$91.70	18160
	6-13yrs	10	W	1-Apr	5 PM-5:30 PM	\$91.70	18161
	6-13yrs	9	M,W	29-Jun	7 PM-7:30 PM	\$82.53	18501
	6-13yrs	9	M,W	5-Aug	5:30 PM-6 PM	\$82.53	18502
	6-13yrs	10	F	27-Mar	6:30 PM-7:15 PM	\$91.70	18169
	6-13yrs	10	Sa	28-Mar	10:15 AM-11 AM	\$91.70	18170
Swim Kids 5	6-13yrs	10	М	30-Mar	5:30 PM-6:15 PM	\$91.70	18166
	6-13yrs	10	Т	31-Mar	4:45 PM-5:30 PM	\$91.70	18167
	6-13yrs	10	W	1-Apr	5:30 PM-6:15 PM	\$91.70	18168
	6-13yrs	10	S	29-Mar	9:30 AM-10:15 AM	\$91.70	18171
	6-13yrs	9	M,W	29-Jun	6 PM-6:45 PM	\$82.53	18503
	6-13yrs	7	T-F	30-Jun	10:15 AM-11 AM	\$64.19	18595
Swim Kids 5/6	6-13yrs	10	T,Th	30-Jun	4:45 PM-5:30 PM	\$91.70	18505
	6-13yrs	8	Sa	4-Jul	10 AM-10:45 AM	\$73.36	18575
	6-13yrs	9	M,W	5-Aug	6 PM-6:45 PM	\$82.53	18504
	6-13yrs	8	T-F	25-Aug	10:15 AM-11 AM	\$73.36	18665

**Waitlists:** We monitor all waitlists on a regular basis to create availability for programs in demand.

**Medical Conditions:** Those with seizure disorders or other serious medical conditions should be accompanied by an individual knowledgeable of their condition and responsible for their direct supervision.

**Instructor Requests:** We accept requests for instructors, however, we are unable to guarantee the request will be granted. Email request to pool@georgina.ca



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	6-13yrs	10	F	27-Mar	6:30 PM-7:15 PM	\$91.70	18174
Swim Kids 6	6-13yrs	10	Sa	28-Mar	10:15 AM-11 AM	\$91.70	18175
	6-13yrs	10	M	30-Mar	5:30 PM-6:15 PM	\$91.70	18172
	6-13yrs	10	W	1-Apr	4:45 PM-5:30 PM	\$91.70	18173
	6-13yrs	10	Sa	28-Mar	9:30 AM-10:15 AM	\$91.70	18179
Swim Kids 7	6-13yrs	10	S	29-Mar	10:45 AM-11:30 AM	\$91.70	18180
	6-13yrs	10	М	30-Mar	6:15 PM-7 PM	\$91.70	18176
	6-13yrs	10	W	1-Apr	5:30 PM-6:15 PM	\$91.70	18177
	6-13yrs	10	F	27-Mar	5:30 PM-6:15 PM	\$91.70	18178
	6-13yrs	9	M,W	29-Jun	6:45 PM-7:30 PM	\$82.53	18506
Swim Kids 7/8	6-13yrs	8	Sa	4-Jul	10:45 AM-11:30 AM	\$73.36	18576
	6-13yrs	8	T-F	28-Jul	10:15 AM-11 AM	\$73.36	18631
	6-13yrs	10	T,Th	4-Aug	4:45 PM-5:30 PM	\$91.70	18507
	6-13yrs	10	Sa	28-Mar	9:30 AM-10:15 AM	\$91.70	18182
Swim Kids 8	6-13yrs	10	S	29-Mar	10:45 AM-11:30 AM	\$91.70	18183
	6-13yrs	10	М	30-Mar	6:15 PM-7 PM	\$91.70	18181
	6-13yrs	10	F	27-Mar	5:30 PM-6:15 PM	\$91.70	18186
	6-13yrs	10	S	29-Mar	9:30 AM-10:15 AM	\$91.70	18187
	6-13yrs	10	Т	31-Mar	4:45 PM-5:30 PM	\$91.70	18184
Swim Kids 9/10	6-13yrs	10	W	1-Apr	4:45 PM-5:30 PM	\$91.70	18185
	6-13yrs	10	T,Th	30-Jun	4:45 PM-5:30 PM	\$91.70	18509
	6-13yrs	9	M,W	5-Aug	6 PM-6:45 PM	\$82.53	18508
	6-13yrs	8	T-F	11-Aug	10:15 AM-11 AM	\$73.36	18648
	6yrs+	10	F	27-Mar	4:30 PM-5 PM	\$260	18269
	6yrs+	10	F	27-Mar	4:45 PM-5:15 PM	\$260	18270
	6yrs+	10	Sa	28-Mar	9 AM-9:30 AM	\$260	18271
	6yrs+	10	Sa	28-Mar	10:30 AM-11 AM	\$260	18272
	6yrs+	10	М	30-Mar	4:30 PM-5 PM	\$260	18257
	6yrs+	10	М	30-Mar	5 PM-5:30 PM	\$260	18258
	6yrs+	10	W	1-Apr	7:30 PM-8 PM	\$260	18259
Private - Lap Pool	6yrs+	10	W	1-Apr	7:30 PM-8 PM	\$260	18260
continued on next page	6yrs+	10	W	1-Apr	7:30 PM-8 PM	\$260	18261
	6yrs+	10	W	1-Apr	7:30 PM-8 PM	\$260	18262
	6yrs+	10	Th	2-Apr	4:30 PM-5 PM	\$260	18263
	6yrs+	10	Th	2-Apr	4:30 PM-5 PM	\$260	18264
	6yrs+	10	Th	2-Apr	5 PM-5:30 PM	\$260	18265
	6yrs+	10	Th	 2-Apr	5:30 PM-6 PM	\$260	18266
	6yrs+	10	Th	 2-Apr	6 PM-6:30 PM	\$260	18267

	6yrs+	10	Th	2-Apr	6 PM-6:30 PM	\$260	18268
	6yrs+	9	M,W	29-Jun	5 PM-5:30 PM	\$234	18510
	6yrs+	9	M,W	29-Jun	7 PM-7:30 PM	\$234	18511
	6yrs+	8	Sa	4-Jul	12:30 PM-1 PM	\$208	18581
	6yrs+	8	T-F	14-Jul	10:30 AM-11 AM	\$208	18612
Private - Lap Pool	6yrs+	8	T-F	28-Jul	10:30 AM-11 AM	\$208	18630
	6yrs+	10	T,Th	4-Aug	4:30 PM-5 PM	\$260	18514
	6yrs+	9	M,W	5-Aug	5:30 PM-6 PM	\$234	18512
	6yrs+	9	M,W	5-Aug	7 PM-7:30 PM	\$234	18513
	6yrs+	8	T-F	11-Aug	10 AM-10:30 AM	\$208	18645
	6yrs+	8	T-F	25-Aug	10:30 AM-11 AM	\$208	18659
	3-5yrs	10	F	27-Mar	6 PM-6:30 PM	\$260	18276
	3-5yrs	10	S	29-Mar	10:30 AM-11 AM	\$260	18277
	3-5yrs	10	М	30-Mar	5:30 PM-6 PM	\$260	18273
	3-5yrs	10	Th	2-Apr	5 PM-5:30 PM	\$260	18274
	3-5yrs	10	Th	2-Apr	5:30 PM-6 PM	\$260	18275
	3-5yrs	9	M,W	29-Jun	6:30 PM-7 PM	\$234	18516
	3-5yrs	7	T-F	30-Jun	9:45 AM-10:15 AM	\$182	18592
	3-5yrs	7	T-F	30-Jun	11:30 AM-12 PM	\$182	18598
	3-5yrs	8	T-F	14-Jul	9:15 AM-9:45 AM	\$208	18601
Duivete Leieuwe Deel	3-5yrs	8	T-F	14-Jul	11:30 AM-12 PM	\$208	18599
Private - Leisure Pool	3-5yrs	8	T-F	14-Jul	11 AM-11:30 AM	\$208	18600
	3-5yrs	8	T-F	28-Jul	9:45 AM-10:15 AM	\$208	18624
	3-5yrs	8	T-F	28-Jul	11:30 AM-12 PM	\$208	18625
	3-5yrs	10	T,Th	4-Aug	5 PM-5:30 PM	\$260	18522
	3-5yrs	9	M,W	5-Aug	6 PM-6:30 PM	\$234	18518
	3-5yrs	8	T-F	11-Aug	9:45 AM-10:15 AM	\$208	18642
	3-5yrs	8	T-F	11-Aug	11:30 AM-12 PM	\$208	18643
	3-5yrs	8	T-F	11-Aug	11 AM-11:30 AM	\$208	18644
	3-5yrs	8	T-F	25-Aug	9:45 AM-10:15 AM	\$208	18657
	3-5yrs	8	T-F	25-Aug	11:30 AM-12 PM	\$208	18658
	3-13yrs	10	F	27-Mar	4:30 PM-5 PM	\$101	18222
	3-13yrs	10	F	27-Mar	5 PM-5:30 PM	\$101	18223
	3-13yrs	10	Sa	28-Mar	9:30 AM-10 AM	\$101	18224
	3-13yrs	10	S	29-Mar	9 AM-9:30 AM	\$101	18225
	3-13yrs	10	М	30-Mar	4:30 PM-5 PM	\$101	18221
Red Cross Swim - Integrated Adapted	3-13yrs	9	M,W	29-Jun	7 PM-7:30 PM	\$90.90	18524
integrated Adapted	3-13yrs	7	T-F	30-Jun	10 AM-10:30 AM	\$70.70	18591
	3-5yrs	7	T-F	30-Jun	11:30 AM-12 PM	\$70.70	18596
	3-5yrs	7	T-F	30-Jun	11:30 AM-12 PM	\$70.70	18597
	3-13yrs	8	T-F	14-Jul	9:45 AM-10:15 AM	\$80.80	18609
	3-5yrs	8	T-F	14-Jul	11:30 AM-12 PM	\$80.80	18610

	3-5yrs	8	T-F	14-Jul	11:30 AM-12 PM	\$80.80	18611
	3-13yrs	8	T-F	28-Jul	10 AM-10:30 AM	\$80.80	18626
	3-5yrs	8	T-F	28-Jul	11:30 AM-12 PM	\$80.80	18627
	3-5yrs	8	T-F	28-Jul	11:30 AM-12 PM	\$80.80	18628
Red Cross Swim -	3-13yrs	9	M,W	5-Aug	5 PM-5:30 PM	\$90.90	18525
Integrated Adapted	3-13yrs	9	M,W	5-Aug	7 PM-7:30 PM	\$90.90	18526
intogratou / tauptou	3-5yrs	8	T-F	11-Aug	11:30 AM-12 PM	\$80.80	18646
	3-5yrs	8	T-F	11-Aug	11:30 AM-12 PM	\$80.80	18647
	3-5yrs	8	T-F	25-Aug	11:30 AM-12 PM	\$80.80	18662
	3-5yrs	8	T-F	25-Aug	11:30 AM-12 PM	\$80.80	18663
	3-13yrs	8	T-F	25-Aug	11:30 AM-12 PM	\$80.80	18664
	3-13yrs	10	Sa	28-Mar	12:30 PM-1 PM	\$101	18251
	3-13yrs	10	Sa	28-Mar	12:30 PM-1 PM	\$101	18252
	3-13yrs	10	Sa	28-Mar	12:30 PM-1 PM	\$101	18253
	3-13yrs	10	Sa	28-Mar	12:30 PM-1 PM	\$101	18254
	3-13yrs	10	Sa	28-Mar	12:30 PM-1 PM	\$101	18255
	3-13yrs	10	Sa	28-Mar	12:30 PM-1 PM	\$101	18256
	3-13yrs	10	Т	31-Mar	6 PM-6:30 PM	\$101	18226
	3-13yrs	10	Т	31-Mar	6 PM-6:30 PM	\$101	18227
	3-13yrs	10	Т	31-Mar	6 PM-6:30 PM	\$101	18228
	3-13yrs	10	Т	31-Mar	6 PM-6:30 PM	\$101	18229
	3-13yrs	10	Т	31-Mar	6 PM-6:30 PM	\$101	18230
	3-13yrs	10	Т	31-Mar	6 PM-6:30 PM	\$101	18231
	3-13yrs	10	Т	31-Mar	6 PM-6:30 PM	\$101	18232
	3-13yrs	10	W	1-Apr	7:30 PM-8 PM	\$101	18233
Red Cross Swim -	3-13yrs	10	W	1-Apr	7:30 PM-8 PM	\$101	18234
Sensory Adapted	3-13yrs	10	Th	2-Apr	4:30 PM-5 PM	\$101	18235
continued on next page	3-13yrs	10	Th	2-Apr	4:30 PM-5 PM	\$101	18236
	3-13yrs	10	Th	2-Apr	4:30 PM-5 PM	\$101	18237
	3-13yrs	10	Th	2-Apr	4:30 PM-5 PM	\$101	18238
	3-13yrs	10	Th	2-Apr	5 PM-5:30 PM	\$101	18239
	3-13yrs	10	Th	2-Apr	5 PM-5:30 PM	\$101	18240
	3-13yrs	10	Th	2-Apr	5 PM-5:30 PM	\$101	18241
	3-13yrs	10	Th	2-Apr	5 PM-5:30 PM	\$101	18242
	3-13yrs	10	Th	2-Apr	5:30 PM-6 PM	\$101	18243
	3-13yrs	10	Th	2-Apr	5:30 PM-6 PM	\$101	18244
	3-13yrs	10	Th	2-Apr	5:30 PM-6 PM	\$101	18245
	3-13yrs	10	Th	2-Apr	5:30 PM-6 PM	\$101	18246
	3-13yrs	10	Th	2-Apr	6 PM-6:30 PM	\$101	18247
	3-13yrs	10	Th	2-Apr	6 PM-6:30 PM	\$101	18248
	3-13yrs	10	Th	2-Apr	6 PM-6:30 PM	\$101	18249
	3-13yrs	10	Th	2-Apr	6 PM-6:30 PM	\$101	18250
	, - , -			- · · · ·	2 0.00 / 111	7.5.	

	3-13yrs	10	T,Th	30-Jun	6 PM-6:30 PM	\$101	18527
	3-13yrs	10	T,Th	30-Jun	6 PM-6:30 PM	\$101	18528
	3-13yrs	10	T,Th	30-Jun	6 PM-6:30 PM	\$101	18529
	3-13yrs	10	T,Th	30-Jun	6 PM-6:30 PM	\$101	18530
	3-13yrs	10	T,Th	30-Jun	6 PM-6:30 PM	\$101	18531
	3-13yrs	8	Sa	4-Jul	12:30 PM-1 PM	\$80.80	18578
Red Cross Swim - Sensory Adapted	3-13yrs	8	Sa	4-Jul	12:30 PM-1 PM	\$80.80	18579
Selisory Adapted	3-13yrs	8	Sa	4-Jul	12:30 PM-1 PM	\$80.80	18580
	3-13yrs	10	T,Th	4-Aug	6 PM-6:30 PM	\$101	18532
	3-13yrs	10	T,Th	4-Aug	6 PM-6:30 PM	\$101	18533
	3-13yrs	10	T,Th	4-Aug	6 PM-6:30 PM	\$101	18534
	3-13yrs	10	T,Th	4-Aug	6 PM-6:30 PM	\$101	18535
	3-13yrs	10	T,Th	4-Aug	6 PM-6:30 PM	\$101	18536
	13yrs+	10	W	1-Apr	6:15 PM-7 PM	\$91.70	18300
	13yrs+	10	W	1-Apr	6:15 PM-7 PM	\$91.70	18299
Red Cross Swim Basics	13yrs+	8	T-F	14-Jul	10:15 AM-11 AM	\$73.36	18614
Teen/Adult	13yrs+	8	T-F	14-Jul	10:15 AM-11 AM	\$73.36	18613
	13yrs+	9	M,W	5-Aug	6:45 PM-7:30 PM	\$82.53	18540
	13yrs+	9	M,W	5-Aug	6:45 PM-7:30 PM	\$82.53	18539

Red Cross Swim Strokes Teen/Adult: For dates, times and price, contact 905-722-1429/pool@georgina.ca

# **Drop-in Volunteer Swim Club**

Come join us on the last Thursday of each month from 6 p.m. to 7:30 p.m. to learn new instructing, swimming and leadership skills.



**Ages 12 to 15** 

Monthly • Teaching techniques Leadership • Team building

pool@georgina.ca 905-722-1429 For more information contact Katie Wise at kwise@georgina.ca.



# Important Swimming Info



#### What to wear in the pool

Proper bathing attire means clothing used for swimming only. Children who are not toilet-trained must wear swimmer pull-ups. No diapers, disposable or cloth, are permitted.



#### Slide & Therapy Pool information

The two-storey water slide enters into the Therapy
Pool and is 90 feet in length. The slide operates
during public swim times, except where noted
otherwise. Must be 48" tall to ride and have passed
the deep end test.



#### Personal belongings/lockers

Please do not leave any valuables in the change rooms. Lockers are available for your daily use. The Town of Georgina is not responsible for any lost or stolen articles. Locks are not provided.



#### Shower before swimming

All swimmers must shower thoroughly before entering the pool to help keep the water clean for your swimming enjoyment.



#### Change room requirements

All children under the age of six are welcome to accompany their parent and or caregiver into the change room. Children over the age of six who need assistance changing are encouraged to utilize the family/universal change room with their parent/caregiver. No nudity permitted in the common area.



# Pool foul/Power failure/Maintenance closure

The pool(s) may close in an untimely manner due to a pool fouling, power failure or mechanical maintenance problem.

#### Swim with the best!®



Red Cross swimming programs support the Canadian Sport for Life long-term participant development model. Learning to swim with Red Cross Swim provides swimmers with the confidence to participate in a range of sports such as sailing, water polo, diving, canoeing, white water paddling, synchronized swimming, and competitive swimming as well as pursue careers in aquatics, search and rescue, law enforcement, etc.

# **Aquatic Leadership**

Looking for an exciting and rewarding job?

Join our team by taking the leadership courses listed below:

pg. 54

Swim Patrol: Rookie, Ranger Star 8-12 years of age\*

**Bronze Star**pg. 54 Swim Patrol ex

Swim Patrol experience recommended\* 8-12 years of age\*

# Steps to Becoming a Lifeguard

Aid (SFA)

pg. 54

Bronze Medallion & Emergency First Aid (EFA)

Prerequisite: 13 years of age or Bronze Star Steps to Becoming a Swimming Instructor

pg. 55

Red Cross Water Safety Instructor (WSI)

Prerequisite: 15 years of age, Bronze Cross and Emergency First Aid

and/or

Summer 2020 Lifesaving Society Lifesaving Instructor (LSI)

Prerequisite: 16 years of age and Bronze Cross

pg. 55

Prerequisite: 15 years of age and/or Bronze Medallion & EFA

**Bronze Cross & Standard First** 

and/or

pg. 55

**Red Cross Assistant Lifeguard** 

Prerequisite: 12 years of age

For more information contact:

905-722-1429 | pool@georgina.ca

pg. 55

pg. 55

**National Lifeguard (NL)** 

Prerequisite: 16 years of age, Bronze Cross & SFA

and/or

Red Cross Lifeguard

Prerequisite: 15 years of age, Bronze Cross & SFA or ALG





To learn more about leadership programs, visit:

lifesavingsociety.com | redcross.ca



# LSS Swim: Rookie/Ranger/Star Patrol

**Rookie Patrol:** This program is an introduction to lifesaving and emphasizes lifesaving skill development and physical fitness through goal setting and personal bests. The Swim Patrol program is organized in three progressive levels - Rookie, Ranger and Star. Swim Patrol's modular format allows participants to work on content appropriate to their ability.

Ranger Patrol: Swimmers develop better strokes over 75m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock, and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

**Star Patrol:** Swimmers are challenged with 600m workouts, 300m timed swims and 25m object carry. Strokes are refined over 100m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies, including asthma and allergic reactions. Lifesaving skills include defence methods, victim removals, roll overs and supporting a victim face up in shallow water.

Ages: 8 to 12yrs

#### **Bronze Star**

Bronze Star is excellent preparation for success in Bronze Medallion. Participants develop problemsolving and decision-making skills individually and in partners. Candidates learn CPR and develop the lifesaving skills needed to be their own lifeguard. Includes a timed 400 m swim.

Ages: 8 to 12yrs

# LSS Bronze Medallion & Emergency First Aid with CPR-B

Teaches an understanding of the lifesaving principles embodied in the four components of water rescue education: judgment, knowledge, skill and fitness. Rescuers learn tows and carries, defense methods and releases in preparation for challenging rescues of increased risk involving conscious and unconscious victims of various types. Lifesavers develop stroke efficiency and endurance in a 500m timed swim. 100% attendance is mandatory for Bronze Medallion & Emergency First Aid with CPR - B

Prerequisite: 13 years of age or Bronze Star

**Aquatic Supervisor** 

Ashley Murdoch 905-722-1429 ext. 5045 amurdoch@georgina.ca **Acting Aquatic Programmer** 

Alex Wright 905-722-1429 awright@georgina.ca

#### **Bronze Cross** & Standard First Aid with CPR C

Designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross is a prerequisite for all advanced training programs including National Lifeguard and Instructor certifications. Includes a 600m timed swim.

**Prerequisite:** 15 years of age and ability to perform Red Cross Swim Kids Strokes and/or one of: Bronze Medallion / Emergency First Aid.

#### **Red Cross Assistant Lifeguard**

This is a prerequisite course to the professional lifeguard certification that teaches knowledge and practice of first aid, rescue skills, lifequarding skills, safe behaviours, and how to be part of an elite team. This ensures youth are trained in prevention of injuries, not just in how to respond to them.

Ages: 12yrs+

#### **LSS National Lifeguard**

Participants will learn to prevent accidents, identify hazards, determine safe practices, educate the public about risks associated with aquatic activities and how to be safe around water. They are also trained to spot potential trouble and intervene before it becomes life threatening. Lifeguarding is a fun, exciting and rewarding job. It is also a job that requires an enormous amount of responsibility.

Prerequisite: 16 years of age, Bronze Cross & SFA

#### **LSS National Lifeguard** Recertification

Reviews all lifeguarding skills to ensure that all National Lifeguard candidates are still capable to perform to the Lifesaving Society Standards. A recertification must be completed every 2 years and proof of original certifications is required.

Prerequisite: National Lifeguard and Standard First

Ages: 16yrs+

#### **Red Cross Lifeguard**

This course offers professional lifeguard certification for pools and builds confident lifeguards to create safe, supervised aquatic areas. The course prepares lifeguards to prevent and respond to lifeguard emergencies, create a safe environment, work in teams and handle public relations in a professional manner. The candidates are continuously evaluated throughout the course based on standard evaluation criteria and complete final skills and knowledge assessment.

Prerequisite: 15 years of age by the last day of course; Red Cross Assistant Lifeguard certification or Lifesaving Society Bronze Cross (current or expired); current Standard First Aid with CPR Level C or Equivalents.

#### **Red Cross Water Safety Instructor**

The Water Safety Instructor (WSI) Course prepares candidates to instruct the Red Cross swim programs. Candidates focus on strategies to introduce and develop swimming and water safety skills in the Red Cross swim preschool, swim kids, swim at school, swim at camp, swim for adults and teens and adapted programs.

Prerequisite: 15 years of age and ability to perform Red Cross Swim Kids Strokes and one of: Emergency First Aid or Bronze Cross (certifications do not need to be current) or ALG

#### **Water Safety Instructor** Recertification

This course reviews all Red Cross swimming skills/ knowledge to ensure that all candidates are still capable of performing to Red Cross Standards. Recertification must be completed every 2 years and proof of certification is required.

Ages: 15yrs+

#### Standard First Aid with CPR C

This course is for those who want an in-depth understanding of first aid such as: medical/legal issues, spinal, heat or cold injuries, bone and joint injuries, abdominal and chest issues, burns and medical emergencies. Includes CPR-C certification and is recognized by WSIB.

Ages: 12yrs+

<sup>\*</sup>All dates, times and prices are subject to change without notice.

#### **Standard First Aid Recertification**

This course is for those who want to recertify their first aid certification. Please note that registrants must present proof they had previously taken the full course and must recertify with their current organization. Recertification's are to be taken one time and then are to be followed by a full course.

Ages: 12yrs+

#### **LSS Safeguard**

Safety supervision training for guardians (e.g., day camp counsellors, counsellors-in-training and others) who accompany groups of young people to pools or waterfronts. The course stresses the responsibility undertaken by these group leaders for safeguarding the young people in their care even when under lifeguard supervision.

Ages: 12yrs+

Program	Age	#	Day	Start Date	Times Vary	Price	Code
Bronze Cross & Standard First Aid with CPR C	13yrs+	4	S,Sa	23-May	9 AM-5 PM	\$156.89	18850
Bronze Medallion & Emergency First Aid	13yrs+	4	S,Sa	2-May	9 AM-4 PM	\$148.27	18849
Bronze Star	8-12yrs	9	M,W	29-Jun	6 PM-7:30 PM	\$90	18538
Red Cross Water Safety Instructor	15yrs+	5	T-F	2-Jul	Times Vary	\$313.50	18668
National Lifeguard	16yrs+	1	M-F	27-Jul	9 AM-6 PM	\$288.01	18669
LSS National Lifeguard Recertification	16yrs+	1	F	31-Jul	4:30 PM-8:30 PM	\$75.36	18670
L SS Sofoguard	12yrs+	1	Sa	23-May	9 AM-1 PM	\$37.50	18411
LSS Safeguard	12yrs+	1	М	1-Jun	5:30 PM-9:30 PM	\$37.50	18412
Rookie/Ranger/Star	8-12yrs	9	M,W	29-Jun	5 PM-6 PM	\$90	18537
Standard First Aid with CPR C	12yrs+	2	S,Sa	25-Apr	9 AM-5 PM	\$102.05	18413
Standard First Aid with CPR C	12yrs+	2	S,Sa	6-Jun	9 AM-5 PM	\$102.05	18414
Water Safety Instructor Recertification	15yrs+	1	S	16-Aug	9 AM-2 PM	\$68.05	18851
Red Cross Assistant Lifeguard	12yrs+	10	T,Th	30-Jun	5 PM-8 PM	\$168.66	18848
Standard First Aid Recertification If interested, contact 905-722-1429 or email pool@georgina.ca							

Standard First Aid Recertification If interested, contact 905-722-1429 or email pool@georgina.ca

Red Cross Lifeguard:

If interested, contact 905-722-1429 or email pool@georgina.ca

Note: all dates, times and prices are subject to change without notice

#### Maintenance Closure: Sept. 5 to 13

#### Drop-in Swim Schedule - March 23 to Sept. 4

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.		
Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim		
7 - 8:45 am	7 - 8:45 am	7 - 8:45 am	7 - 8:45 am	7 - 8:45 am	1 - 2 pm		
12 noon - 1 pm	12 noon - 1 pm	12 noon - 1 pm	12 noon - 1 pm	12 noon - 2 pm	Public Swim		
2:30 - 3:30 pm	8:15 - 9:15 pm	2:30 - 3:30 pm	8:15 - 9:15 pm	Older Adult	2 - 4 pm		
8:15 - 9:15 pm	Older Adult	8:15 - 9:15 pm	Older Adult	Swim	•		
Older Adult	Swim	<b>Older Adult Swim</b>	Swim	11 - 12 noon	Sun.		
Swim	11 - 12 noon	11 - 12 noon	11 - 12 noon	Parent &	Public Swim		
11 - 12 noon	<b>Public Swim</b>	Parent & Child	<b>Public Swim</b>	Child Swim	2 - 3:30 pm		
Parent & Child	6:45 - 8:15 pm	Swim	6:45 - 8:15 pm	10 - 12 noon	2 0.00 pm		
Swim		10 - 12 noon	·				
10 - 12 noon			New Sunday schedule starting July 5.				
		Visit georgina.ca/ <b>swim</b> for					
For program descriptions visit georgina.ca/swim.			Sunday summer swim drop-in schedule.				

Lane Swim: Access to lap/\*therapy pools.

Older Adult Swim: For adults over 55 years. Access to lap/\*therapy Pool. Parent & Child: Access to beach/therapy pools. Children under 8 years.

All age access to all pools and water slide. Public Swim:

\*Therapy and Beach pools are not accessible during Aqua Stretch classes.

\*\* Diaper Fit is a

Note: all dates, times and

without notice

prices are subject to change

registered program

#### Aquafitness Schedule - March 23 to Sept. 4

	-				
Mon. Tues.		Wed.	Thurs.	Fri.	
Aqua Boot Camp	Aqua Finning	<b>Aqua Zumba</b>	<b>Aqua Boot Camp</b>	<b>Aqua Boot Camp</b>	
9 am - 9:45 am	9 am - 9:45 am	9 am - 9:45 am	9 am - 9:45 am	9 am - 9:45 am	
Gentle Aquafit	<b>Diaper Fit**</b>	<b>Gentle Aquafit</b>	<b>Diaper Fit**</b>	Running/Walking	
10 am - 10:45 am	10 am - 10:45 am	10 am - 10:45 am	10 am - 10:45 am	Aquafit	
Aqua Stretch	Aqua Stretch	Aqua Stretch	Aqua Stretch	10 am - 10:45 am	
2:30 pm - 3:15 pm	11 am - 11:45 am	2:30 pm - 3:15 pm	11 am - 11:45 am	<b>Sun</b> .	
<b>Aqua Zumba</b> 6:05 pm - 6:50 pm	Aqua Boot Camp	Aqua Boot Camp	<b>Aqua Combo</b>	<b>Aqua Boot Camp</b>	
	8:20 pm - 9:05 pm	6:05 pm - 6:50 pm	8:20 pm - 9:05 pm	9 am - 9:45 am	

#### **Aquafitness Descriptions:**

Boot Camp: Shallow and deep water. High intensity.

Aqua Deep: Deep water. High intensity.

Aqua Combo: Shallow and deep water. Medium intensity. Gentle Aquafit: Shallow and deep water. Low intensity.

Agua Stretch: Therapy Pool. Low intensity.

Diaper Fit: Pre-registered program in shallow water. Medium intensity. For parent and baby see page 42.

Aqua Zumba: If you're looking for a workout class with lots of variety, fun and versatile exercises, try our new Aquazumba! You will find yourself smiling, laughing and dancing during your entire workout.

Aqua Finning: You will be using the flippers for the majority of the class, doing lengths and various exercises that will engage the core for the full class.

Running/Walking Aquafit: Love the idea of running, but not sure where to start? Come try our water running and walking class. Great for your joints, strengthening weak muscles, building, and strengthening strong muscles. Also, a great class if you're recovering from an injury!





# Admission Prices for Drop-In & Aquafitness

-	*Prices include tax	Daily	10x Pass	30x Pass	50x Pass	Yearly
	Adult (18 - 54 years)	\$3.41	\$29	\$81.90	\$119.50	\$170.63
General	Child/Youth (17 & under)	\$2.84	\$24.10	\$68.10	\$99.50	\$141.82
Admission	Senior <i>(55+ years)</i>	\$2.84	\$24.10	\$68.10	\$99.50	\$141.82
	Family (5 member/max 2 adults)	\$9.96	\$84.60	\$238.80	\$348.50	\$497.77
Aquafit	Adult <i>(18 - 54 years)</i>	\$6.92	\$58.80	\$165.90	\$242.00	\$345.78
Admission	Senior (55+ years)	\$5.67	\$48.20	\$136.20	\$198.50	\$283.63

# Unsure? Be Sure! Wristband Policy

You'll always get it right, when you follow the traffic light!

It's always recommended to swim with a buddy!

#### **Red Wrist Band**

5 years of age and younger. Must be accompanied by a guardian (16+). Must be within arms reach and directly supervised. 1 Guardian : 2 Children.

#### **Yellow Wrist Band**

6-9 years of age. Must swim with a guardian who is responsible for direct supervision and must be in the water. Non-swimmers must remain within arms reach. 1 Guardian: 3 Children.

#### **Green Wrist Band**

10+ years of age. May swim without parent or guardian accompaniment. *Recommended to always swim with a buddy.* 

#### **Deep End**

All swimmers are subject to a screening before entering the deep area. Test: Swim two (2) widths of the lap pool comfortably, and tread water, or support their body at the surface for at least one (1) minute.



# Schools Out!

Thursday, June 25 12 p.m. to 5 p.m.

De La Salle Beach 1940 Metro Rd., Jackson's Pt.

All proceeds go to the Lifesaving Society in support of National Drowning Prevention Week.

School's out and summer is here, let's have some fun!

Join us for a variety games, acivities and a silent auction.

All vehicles must display a valid parking pass. Parking fees apply.

#### **BBQ**

12 p.m .to 3 p.m. \$4 for Hot Dog and water











You can book arena ice time, banquet halls, gymnasium, meeting rooms, multi-purpose rooms, sports fields (baseball and soccer), swimming pool parties and weddings. Our venues are all perfectly suited for small and large-scale events.

Visit georgina.ca/**GettingActive** for rates and availability. Call 905-476-4301 and reserve your facility today.



brought to you by Recreation & Culture

visit georgina.ca/events for full details

# MARCH

#### **Link Winter Market**

Sun. March 15
The Link

① 9 a.m. to 2 p.m.

The final date for the 2020 market that celebrates our local artisans, artists, cooks, crafters and so many other creative people! Lots more stuff to enjoy during your visit so don't miss it!

#### **March Break**

**March 16 to 20** 

Watch for fun activities and menu items during March Break.

Visit georgina.ca/events for our March Break camps and skating schedule.

#### **March Break Swims**

March 16 - 20
Georgina Leisure Pool
1 p.m. to 2:30 p.m.
Friday: 2:30 p.m. to 4 p.m.

During March Break, enjoy additional public swim times that have been added to regular programming.

\*Admission policy and fees apply. Rules and regulations available at georgina.ca/**swim**.

#### Cardboard Toboggan Races

Thurs. March 19
The ROC Chalet

Registration 12 noon Event starts at 1:30 p.m.

Use your creativity and recycle that cardboard at the same time during these races. Prizes awarded for winning categories and best design - come out and show us your best cardboard creation! Rules and regulations available at georgina.ca/events.

#### **Puddle Jump**

TBA (last weekend of season)
The ROC Chalet

End the winter season with a splash! Join your ROC family on the last operational day of the season for some fun in the sun. Whether you're tubing, skiing or snowboarding, test the waters and your luck by attempting to make it across our oversized puddle.

\*All skill levels welcome - costumes and team spirit encouraged.

# APRIL

#### Easter Activities & In-Water Easter Egg Hunt

Sat. April 11

Georgina Leisure Pool

10 a.m. to noon 1 p.m. to 3 p.m.

Watch for a special appearance from the Easter Bunny!

Note: There will be no lane swim and the water slide will not be available for use.

\*Admission policy and fees apply.

# MAY

#### **Georgina Youth Week**

May 1 - 7

Various Facility Locations

A full week of events and activities designed around youth in Georgina! Keep watch for the full schedule of events including a basketball, fencing, kickboxing, dodgeball and more fun activities.

#### **Mother's Day Swim**

Sun. May 10
Georgina Leisure Pool

2 p.m. to 3:30 p.m.

Pay one regular admission fee for our public swim and your Mom gets in for free. \*Admission policy and fees apply.

#### Georgina Lawn Bowling Club Open House

Tues. May 26

Lawn Bowling Club

② 3 p.m. to 6 p.m.

New members welcome! Get some exercise and join the FUN! Free instruction provided. Come to our open house information and registration sessions. For membership inquiries, contact Gail Lowe 905-596-0410.

## JUNE

# Recreation & Senior's Month

Throughout Georgina

An excellent opportunity for anyone in Georgina to come out and explore activities. Keep an eye out for the full calendar of events!

#### Senior's Golf Tournament

Thurs, June 18

Orchard Beach Golf Club

① 9 a.m.

\$15 OB mem / C55 mem \$40 C55 mem only \$20 OB mem only \$45 non mem OB or C55

#### Senior's BBQ

Come out and enjoy a delicious BBQ and celebrate Summer!

Club 55 Keswick (All Residents)

Fri. June 19

Olub 55 Keswick

Noon to 3 p.m.

Club 55 Pefferlaw (All Residents)

Tues. June 16

Club 55 Pefferlaw

Noon to 3 p.m.

Club 55 Sutton (Members Only)

Thurs. June 25

Club 55 Sutton

Noon to 3 p.m.

#### **Father's Day Swim**

Bun. June 21

Georgina Leisure Pool

② 2 p.m. to 3:30 p.m.

Pay one regular admission fee for our public swim and your Dad gets in for free.

\*Admission policy and fees apply.

# School's Out Beach Bash!

Thurs. June 25

O De La Salle

Noon to 5 p.m.

School's done and summer is here! Join us for games, BBQ, and a silent auction!

All proceeds go to the lifesaving society in support of national drowning prevention week.

# JULY

#### Canada Day Celebration

Wed. July 1

The ROC

② 2 p.m. to 10:30 p.m.

Join us for a day full of exciting festivities for the whole family as we celebrate Canada's birthday! Enjoy live entertainment, children's activities, inflatables, food and more. Then when the night begins to fall, sit back and relax as you experience the fireworks at 10 p.m.

## **AUGUST**

#### Starlight Cinema Nights

iii Thurs. Aug 13 & 27

The ROC Chalet

Dusk
\$ FREE

Join us for one or both nights under the stars at the ROC for an outdoor movie on a giant screen.

# SEPTEMBER

#### **Harvest Day**

**Sat. Sept. 19** 

Georgina Pioneer Village

Celebrate the arrival of fall with food, crafts, games, vendors, historic demonstrations, FREE hot apple cider, live music, and more. \*Pay what you can in support of Georgina Pioneer Village.

#### **Senior Games**

iii Sept. - Oct.

Various Georgina Facilities

Take part in the 2020 Georgina Senior Games from September to October. Enjoy a variety of games and competitions.

\*Additional fees apply.

# Fire Prevention Week Open House

**Sat. Sept. 19** 

Sutton Fire Hall

② 9 a.m. to 2 p.m.

Free event with lots of interactive activities, pancake breakfast and BBQ.

# **Parks and Amenities Listings**

\*Non-resident parking fees may apply. Residents must display pass. Visit georgina.ca for more information.

#### **Adeline Park**

668 Lake Dr. S., Keswick

 Fishing, parking, picnic table, washrooms (May-Aug)

#### **Bayview Park**

106 Bayview Ave., Keswick

· Picnic table, play ground

#### Belhaven Hall and Park

25202 Warden Ave., Belhaven

 Ball diamond, hall/building, parking, washrooms (May-Aug), permits available

#### Claredon Beach Park

9 Windy Shore Dr., Keswick

 Parking, picnic table, playground, washrooms (May-Aug), swimming

#### Club 55 Keswick

130 Gwendolyn Blvd., Keswick

Hall/building, parking, permits available (Sunday)

#### Club 55 Sutton

1 Market Sq., Sutton

Hall/building, parking

#### Club 55 Pefferlaw

38 Pete's Lane, Pefferlaw

· Hall/building, parking

#### Const. Garret Styles Park

176 Laurendale Ave., Keswick

· Playground, splash pad

#### De La Salle Chapel and Park\* 1940 Metro Rd., Jackson's Point

 Beach volleyball, accessible trails and water access for swimming, drinking water, hall/ building, parking, picnic shelter, picnic table, playground, public washrooms (May-Sept), soccer field, swimming, permits available

#### **Egypt Hall & Park**

6756 Smith Blvd., Pefferlaw

 Hall/building, parking, playground, permits available

#### Franklin Beach

743 Lake Dr. E., Sutton

 Picnic table, washrooms (May-Sept), swimming

#### Georgina Ice Palace

90 Wexford Dr., Keswick

 Drinking water, hall/building, parking, public washrooms, skateboard, bike park & ice rink, permits available

#### **Georgina Gym**

(behind Ice Palace Arena) 90 Wexford Dr., Keswick

 Gymnasium for all sports, drinking water, hall/building, parking, public washrooms (May-Aug) permits available

#### Georgina Leisure Pool

5279 Black River Rd., Sutton

 Drinking water, hall/building, parking, public washrooms, swimming, permits available

#### Georgina Sutton Arena

48 Hawkins St., Sutton

 Drinking water, hall/building, parking, washrooms (Sept-Apr), ice rink, permits available

#### Glenwoods Park\*

Glenwoods & Lake Dr. S., Keswick

 Parking, picnic table, playground, swimming

#### **Gwendolyn Park**

138 Gwendolyn Blvd., Keswick

 Parking, picnic table, playground

#### **Highcastle Park**

12 Highcastle Ave., Keswick

 Ball diamond, parking, picnic table, playground, soccer field, public washrooms (May-Sept)

#### **Hollywood Park**

21 Camwood Dr., Keswick

Playground

#### **Holmes Point Park\***

131 Holmes Point Rd., Pefferlaw

 Parking, picnic table, playground, washrooms (May-Sept), swimming

#### Jackson's Point Harbour\*

1 Bonnie Blvd., Jackson's Point

 Drinking water, fishing, parking, picnic shelter, picnic table, playground, public washrooms (May-Sept), swimming

#### **Jackson's Point Parkette**

941 Lake Dr. E., Jackson's Point

 Picnic table, band shelter, permits available

#### Joy Marritt Parkette

275 Church St., Keswick Picnic table, swimming

#### Keswick Cenotaph Park

130 Gwendolyn Blvd., Keswick

#### **Keswick Library**

90 Wexford Dr., Keswick

Meeting rooms, parking, public washrooms, permits available

#### **Kin Community Hall**

3 Fairpark Lane, Sutton

Hall/building, parking, permits available

#### Kin Park

42 West St., Sutton

· Picnic table, playground

#### Kingsway Garden

Kingsway & Riverglen Dr., Keswick

· Ball diamond

#### Lakeside Park

213 Shorecrest Rd., Keswick

 Ball diamond, washrooms (May-Sept), permits available

#### Leash Free Dog Park

(West Park)

685 Lake Dr. S., Keswick

Parking

#### **Lorne Street Park**

Lorne St. & Lake Dr. E., Jackson's Pt.

 Parking, playground, washrooms (May-Sept)

#### Malone Wharf\*

Malone St., Jackson's Point

 Fishing, parking, washrooms (May-Sept)



#### **Mill Pond Park**

4 River St., Sutton

· Fishing, parking, picnic table

#### North Gwillimbury Park\*

775 Lake Dr. N., Roches Point

Parking, picnic shelter, picnic table, playground, washrooms (May-Sept), swimming, permits available

#### Oakmeadow Park

40 Oakmeadow Blvd., Keswick

Picnic table

#### **Pefferlaw Dam Park**

219 Pefferlaw Rd., Pefferlaw

Fishing, picnic table

#### **Pefferlaw Library**

76 Pete's Lane, Pefferlaw

 Meeting room, parking, washroom, permits available

#### Pefferlaw Lions Comm. Ctre.

38 Pete's Lane. Pefferlaw

· Ball diamond, outdoor ice rink (seasonal), hall/building, parking, picnic shelter, picnic table, playground, soccer field, permits available

#### Peter Gzowski Library

5279 Black River Rd., Sutton

Meeting room, parking, washrooms, permits available

#### **Pioneer Village and Archives** 26557 Civic Centre Rd., Keswick

· Parking, picnic table, washrooms (May-Aug), permits available

#### Port Bolster Hall & Park 31416 Lake Ridge Rd., Port

Bolster

Hall/building, parking, picnic table, shelter, permits available

#### Rayner's Road Park\*

51 Lake Dr. N., Keswick

Boat launch, fishing, parking

#### **Richmond Park**

23 Arlington Dr., Keswick

 Basketball courts, picnic table, playground

#### **Riverview Park**

98 Irving Dr., Pefferlaw

· Picnic table, washrooms (May-Aug), swimming

#### **Sheppard Avenue Park & Wharf**

971 Lake Dr. E., Island Grove

Fishing, picnic table, playground, swimming, washrooms (May-Sept)

#### Skateboard Park - Keswick

90 Wexford Dr., Keswick

Drinking water, hall/building, parking, washrooms, skateboard park, cycle park

#### Skateboard Park - Sutton

20849 Dalton Rd., Sutton

Parking, skateboard park, permits available

#### **Stephen Leacock Theatre**

130 Gwendolyn Blvd., Keswick

Hall/building, parking, picnic table, playground, permits available

#### **Sutton Cenotaph Park**

High St. & Burke St., Sutton

· Drinking water

#### The Link

20849 Dalton Rd., Sutton

Event hall, commercial kitchen. outdoor space, parking, meeting rooms, washrooms, permits available

#### The ROC

26479 Civic Centre Rd., Keswick

Ball diamonds, basketball courts, beach volleyball, bike park, drinking water, hall/ building, nature trails, parking, picnic shelter, picnic table, playground, washrooms (May-Sept), cycle park, soccer field, splash pad, tennis, pickleball courts, challenge course, zipline, high ropes, rock climbing wall, permits available

#### **Thornlodge Park**

117 Joe Dales Dr., Keswick

Ball diamond, parking, playground, washrooms (May-Sept), soccer field, permits available

#### **Udora Hall & Park**

24 Victoria Rd., Udora

Ball diamond, basketball courts, hall/building, parking, picnic table, playground, washrooms (May-Sept), tennis, permits available

#### Virginia Hall Park

28288 Hwy. 48, Virginia

Parking, swings

#### Virginia Wharf

1 Hadden Rd. & Black River Rd.

Fishing

#### Vista Park

72 West Park Heights, Keswick

· Picnic table, playground

#### **West Park**

1210 Ravenshoe Rd., Keswick

Ball diamond, parking, picnic table, playground, washroom (May-Sept), soccer field, permits available

#### Whipper Watson Park

153 Carrick Ave., Keswick

Ball diamond, tennis courts. beach volleyball, picnic shelter, picnic table, playground, washrooms (May-Sept), splash pad, tennis, permits available

#### Willow Beach Park\*

1506 Metro Rd., Willow Beach

Drinking water, parking, picnic table, playground, washrooms (May-Sept), swimming

#### Willow Wharf\*

440 Lake Dr. East

Fishing, parking, picnic table, washrooms (May-Sept), swimming

#### Wyndham Park

21 Wyndham Circle, Keswick

Basketball courts, playground

#### Young's Harbour Park\*

601 Lake Dr. S., Keswick

Boat launch, parking, picnic table, swings, washrooms (May-Sept)

#### Water Filling Stations

Find tap water anywhere at bluew.org



#### **Ropes and Rocks**

#### **Drop-in and climb!**

May 30, June 20, July 11, Aug. 15, Sept. 12, Oct. 3

#### How to participate:

- 1. Drop-in on the day of the program; or
- 2. Pre-register online at georgina.ca; or
- 3. Call 905-476-4301

A waiver form must be completed prior to use of facilities. Participants must wear closed-toe shoes and have long hair tied back. Maximum 20 participants per group. First come, first serve basis. Pre-registration guarantees a spot.

#### **Bike Park**

Open 7 days a week 9 a.m. to 9 p.m. (Unsupervised, use at own risk)

- Pump Track
- Dirt Jumps
- North Shore Trails

Open from Victoria Day to Labour Day

# Cub Club Physical Activity

The Cub Club Physical Activity Kit is designed to introduce kids to snowboarding - indoors - for FREE! If you would like more information about bringing the Cub Club to your organization or school, email mlink@georgina.ca.

#### Sponsored by:



#### Call, Book, Climb

# Community, Sports and Corporate Groups

Whether you are looking to add some excitement to your corporate team building, or just a fun time out with friends, the ROC challenge course has a program for everyone.

#### Schools Groups

During the spring, summer and fall, the ROC offers you and your students a variety of exciting and exhilarating opportunities such as archery, loose parts play, frisbee golf, low ropes, climbing wall, high ropes, archery, beach volleyball, splash pad and nature trails!

# Camps and Programs

#### Let the FUN Begin!

Check out the camp insert for a full listing of this year's summer camps.

# Outdoor programs consist of:

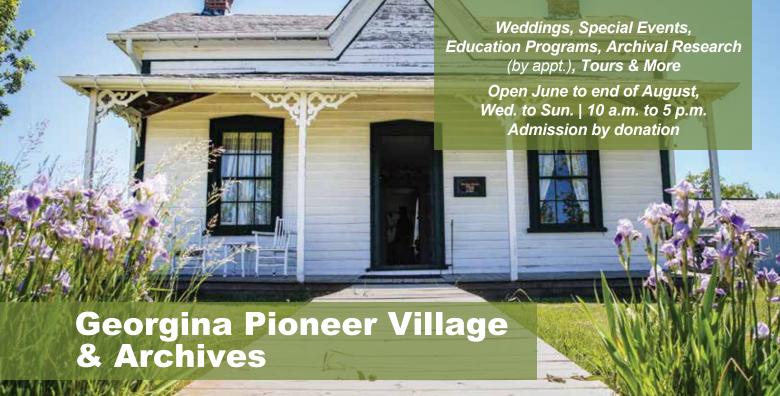
- Archery
- Biking
- Climbing
- Dog obedience
- · Outdoor survival
- Get outside

DON'T DELAY, REGISTER TODAY!

26479 Civic Centre Rd., Keswick 905-476-8834 | 905-476-4301 georginaroc@georgina.ca | **georginaroc.ca** 







#### **Community Programs**

Georgina Pioneer Village and Archives (GPV & A) is pleased to tailor a visit to the needs of community groups. Clubs and groups may book evening visits (April-November) to coincide with regular club meeting times. Groups are also welcome to work with village staff to prepare an itinerary specific for their needs. Groups can be booked for brief (one-hour) visits, or longer stays of several hours. Contact staff to discuss what we have to offer.

#### **Rent the Village**

Georgina Pioneer Village is a unique venue for weddings, photo shoots, family reunions and more. The 1889 Free Methodist Church can accommodate 60 people and 150-200 at the Jackson's Point Bandstand and surrounding park area. Contact the village for rates and booking information.

#### **Summer Camps**

See summer camp insert for dates and times.

#### **Heritage Quest Camp**

Age: 7-12yrs

Price: \$140/5 day week & \$112/4day week

#### A Day in the Life Camp

Age: 7-12yrs

Price: \$140/5 day week

26557 Civic Centre Rd., Keswick 905-476-4301 ext. 2284 curator@georgina.ca georginapioneervillage.ca

#### **Education Programs**

**Attention teachers!** The Pioneer Village is a dynamic location for hands-on, interactive education programs.

Grade 7 Rise to Rebellion (R2R) Education Days Thurs. May 7 and Fri. May 8 • \$6 +HST/student

Demonstrations - Entertainment - Battle It's history that happened here!

R2R is an interactive re-enactment of the 1837 Rebellion of Upper Canada, a pivotal moment in Canadian history. Students come face-to-face with William Lyon Mackenzie and march alongside military re-enactors to recreate the struggle that led to responsible government. Space is limited, must register in advance. More information and registration forms can be found online at georginapioneervillage.ca.

Grade 3 Early Settlement Program Mid-April to July & Sept. to Mid-Nov.

Curriculum-related and interactive programs

During their visit, students will take part in various demonstrations and activities that depict the chores, jobs, and pastimes of nineteenth-century settlers. Contact the village for rates and booking information.

Do you teach another grade? Contact the village about programs linked to the curriculum. Excursion application forms can be found online at georginapioneervillage.ca under Camps, Community and Educational Programs.



Named after one of the English-speaking world's best known humorists, Stephen Leacock Theatre opened in 1985, and has been igniting the imagination and tickling the fancy in the world of stage ever since. Famous for its up-close and personal ambience, the 295-seat theatre presents a varied schedule of local, national and international entertainment. Located in Keswick just off the Queensway, the theatre offers the best in musical guests, comedy acts and stage productions.

#### Rent the theatre

The theatre is available to rent for theatrical or musical productions, private functions, business meetings, rentals, graduation ceremonies and more. Air conditioned and wheelchair accessible, the theatre offers rich acoustics and an up-close and intimate seating arrangement. For facility and booking information, available dates, or additional questions contact the box office

#### Summer Camps

#### See summer camp insert for dates and times.

Why not sign the kids up for summer theatre or film camp, which are available from July to August. Budding thespians and filmmakers can learn the art of acting and filmmaking from seasoned professionals. Each camp ends in a final performance or screening for friends and family.

#### **Sponsorship Opportunities**

#### for Town-organized performances

Famous for its up-close and personal ambience, the Stephen Leacock Theatre has been providing the highest quality entertainment at affordable prices for more than 30 years. With great excitement, you are invited to participate in a sponsorship opportunity that provides attractive benefits to meet your business objectives. Support from community leaders like you is invaluable to our continuing efforts to deliver an exceptional theatre experience to the widest possible audience.

#### **Hours of Operation**

Sunday and Monday: Closed

Tuesday to Friday: 9 a.m. to 9 p.m.

Saturday: 9 a.m. to 5 p.m.

130 Gwendolyn Blvd., Keswick Box Office: 905-476-0193 slt@georgina.ca

stephenleacocktheatre.ca

Buy tickets for upcoming performances online with







#### What goes on at the Link?

Town-run programs, events and just plain fun stuff:

- Cooking programs for all ages in our state-of-theart kitchen - kids chef, Indian, Italian and cheese making
- · Arts and crafts workshops and programs for adults
- Language programs

Visit georgina.ca/**thelink** for a full listing of programs and workshops available now.

# Need space for your party, event or business meeting?

You can rent amazing indoor and outdoor space for your special occasion, meeting or run your own workshop! Call or email for rates and we'll be happy to give a tour and more details.

There's more in the works so stay tuned for an exciting spring and summer here at the Link!

Your ideas and feedback are always interesting to us... just give us a call.

Volunteers are always welcome!

# EVENTS

#### **Georgina Farmers' Market** Sundays, starting May 17 until Sept. 27 9 a.m. to 2 p.m.

The market features over 30 vendors offering local products including produce, meat, baked goods, and crafts.

#### **Link Winter Market**

Stay tuned in the winter months for our Winter Market, running the third Sunday of each month from December to March. This market celebrates local artisans, crafters and artists so everything is handmade!





20849 Dalton Rd., Sutton Monday to Friday: 8:30 a.m. - 4:30 p.m. 905-722-8507 thelink@georgina.ca georgina.ca

#### Michele Vandentillaart

The Link Program Coordinator 905-722-8507 mvandentillaart@georgina.ca





# **Art Classes and Workshops**

#### **Creative Kids**

Each class provides an opportunity to let the creative juices flow. Participants complete one activity ranging from painting to sculpture. Each class is a new experience. Pre-registration is required.

Teachers: Lynda Quirno Ages: 6 to 12 yrs

Day: Saturdays | 10:30 a.m. to 12:30 p.m.

March 28, April 25, May 23, June 20 **Price: \$15.** materials included

# Introduction to Watercolor (WC) and Acrylic Painting (AP)

Learn the techniques of watercolour and acrylic painting. Create your own painting from start to finish in this class. There will be a variety of themed projects.

Artist: Linda Pauer Ages: 13yrs+

Day: Saturdays | 1:30 p.m. to 3:30 p.m. March 28 (WC), April 25 (AC), May 23 (WC) Price: \$35 (If materials are required - \$10 paid to

Artist)

#### **Advanced Watercolor**

Create your own painting from start to finish in this class. There will be a variety of themed projects.

Artist: Linda Pauer

Ages: 13yrs+, maximum of 12 Participants Day: Saturdays | 10:30 a.m. to 3:30 p.m.

March 7, April 4, May 2, June 6

Price: \$65 Members • \$58.50 materials not included



149 High St., Sutton 905-722-9587 gacag.com







# **Art Camps**

#### **March Break Camp**

Come and explore the artist within!

During this exciting camp we use a lot of new creative techniques to make beautiful art! As nature awakens from its winter slumber, we are inspired by the colours and textures of spring. From watercolour to collage and mixed-media sculpture, we combine traditional styles with thinking outside the box to express everything we love about nature. Come for one day or five days.

Ages: 6 to 12 yrs

Day: March 16 - 20 | 9 a.m. to 3:30 p.m.

**Price: \$175 • Members \$157.50** 

Price for one day is \$45

No before or after care available.

# Summer Camp – Yours to Discover!

Ages: 6 to 12 yrs

Day: Jul. 2 - Sept. 4 | 9 a.m. to 3:30 p.m.

**Price: \$175 • Members \$157.50** 

Flex days are available – minimum 2 Days - \$90

4 Day Camps - \$160

Before and after care available; additional cost will apply. Additional cost for pickup after 5 p.m.

#### **Georgina Creative Group**

Explore your Creativity

Ages: 18yrs+

Day: 4th Tuesday of each month | 1 p.m. to 3 p.m.

Price \$5. Bring your own materials.

#### **Imagine Theatre**

Come see a movie and support the **Georgina Arts Centre and Gallery (GAC)** 

Imagine Cinemas, 11 Church St., Keswick **Day:** 4th Thursday of each month | 7 p.m.

No viewing August and December

Price: \$12 for all ages.

#### **Luncheon at the GAC**

Georgina Arts Centre and Gallery, High Street, Sutton **Day:** 3rd Tuesday of each month no luncheon July

and August | 12 p.m.

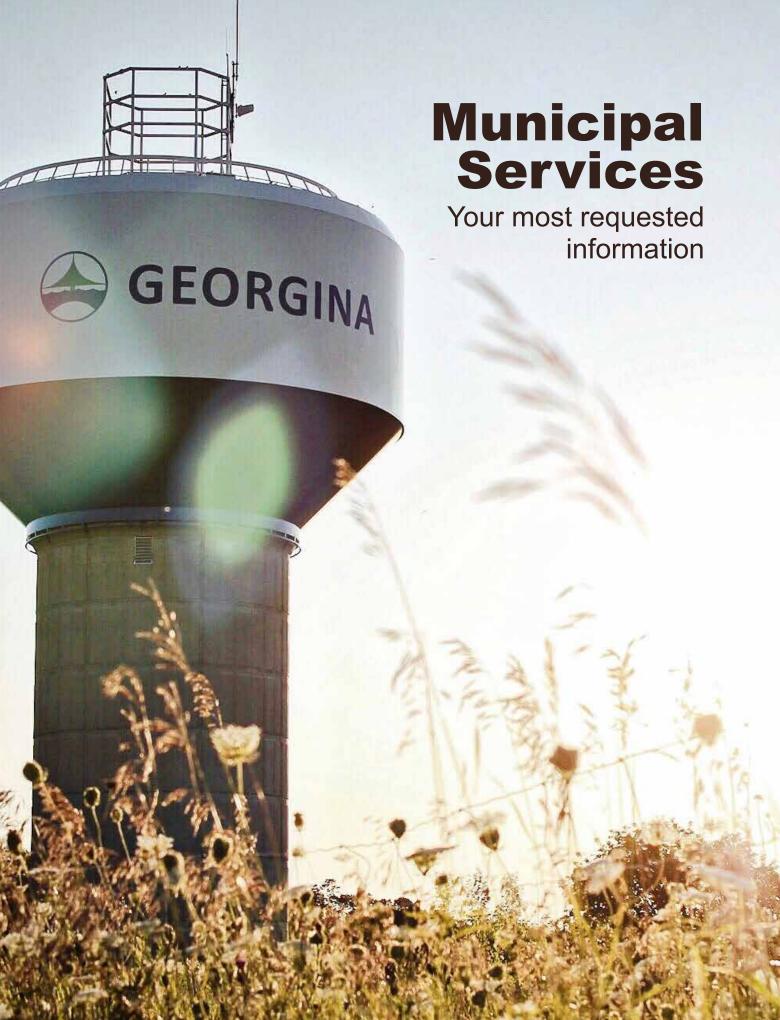
Price: \$15 (no member discount)

#### **High Tea Sunday**

May 3, 12 noon - 2 p.m. | Space is limited Price: \$30, includes a glass of sparkling wine.

Join us as we celebrate the beginning of spring. Enjoy tasty treats, scones, dainty sandwiches, petit fours and more. For more information, contact the gallery.

Registration closes Wednesday, April 29 at 4 p.m.





## Stay connected with your community!

Now you can find even more ways to stay in touch and find out what's new.

Stay up to date with what's happening by following our official Facebook, Twitter and Instagram sites. You will find information about the latest news and events, and see great photos.

You can also subscribe to the monthly eNewsletter and receive updates and news about the Town of Georgina straight to your inbox, or check out the Newsroom and News and Alerts sections for the latest stories.

The Town Page in the Georgina Advocate offers a weekly look at what is happening in our community.

#### Website:

georgina.ca

#### **Social Media:**

Instagram - townofgeorgina

Facebook - TownofGeorgina

Twitter - @georginatown

YouTube - GeorginaTown

#### **Town Page:**

Weekly in the *Georgina Advocate*Online at georgina.ca/newsroom

#### **Monthly news:**

Subscribe at georgina.ca/enews

Accessible formats or communication supports for this document are available upon request. Please contact the Communications Division at communications@georgina.ca, or by telephone at 905-476-4301.

#### **Municipal Service Listing / Directory**

After Hours Emergency	905-476-4301
•••••••••••••••••••••••••••••••••••••••	• • • • • • • • • • • • • • • • • • • •
Animal Control & Adoption	1-855-898-8605
Arenas	905-476-4301
Georgina Ice Palace	905-476-4423
Pefferlaw Ice Pad	905-476-4301
Sutton Arena	905-722-8661
Bids & Tenders	ext. 2222/2229
Blue & Green Bin	••••••
Green For Life (GFL)	1-866-421-5625
•••••	ext. 2252/2263/2293
Building Inspection Request Line	ext. 2283
Business Licensing	ext. 2291
•••••••••••••••••••••••••••••••••••••••	ext. 2312/2330
Business Support - Ec. Dev.	
By-Laws or Resolutions	ext. 2373
Clerk's Office	ext. 2216/2291
Civic Centre	905-476-4301
Council Information	ext. 2213/2219
Community Halls	905-476-4301
Culture Division	ext. 2224
Dog Licensing	1-855-898-8605
Drains/Culvert	905-476-4301
Engineering Division	ext. 2329
Engineering Inspection Request	ext. 2234
Line	
Economic Development Division	ext. 2300/2312/2330
Event & Event Permit	905-476-4301
Facilities - Banquet Halls/Sports	905-476-4301
Fields	
Fire & Rescue Services	
Fire Prevention & Training	905-476-5167
Emergency Call	9-1-1
Business Office	905-476-5167
Garbage Illegal Dumping	2279/2373
	1-866-421-5625
Green For Life (GFL)	· · · · · · · · · · · · · · · · · · ·
Leaf & Yard Waste Colle	· · · · · · · · · · · · · · · · · · ·
Green Address Signs (Rural Routes)	Ext. 2250
Libraries	• • • • • • • • • • • • • • • • • • • •
Keswick Branch	
••••••	905-476-5762
Peter Gzowski Branch	905-722-5702
Pefferlaw Branch	705-437-1514
Lottery Licenses	1 0001
······································	ext. 2291

Marriage Licenses		ext. 2291
Mayor's Office		ext. 2213
Municipal Law		•••••••••••••••••••••••••••••••••••••••
Enforcement Divisio	n	ext. 2279/2373
Municipal Law		
Enforcement - after l	hours	ext. 2281
	Fees	905-476-4301
	Tickets	ext. 2279/2373
***************************************	Complaints	ext. 2279/2373
Parks Maintenance		905-476-4301
	Enforcement	ext. 2279/2373
Permits - Culverts/E (Operations)	ntrance	905-476-4301
Permits - Pool	• • • • • • • • • • • • • • • • • • • •	ext. 2252/2263/2293
Planning Services	• • • • • • • • • • • • • • • • • • • •	ext. 2250
Purchasing	• • • • • • • • • • • • • • • • • • • •	ext. 2222/2259
Recreation & Culture	 Э	ext. 2239
Recycling Collection	s GFL	1-866-421-5625
Refreshment Vehicle		ext. 2291
Roads - Closures (C	 perations)	ext. 2443
Roads -		
Construction/Mainte	nance	ext. 2438
Seniors - Club 55		
k	(eswick/Sutton	905-476-9972
	Pefferlaw	905-722-9508
Snow Plowing	Sidewalks	905-476-4301
***************************************	Roads	905-476-4301
Sports fields/Ice		905-476-4301
Streetlights/Repair		905-476-4301
Taxes	• • • • • • • • • • • • • • • • • • • •	905-476-4301
Tourism	• • • • • • • • • • • • • • • • • • • •	ext. 2300/2312/2330
Trees	• • • • • • • • • • • • • • • • • • • •	905-476-4301
Water		905-476-4301
•••••	on/off, repairs	•••••••••••••••••••••••••••••••••••••••
Water & Sewer Eme		905 476 4301
		(automated)
Moddings		005 476 4201/2201
Yard Sales		ext. 2216
Zoning Inquiries		ext. 2277/2282

#### **Administrative Contacts**

#### **Town of Georgina**

26557 Civic Centre Rd., Keswick, ON L4P 3G1 905-476-4301 | 905-722-6516 | 705-437-2210 info@georgina.ca | georgina.ca

Administration			
Chief Administrative Officer	David Reddon	ext. 2268	dreddon@georgina.ca
Deputy CAO	Ryan Cronsberry	ext. 2288	rcronsberry@georgina.ca
Director of Corporate Services/ Treasurer	Rob Wheater	ext. 2299	rwheater@georgina.ca
Fire & Rescue Services Director and Fire Chief	Ron Jenkins	905-476-5167 ext. 4223	rjenkins@georgina.ca
Development Services Director	Harold Lenters	ext. 2246	hlenters@georgina.ca
Human Resources Director	Beverly Moffatt	ext. 2217	bmoffatt@georgina.ca
Recreation & Culture Director	Dan Buttineau	ext. 2236	dbuttineau@georgina.ca
Operations & Infrastructure Director	Rob Flindall	ext. 2233	rflindall@georgina.ca
Georgina Public Library Library Services, Director/CEO	Valerie Stevens	905-476-5762 ext. 4521	vstevens@georgina.ca

#### **Facility Contacts**

Aronoo		
Arenas Georgina Ice Palace	905-476-4423	
Georgina Sutton Arena	905-722-8661	eleisure@georgina.ca
Club 55 - Keswick	905-476-9972	eleisure@georgina.ca
Georgina Gym	905-476-4423 ext. 2	eleisure@georgina.ca
Georgina Leisure Pool	905-722-1429	pool@georgina.ca
Georgina Pioneer Village & Archives	ext. 2284	curator@georgina.ca
Georgina Public Library		
Keswick Branch	905-476-5762	kecirc@georgina.ca
Peter Gzowski Branch (Sutton)	905-722-5702	sncirc@georgina.ca
Pefferlaw Branch	705-437-1514	pecirc@georgina.ca
Stephen Leacock Theatre	905-476-0193	slt@georgina.ca
The Link	905-722-8507	thelink@georgina.ca
The ROC	905-476-8834	georginaroc@georgina.ca

#### **Town Services**

#### **Animal Services**

#### **Animal Shelter and Adoption Centre**

#### **Regular Hours of Operation**

Monday - Friday	8:30 a.m 5:30 p.m.
Saturday	8 a.m 12 noon
Saturday (Summer Hours) June - Sept.	8 a.m 4 p.m.

<sup>\*</sup>Contact Animal Control at 1-877-979-PAWS (7297) for information on domestic and wild animal concerns.

#### **Adoption Fees**

Cats	\$150 + tax
Dogs	\$250 + tax

#### Dogs

All dogs must be leashed when not on the owner's property. Dogs may be walked in all parks, provided they are on a leash, unless otherwise regulated (i.e. waterfront parks). In waterfront parks, dogs may only be walked on designated walking paths and dogs must be on a leash. Dog owners are reminded to always "stoop and scoop."

#### Pet Licences

All pets over the age of six months are required to be licensed. Proof of a rabies vaccination must be provided and are available for purchase online. Licence fees will be reduced for spayed or neutered pets. Contact Animal Control office for further information or visit georgina.ca/AnimalServices.

#### **Blocked Drains or Culverts**

If you suspect you have a blocked drain or culvert, contact the Customer Service Division at 905-476-4301.

#### **Building Permits**

A building permit is required to construct or install a building 10m² or larger, to extend a building to a size greater than 10m², including decks and porches, or to alter, repair, or finish the interior space of an existing building, including the installation of plumbing fixtures. When in doubt, always check with the Building Division to determine whether a permit is required for your proposed construction or demolition. Visit georgina.ca/**BuildingPermits**. Alternatively, please contact 905-476-4301 ext. 2252/2263/2293.

#### **Business Information**

The Town of Georgina is committed to the attraction, retention and expansion of business in Georgina. The Economic Development Division is aggressively seeking new business investment opportunities and responding to the needs of the existing industry and business within the community. Are you looking for more information on:

- Starting a business
- Business retention and expansion
- Relocating your business to Georgina
- Ideas about how organizations can work together to develop a local industry
- Statistics or forecasting information about Georgina
- · Small business workshops and seminars

Visit georgina.ca/business

#### **Business Licences**

Some businesses require a Georgina Business Licence. Contact Clerk's at ext. 2291 or visit the Civic Centre for more information.

#### Careers and Employment Applications

The Town of Georgina does not accept unsolicited resumes. For a list of all current career opportunities please visit georgina.ca/careers.

#### **Events**

The Recreation and Culture Department hosts a series of fun community events throughout the year. For a full list of events happening this season visit pages 61-62. For a list of all events throughout Georgina, visit the events calendar at georgina.ca/events.

#### **Event Permits**

A permit is required to host a public event on municipal property. Please contact 905-476-4301 or eleisure@georgina.ca for more information about the permit process.

#### **Facility Bookings**

If you are looking to book one of our local facilities or meeting rooms, call 905-476-4301.

## **Georgina Fire and Rescue Services**

The Georgina Fire and Rescue Services provides emergency services through its commitment to quality and excellence. It provides code enforcement, public education, water rescue, emergency medical response, emergency preparedness, hazardous material response and more.

#### **Carbon Monoxide Alarms**

Carbon monoxide alarms are required in every household that has a fuel-fired appliance or an attached garage - it's the law. Carbon monoxide alarms must be installed outside all sleeping areas. It is the responsibility of the homeowner to install and maintain these alarms.

#### Fire Safety

Every building will have an average of five fires in its lifetime. Develop and practice a home fire escape plan with the entire family. Practice on a regular basis so everyone knows what to do and where to go when the smoke alarm sounds. Fire routes are established for the public's protection. Respect the law and do not park in a fire route.

#### **Open-Air Burning**

Any open-air burning must be in compliance with the Open-air Burning By-law and requires an annual permit. For more information on open-air burning, visit georgina.ca/**fire**. Permits may be obtained at the Keswick Fire Hall, Civic Centre and all Georgina libraries.

#### Smoke Alarms

It is provincial law to have working smoke alarms on every storey of a home and outside all sleeping areas. For added protection, Georgina Fire and Rescue Services recommends installing smoke alarms in every bedroom. Smoke alarms are required to be replaced within the time frame indicated by the manufacturer which is generally about every 10 years. It is the responsibility of the homeowner to install and maintain these alarms.

#### 72-Hour Emergency Kit

Emergencies and disasters can happen at any time. Utilities can be out, roads closed and crucial supplies unavailable. While local, provincial and federal officials prepare for emergencies, individuals can plan to be prepared at home and at work. Think of any special needs your family might have and include any other items you would need to add to this list:

- Flashlight and batteries
- Radio and batteries or crank radio
- Spare batteries
- First-aid kit
- Candles and matches/lighter
- Extra car keys and cash
- Important papers (identification)
- Food and bottled water three-day supply per person
- Clothing and footwear
- Blankets and sleeping bags
- Toilet paper and other personal items
- Medication
- Whistle (to attract attention)
- Playing cards
- Backpack/duffle bag to hold all items
- · Items for pets

#### Harbour - Jackson's Point Harbour

Located in the heart of Jackson's Point

- 64 docking facilities
- · Transient docking available
- 15 AMP power service at selected slips
- Washrooms and showers
- Pets allowed

For more information, call Recreation and Culture at 905-476-4301, ext. 2239.

#### Home Occupation/Home Industry

The Town allows for the establishment of certain home-based businesses. For more information about establishing a business from home, visit georgina.ca or contact the Zoning Examiners at 905-476-4301 ext. 2282/2277.

#### **Lottery Licences**

All lottery events must be licensed. Applicants must be a registered charitable or non-profit organization to be eligible to conduct a lottery event and must meet provincial criteria. It is illegal to conduct a lottery without a licence. For more information, contact the Clerk's Office at ext. 2291.

#### **Marriage Licences**

Applications for a marriage licence can be obtained from the Town Clerk's Office. Marriage licence application fee is \$100 and must be obtained within 90 days prior to the wedding date. Marriage certificates are available online at serviceontario.ca or applications can be mailed to the Office of the Registrar General 12 weeks after the ceremony. For more details, call 905-476-4301, ext. 2291.

#### **Parking**

#### Parking Tickets

All payments for parking infractions issued within Georgina can be made online at georgina.ca using VISA or MasterCard. For further information, contact Municipal Law Enforcement at 905-476-4301, ext. 2373 or 2279.

#### **Parking Restrictions**

Residents of Georgina are reminded that the Municipal By-Laws of the Town prohibit any person from:

- Parking on any roadway under the authority of the Town from Nov. 15 through April 15 between 2 a.m. and 7 a.m. (unless otherwise posted)
- Parking over any portion of the sidewalk or roadway (year round).
- Parking for a period longer than 3 hours, except where signs indicate a lesser period (year round).
- Depositing snow or ice on a highway, sidewalk, or untraveled portion of a highway.

For further information, contact the Municipal Law Enforcement Division at 905 476 4301, ext. 2279/2373 or ext. 2281 after hours.

#### Pay and Display Parking

Resident parking passes are in effect from January to December and must be displayed while parked in areas where required by signage. Pay and Display parking is in effect at many parks throughout Georgina. Any vehicle not displaying a Georgina resident parking pass must utilize the Pay and Display system. It accepts coins/VISA/AMEX/MasterCard. No change given. Parking tickets will be issued to vehicles not displaying a valid resident parking pass. Ensure that paid passes are face up on vehicle dashboards.

#### **Resident Parking Pass**

Resident parking passes are available for all residents effective Jan. 1 to Dec. 31. Residents are required to show proof of residency, picture ID and vehicle ownership to obtain.

#### **Pitch-In Week**

#### April 20 to 26, 2020

Georgina is proud to participate in this annual event through local volunteers and groups. If you are interested in organizing a clean up, designated garbage bags will be provided at the Customer Service Department at the Civic Centre. For more details call 905-476-4301.

#### **Planning**

The Planning Division takes the lead on matters related to land-use planning (i.e. how land may be used), and the control of growth and development across the municipality. Activities largely relate to the implementation of provincial and regional land-use policies, as well as local needs and interests, through the Town's Council adopted planning documents, including the Official Plan and Zoning By-law. The processing and evaluation of a variety of applications for development and/or land-use permissions under the Planning Act, is administered through this Division.

#### **Potholes**

Potholes usually arise in the spring when frost is beginning to melt and most often occur on the side of roadways. Residents are warned to be cautious when driving through puddles in case of hidden potholes. The Town does not repair potholes in driveways or private parking lots. Report a pothole on Town streets, call Customer Service at 905-476-4301. Report potholes on Regional roads to the Regional Municipality of York.

#### **Property Assessment**

Information property assessments/reassessments details can be obtained from the Municipal Property Assessment Corporation at 1-877-254-4670.

#### Sign Installations

Georgina actively enforces a sign by-law. Most signs normally require a sign permit and include, but may not be limited to, ground signs, wall signs and portable signs. An application must be made before a sign permit can be issued and signs must not be installed before the issuance of that permit. For more information, contact the Municipal Law Enforcement Division at 905-476-4301, ext. 2373/2279.

#### **Spring Street Sweeping Program**

Georgina will carry out its annual spring street sweeping program to clean all Town streets of sand deposited and other debris. Spring street sweeping improves water quality and the environment by removing pollutants that can be transferred to downstream water bodies through urban run-off. The street sweeping program also improves the cleanliness and aesthetics of town streets and parking lots. Sweeping usually starts in mid-April and is expected to be completed by mid-May weather permitting. Arterial roads will be swept first followed by residential streets.

#### Swap and Sell

Saturday, May 9, 2020 - 8 a.m. to 1 p.m.

Georgina Ice Palace (Parking lot), 90 Wexford Dr.

FREE to join, but all participants are asked to bring a non-perishable food item to be donated to the Georgina Food Pantry. Registration starts May 1. To register and for more information, call Customer Service at 905-476-4301 ext. 2232.

#### **Swimming Pool Enclosure Permits**

A pool enclosure permit is required for privately owned outdoor swimming pools, spas and hot tubs which can hold water at least 60cm (24 in) deep and are therefore required to be enclosed by a pool enclosure. It must be at least 1.2 m (4 ft) in height above ground and non-climbable.

For information on the permit process, visit georgina. ca/**SwimmingPools** or call 905-476-4301, ext. 2252/2263/2293.

#### **Tax Payments**

Payments can be made in many convenient ways:

- In person by cash, cheque or debit (at the Georgina Civic Centre)
- Telephone banking
- Online banking
- Post-dated cheque
- Drop box at main door of the Civic Centre (by cheque only)

You can reach the Town's tax office directly by calling 905-476-4301.

#### **Theatre**

The Stephen Leacock Theatre is located at 130 Gwendolyn Blvd. in Keswick. For tickets, information about upcoming shows and theatre rentals, visit stephenleacocktheatre.ca or call the box office at 905-476-0193.

#### **Waste and Recycling**

#### **Bag Tag Exemption Week**

Bag Tag Exemption Week occurs twice a year, once in the spring and once in the fall. This years bag tag exemption weeks are as follows:

#### May 25 to May 28 and Sept. 14 to 17

- The maximum number of items that can be placed out for exemption is five (5)
- Metals and white goods are not included

For more information, view your Waste and Recycling Calendar or download the FREE Recycle Coach app on your mobile phone or tablet.

#### **Blue and Green Bin Collection**

(Recycle Coach app)

Blue and green bins are collected every week. There is no limit to the number that can be put out for collection. All items must be at the curb no earlier than 8 p.m. the previous day or no later than 7 a.m. on the day of collection.

For information on what goes where, download the Recycle Coach app free for iPhone and Android users. You can also access the app and information at georgina.ca/**WasteandRecycling**.

#### **Curbside Giveaway**

These days are when residents can put out unwanted items at the curb from 7 a.m. to 5 p.m. for other residents to take away.

April 25, May 23, June 27, July 25, Aug. 22, Sept. 26, Oct. 17.

#### **Electronic Equipment Recycling**

Electronic recycling is offered at the York Region Transfer Station (23068 Warden Ave.) free of charge

#### e-Waste Events

Georgina Ice Palace from 9 a.m. to 1 p.m. May 9 and Sept. 12

#### **Garbage Collection**

Garbage is collected every other week. One (1) item does not require a garbage bag tag. Additional items, up to a maximum of four (4) require a garbage bag tag. All items must be at the curb no earlier than 8 p.m. the previous day or no later than 7 a.m. on the day of collection. Bags or containers exceeding the limit of 22kgs (50lbs) will not be collected. The maximum size of any garbage container, set out for collection, is 50 cm (20 inches) in diameter and 90 cm

(36 inches) in height. Maximum size of any garbage bag is 76 cm (30 inches) by 122 cm (48 inches).

For information on what goes where, download the free Recycle Coach app on your mobile phone or tablet. You can also access the app and information on the website at georgina.ca/**WasteandRecycling**.

#### **Green Bin Collection**

Green bins are collected every week. There is no limit to the number of green bins that can be put out for collection. For more information on what is and is not acceptable, download the Recycle Coach app or visit georgina.ca.

#### What's acceptable in the green bin:

- All food scraps and leftovers including meat bones
- Cooking oils and grease
- Tea bags, coffee grounds and filters
- Microwave popcorn bags
- Dryer lint, dust
- · Hair, pet hair
- House plants and dried flowers
- Soiled newspaper, paper plates and paper towels
- Napkins, tissues
- Paper egg cartons and trays
- · Popsicle sticks, toothpicks
- · Wood ashes (cold) and sawdust

#### **Household Hazardous Waste**

Residents can take hazardous waste to the Household Hazardous Waste Depot located at 23068 Warden Ave. This location is open every Saturday from 8 a.m. to 5 p.m., free of charge. For a list of what is hazardous, check out the Recycle Coach app or visit georgina.ca/WasteandRecycling

#### **Leaf and Yard Waste Collection**

Yard waste material must be placed in a brown paper bag or in reusable regular garbage containers. Please ensure yard waste is placed out to the curb before 7 a.m. for collection. Yard waste stickers for reusable containers can be picked up, free of charge, at the Civic Centre or any one of the public libraries.

- Branches and twigs must be tied securely in bundles not larger than 90 cm (36 inches) in length or 60 cm (24 inches) in any other dimension. The maximum diameter of any one twig or branch is 5 cm (2 inches)
- Bundles must not exceed a weight of 22 kgs (50 lbs)
- Grass clippings are not accepted in yard waste collection
- Seaweed is considered yard waste
- Residents can take yard waste to the York Region Transfer Station (23068 Warden Ave.) \$10 minimum charge

View the free Recycle Coach app for yard waste collection schedule. Yard Waste Collection begins *April 6 and goes until Dec. 3, 2020.* 

#### Tips to prevent pests in your waste bins

- Wrap food waste in newspaper, boxboard or certified compostable bin liners
- Freeze or refrigerate food scraps in acceptable liners and place them in the green bin when it is ready to be taken to the curb
- Keep the lid on the green bin tight
- Place scraps out for collection every week on your scheduled collection day, even if it's partially full
- Rinse and wash out the bins regularly

#### **Water Bill**

Water bills are issued for residential properties quarterly and commercial properties monthly. Water in Georgina is metered and the bill is based on consumption. Several different issues can cause unusually high consumption:

- · Leaking faucets
- · Malfunctioning automatic trap fillers
- Malfunctioning toilets
- An increase in the people in the home

New appliances that use water

For tips on checking these areas, visit georgina.ca/**WaterBills** 

#### **Water Conservation Tips**

- Position sprinklers to avoid watering patios, driveways and walks
- 2. Sweep driveways and walkways instead of washing with a hose.
- 3. Keep the blade of lawn mowers sharp; dull blades tear the grass, leaving it open to disease and heat stroke.
- 4. Avoid cutting grass when it is wet.
- 5. Leave grass clippings on the lawn as they are an excellent source of nitrogen
- Use mulch in gardens. Mulch keeps soil cool and moist, controls erosion and discourages weed growth.
- 7. Aeration of lawns helps give soil a fresh start by reducing compaction, improving penetration, drying wet soils and helping oxygen and organic materials to reach the roots, thereby maximizing the uptake of nutrients by the grass.

#### Website – georgina.ca

Check out the website! It contains valuable information on the many services and programs delivered by the Town, as well as links to other levels of government, community organizations and local businesses.

#### Weddings

The Town offers complete wedding services, whether it's a simple civil ceremony, a large formal wedding or something in-between, Georgina can help plan the perfect day.

- Gorgeous property and historic buildings
- The lowest marriage licence fee in the GTA (\$100)
- Registered officiants
- On-site and off-site ceremonies available
- · Photography and videotaping locations

## Georgina Public Library

#### **Opening Doors and Minds**





#### Your library card gives you access to:

- Books, graphic novels, audio books, and e-books
- Movies and music (DVD, CD, hoopla streaming/downloading)
- Magazines and Zinio digital magazines
- Video games, digital comics
- Online info resources, including Law Depot, Ancestry Library Edition, Consumer Reports, Career Cruising, Teen Health and Wellness and Chilton Car Repair Manuals, Lynda.com

#### **Need homework help?**

In person, by email, online or phone. We have the answers!

#### Pick-up your:

- Blue bins and green bins
- Garbage tags
- Parking passes
- Garage sale permits
- YRT PRESTO
- Faxing
- Fire permits
- Community information









#### What's happening at your library

Children's and Youth Services offers family programs and special events throughout the year. Spring programs begin the week of April 6. Watch for the TD Summer Reading Club and program information details in June.

#### Stay in the know

Sign up for eNewsletters, pick up monthly newsletters for adult and youth programs, watch our website at georginalibrary.ca and follow us on Facebook, Pinterest and Twitter.

#### Save the date

Georgina FanFest 5

- Saturday, April 4
- Keswick Branch, 90 Wexford Dr., Keswick

#### 13th Annual Groan Up Spelling Bee

- Friday, April 24
- Udora Hall, 24 Victoria., Udora

#### **Keswick**

90 Wexford Dr., 905-476-5762



#### Peter Gzowski (Sutton)

5279 Black River Rd., 905-722-5702

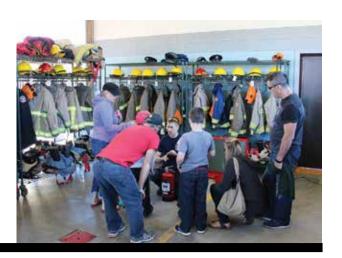
#### **Pefferlaw**

76 Pete's Lane, 705-437-1514



# Georgina Fire and Rescue Services

Keeping the community safe through spring and summer



Georgina Fire and Rescue Services is committed to teaching the public about preventing fires and what to do if one happens.

#### Home escape planning

If a fire happened in your home, would your family get out safely? Take a few minutes and make a step-by-step home escape plan.

- Draw a floor plan of your home
- Include all possible emergency exits
- · Show two ways out of every room, if possible
- Does anyone need help to escape
- Choose a meeting place
- · Call the fire department from outside your home
- Practice your plan

#### **Fireworks**

Residents are allowed to set off fireworks without a licence on Victoria Day and Canada Day, as well as the day before and after each of these holidays. Remember these fireworks handling and disposal tips to keep your family and neighbourhood safe:

- Only purchase fireworks from a reliable source.
- Appoint a responsible person to be in charge.
- Carefully read and follow the label directions on fireworks packaging.
- Always keep a water hose or pail of water close by when discharging fireworks.
- Set off fireworks well away from combustible materials like buildings, trees and dry grass.

For more safety tips, visit georgina.ca/fireworks.

#### Smoke alarms

Working smoke alarms provide the early warning needed to escape a fire. Smoke alarms must be installed on every floor and outside of all sleeping areas. Make sure to test them monthly to ensure they are working and change the batteries at least once a year.

#### **Open-air burning**

Open-air burning is any fire set outside and requires an annual permit. However, recreational fires used for entertainment purposes, cooking food, heating and enjoyment, and do not exceed 0.6 metres by 0.6 metres, and meet a setback of seven metres from all combustibles, do not require a permit. Open air burning larger than 0.6 metres by 0.6 metres, which includes the burning of brush/branches/stumps, requires a permit. They are available at the Civic Centre, Keswick Fire Station or all Georgina libraries for \$35.





There is so much residents need to know to keep families safe.

Contact Georgina Fire and Rescue Services at 905-476-5167 or visit georgina.ca/fire.

#### **Community Interest Contacts**

#### **Arts**

Georgina Arts Centre and Gallery

905-722-9587 | gacag.com

Georgina Studio Tour & Sale

georginastudiotour.com

**Purple Turtle Art Tour** 

purpleturtlearts.ca

**Business Associations** 

**Georgina Chamber of Commerce** 

905-722-8383 | georginachamber.com

Jackson's Point BIA

jacksonspointbia@gmail.com

jacksonspointbia.com

**Sutton BIA** 

Greg Forrest | chair@suttonbia.com 905-722-3274 | suttonbia.com

Uptown Keswick BIA

c/o Robyn Gibson

Uptown Keswick BIA

289-383-6123 | twiceisnicekidsboutique@gmail.com

**Special Interest** 

Chippewas of Georgina Island

705-437-1337 | georginaisland.com

**Community Living** 

905-722-8947

admin@communitylivinggeorgina.com communitylivinggeorgina.com

Friends of Georgina Public Libraries

Lindsay Damecour

Idamecour@georgina.ca

**Georgina Brass Band** 

Gary Morton

905-722-8865 | garynmarie@roger.com

**Georgina Community Food Pantry** 

905-596-0557 | georginafoodpantry.com

**Georgina Dragon Boat Club** 

Tracy Cameron

dragon@georginadbc.ca

Georgina Kennel & Obedience Club

gkoc1@yahoo.com | gkoc.com

**Georgina Military Museum** 

905-989-9900 | georginamilitarymuseum.ca

**Georgina Pioneer Village & Archives** 

georginapioneervillage.ca

905-476-4301 ext. 2284 | curator@georgina.ca

**Georgina Trades Training Inc (GTTI)** 

905-722-6300 | inquiry@gtti.ca | gtti.ca

Georgina Trail Riders Snowmobile Club

Tyler McNaughton

georginatrailriders.com

905-722-4563 | georginatrailriders@outlook.ca

**Heart of Ontario Snowmobile Club** 

Mike McLean

heartofontario.ca

289-803-0253 | chairmen@heartofontario.ca

**Hospice Georgina** 

905-722-9333 | caring@hospicegeorgina.com

hospicegeorgina.com

**Loretto Maryholme Spirituality Centre** 

lorettomaryholme.ca

905-476-4013 | info@lorettomaryholme.ca

**Lake Simcoe Gardeners** 

Nancy Serrick

905-476-3750 | lakesimcoegardeners@gmail.com

NISH Radio 92.3FM

Morgan Priester

705-437-1337

P.A.R. - Pefferlaw Association of Ratepayers

**Garry Harpley** 

705-437-2945 | lake-simcoe.ca/PAR

P.A.W.S. of Georgina

pawsofgeorgina.ca

905-868-6141 | paws@pawsofgeorgina.com

The Queensville Players

289-470-1326 | queensvilleplayers.ca

**REACT Lake Simcoe** 

Ron McCracken

905-476-5556 | react@react-lake-simcoe.org

**Routes Connecting Communities** 

905-722-4616 | admin@routescc.org

routescc.org

Sutton Agricultural Society / Sutton Fair and

**Horse Show** 

905-722-3165 | info@suttonfair.com | suttonfair.com

Sibbald Point Provincial Park

905-722-8061 | ontarioparks.com

York Regional Forest

york.ca/forestry

1-877-464-9675 | accessyork@york.ca

#### **Service Clubs**

**Keswick & District Lions Club** 

Pat Rivait | 905-476-6243

Kinsmen Club of Georgina

Jeremy Range

705-791-6992 | kinsmengeorgina@gmail.com

**Kinette Club of Sutton** 

Cathy Loitsch | 705-437-1110

**Optimists Club of Keswick** 

Sheril Thomson 905-722-0063

Pefferlaw & District Lioness Club

Margaret Hamelin | 905-513-0085

**Pefferlaw & District Lions Club** 

Don Philp | 905-830-2286

**Royal Canadian Legion** 

905-722-8171

**Sutton Kin Co-Op Playgroup** 

Janet Popp

905-722-8727

**Sutton & District Lions Club** 

Sindy Forbes

289-926-8315 | sindyforbes@yahoo.ca

#### Baseball

**Georgina Minor Baseball Association** 

gmba.com

905-960-0662 | presidentgmba@gmail.com

Over 30 Fun League

Teresa McGruthers-Leggett | 905-252-0779

Georgina Mixed Slo Pitch League

Jeff Leggett | 905-251-3270

Lake Simcoe Minor Softball Association/Blast Ball

Rose Tassone - President

905-960-8157 | president@Ismsa.ca | Ismsa.ca

**Keswick Ladies Slo-Pitch** 

klsplinfo@gmail.com | klspl.org

**Pefferlaw Ladies 3 Pitch** 

Carolyn Ellis

705-437-2538 | petecarolynellis@hotmail.com

West Park Men's Fun Fastball League

David Mills

289-231-3517 | westparkmensfunleague@gmail.com

Georgina Ladies Fun League

Sandy Herman

905-868-0083 | georginaladiesfunleague@hotmail.com

Georgina Men's Slo Pitch (55+)

Charlie Clarke

ctclarke@rogers.com | 416-816-3144

Georgina Mixed Arc League

Philippe Fernandes | flipperbean@hotmail.com

**Under the Lights 3 Pitch** 

Sonia Plati | utl3p@hotmail.com

Curling

**Sutton Curling Club** 

905-722-3307 | suttoncurlingclub.ca

Skating/Can Hockey

**Georgina Skating Club** 

Julia Wilson | georginaskatingclub.org 905-476-1043 | info@georginaskatingclub.org

**Football** 

York Region Lions Football Association info@yorkregionfootball.com | yorkregionfootball.com

**Gymnastics** 

**Flip & Wicked** | flipnwickedgymnastics.ca 905-476-1331 | info@fwgym.ca

**Hockey** 

**Georgina Girls Hockey Association** 

georginagirlshockey.com

Georgina "ICE" Jr. C. Hockey

michael@georginaice.ca | georginaice.ca

**Georgina Minor Hockey Association Registration** 

905-476-6195 | georginahockey.com

Georgina Men's Hockey League

Eli Peroff | eli-peroff@hotmail.com

Georgina Men's 40 and Over Hockey League

lan Curlew | 905-476-8703

**Georgina Island Hockey** 

Band Office | 705-437-1337

Georgina Women's Hockey League

Sarah Boddy & Tracy Draganac

playon.com/gw-hls-organization georginawomenshockeyleague@gmail.com

Lawn Bowling

Georgina Lawn Bowling Club

Gail Lowe | 905-596-0410

Sailing

Sail Georgina 1-877-977-7245 | sailgeorgina.ca

Soccer

Lake Simcoe Soccer Club

lakesimcoesoccer.com

905-476-4283 | Issc@lakesimcoe@soccer.com

#### Volleyball

**Riptide Volleyball** | Jennifer Shank georginariptide.ca 289-803-2272 | info@georginariptide.ca

#### **Youth Groups and Clubs**

#### Georgina Air Force Cadets 659 Squadron

659squadron@gmail.com 705-207-0659

#### **Girl Guides of Canada Newmarket**

905-967-0836

#### Jericho Youth Services

905-722-5540

#### Queens York Rangers Army Cadet Corps. Office

905-726-8600

#### **Places of Worship**

#### The Spiritual Assembly of the Baha'is of Georgina

P.O. Box 293, Keswick 905-478-4280

#### **Belhaven Free Methodist Church**

25152 Warden Ave., Sutton West 905-476-7692

#### Cedardale Church of the Nazarene

471 Pefferlaw Rd., Pefferlaw 705-437-2170

#### **Christ Church Roches Point**

12 Turner St., Roches Point 905-476-3491

#### **Community Hebrew Centre of Jackson's Point**

21122 Dalton Rd., Jackson's Point 416-571-0660

#### Dawn Christadelphians (Sutton Ecclesia)

Belhaven Community Hall 25184 Warden Ave., Belhaven 905-967-1819

#### **Egypt Church of the Nazarene**

6779 Smith Blvd, Pefferlaw 905-722-7783

#### **Georgina Gospel Assembly**

2435 Glenwoods Rd. E., Keswick 905-476-9155

#### **Georgina Island Native United Church**

P.O. Box N73, R.R.#2 Sutton West, 705-437-1337 ext. 4225

#### **Harvest Family Community Church**

85 Osbourne St., Roches Point 905-476-8875

#### Hope for Today Fellowship

267 Hollywood Dr., Keswick 905-716-1945

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#### **Keswick United Church**

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#### **Knox United Church**

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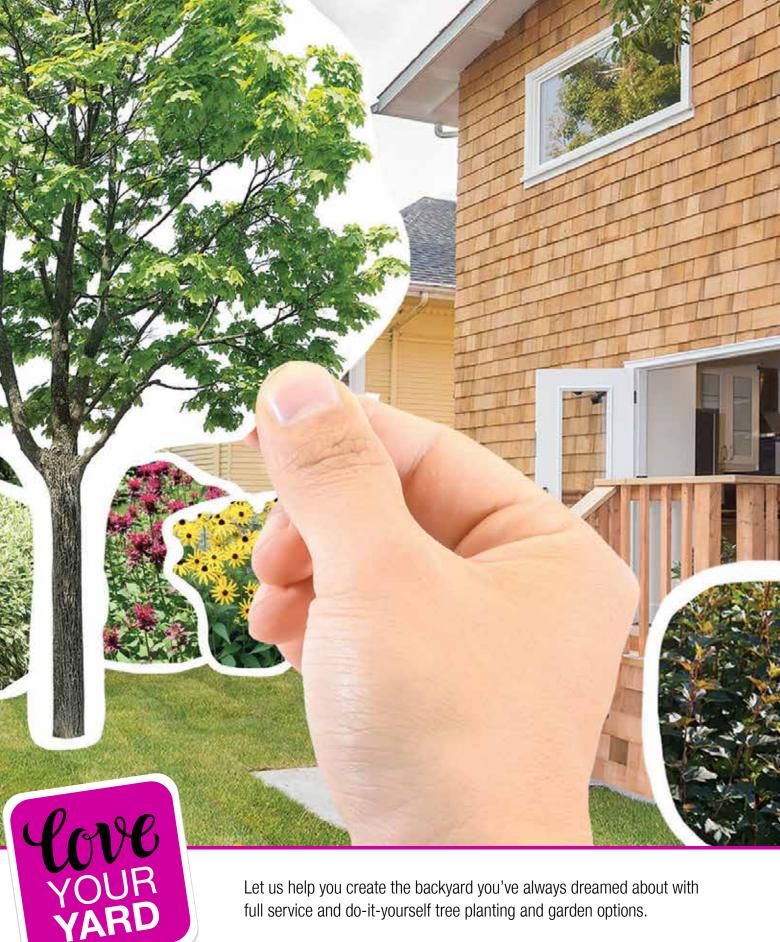
#### The Salvation Army of Georgina Community Church

1816 Metro Rd., Jackson's Point 905-722-3059 ext. 21

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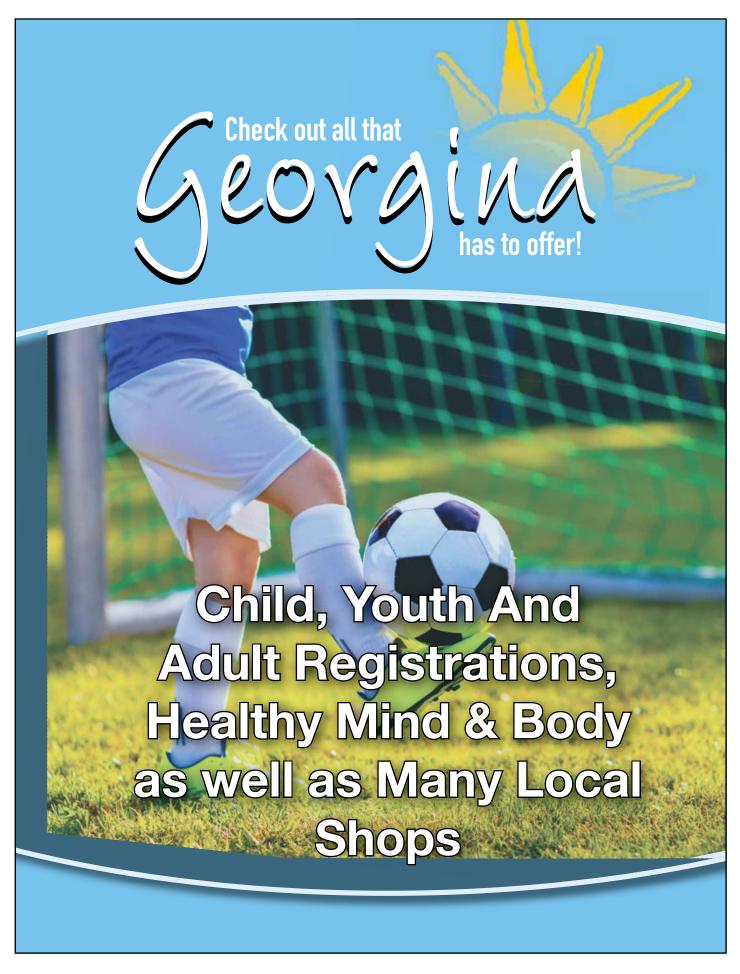
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Practices start in May

Rugby Festivals in Jun/July/Aug Rugby Games in Jun/July/Aug



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**CO-ED TOURNAMENTS** 

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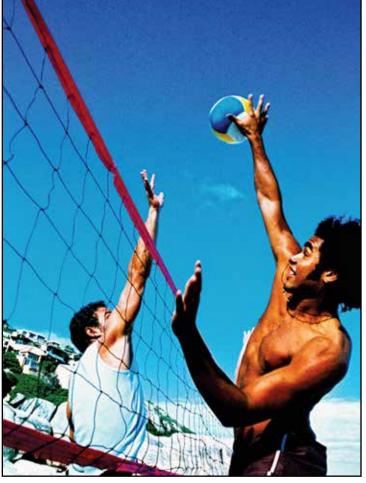
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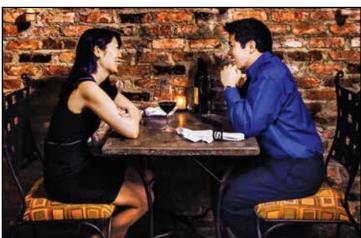


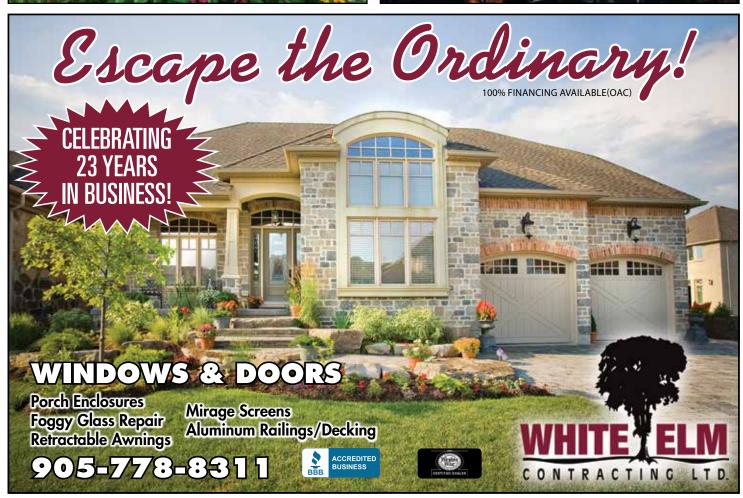


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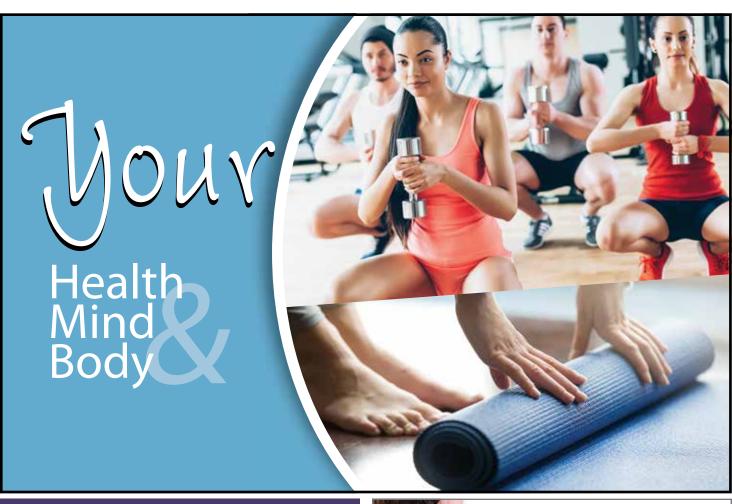
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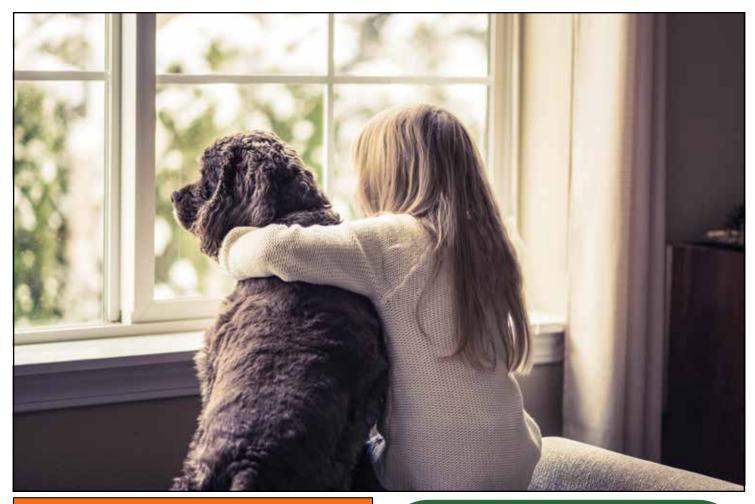


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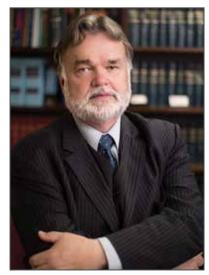
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# 2020/2021

# **Fall & Winter Activity Guide**

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- This handy reference guide includes all Town programming for sports, recreation and cultural activities

Space is Limited

To reserve your spot call your local **StarMetroland Media** representative

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Do you have a NEW recreation program idea? The Recreation & Culture Department is continuously seeking new recreation and culture program ideas to serve the needs and interest of our community. If you have a suggestion for a new activity, please let us know.

Patti White, Manager of Recreation Services pwhite@georgina.ca





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